



# Surana College

AUTONOMOUS

16, South End Road | Bengaluru-04  
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## 3.6.4

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*Blau...*  
Principal  
Surana College 1  
(AUTONOMOUS)  
No. 16, South End Road,  
Bangalore - 560 004.



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*Bhavanth*  
Principal  
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*Bhauziff*  
Principal  
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## 7 days National level training workshop on Yoga for happiness, health & harmony - 21st June to 27th June 2021

Surana College's NSS unit and Physical Education in collaboration with the Karnataka State NSS Cell and NSS, Bangalore University, Bangalore. Organized a 7-day national level training workshop on yoga for health, happiness, and harmony on account of "International Yoga Day" in the Zoom app and on YouTube Live with the help of a Google Form for registration and a Guest certificate for participants.

**Karnataka State NSS Cell & NSS, Bangalore University**  
In Association With  
**Surana College**  
NSS Unit & Physical Education  
South End Road, Bengaluru-04  
Organize

**7-Days National Level Training Workshop On  
Yoga for Health, Happiness & Harmony**  
On Account of International Yoga Day 2021  
Date: 27th June, 2021 | 7:00 AM

**Valedictory**

**Chief Guest**  
**S. K. Umesh**  
Retired Superintendent of Police, Karnataka State Police

**Guest of Honour**  
**Shri. Prathap Lingaiah**  
State NSS Officer, Govt. of Karnataka

**Chief Patron**  
**Dr. Archana Surana**  
Managing Trustee  
Surana Educational Institutions

**Presided By**  
**Dr. Bhavani M. R.**  
Principal, Surana College

**All are Cordially Invited**

**Girisha. K**  
Asst. Prof. & NSS Programme  
Officer, Surana College

**Manjanna B. P**  
Physical Education Director,  
Surana College

**Dr. Sathish Gowda N**  
NSS Programme Coordinator & Associate  
Professor of Law, BU

**ZOOM ID: 897 251 4594**  
**PASSWORD: 1234**

 / **SURANA COLLEGE**





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Every morning from 6:30am to 7:30am, around 300 participants participated in the yoga program, which was inaugurated by Bangalore University Vice Chancellor Prof. Venugopal, and different resource persons and trainers demonstrated yoga and physical activity to all participants over the course of seven days.

**Karnataka State NSS Cell & NSS, Bangalore University**  
**SURANA COLLEGE**  
South End Road Bangalore-04  
RE-ACCREDITED BY NAAC WITH A+ GRADE  
NSS and Department of Physical Education is Jointly Organizing  
**"7-days National level Training Workshop on Yoga for Health, Happiness & Harmony"**  
Date: 21/06/2021 to 27/06/2021

 Resource person: <b>M RAJESHACHARI</b> International Medalist in Yogasana Sport, Indian Yogasana Sport team Coach-2019 at Bulgaria & Bangladesh Topic: "Basic and Classical Yoga Practice"	 Resource person: <b>BALAKRISHNA</b> Yoga Lecturer Dept of physical education and yoga, Kuvempu University Topic: "Yoga for Happiness"	 Resource person: <b>SARAVANAN.R</b> Physical Education Director Global Academy of Technology, Bengaluru Topic: "Aerobic Workout for Healthy Heart"
<b>Day-1</b>	<b>Day-2</b>	<b>Day-3</b>
 Resource person: <b>Dr. V. SREEMATHY</b> Asst. Prof. Christ Academy Institute of Law Bangalore & Trainer, Art of living Topic: "Breath Yoga & Meditation - The art of happy & Meaningful Living"	 Resource person: <b>UMADEVI N</b> Art of living Teacher and Yoga Trainer Topic: "Breath Yoga & Meditation - The art of happy & Meaningful Living"	 Resource person: <b>BHUVANA SUNDAR</b> Yoga Teacher and Assistant Director of Land Records Department, Honnavar Topic: "Yogasana and human Relationships"
<b>Day-4</b>	<b>Day-4</b>	<b>Day-5</b>
 Resource person: <b>MURALI M B</b> BA., BPEd., PG Diploma in yoga MSc yoga Topic: "Yoga for Harmony & Vajrakaaya"	 Resource person: <b>SATISH KUMAR.S</b> International Martial Arts & Fitness Certified Trainer. Topic: "Dynamic Exercises for Martial Arts & Basic Self defense move for Beginners"	
<b>Day-6</b>	<b>Day-7</b>	

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**All are Cordially Invited to Participate**



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Topics: Basic and Classical Yoga Practice



Karnataka State NSS Cell & NSS, Bangalore University  
In Association With  
**Surana College**  
NSS Unit & Physical Education  
South End Road, Bengaluru-04

Organize  
**7-Days National Level Training Workshop On**  
**'Yoga for Health, Happiness & Harmony'**  
On Account of International Yoga Day 2021  
Date: 21st June, 2021 | 7:00 AM

**M. Rajeshchari**  
International Medalist in Yegamaan Sport,  
Indian Yogasana Sport team Coach 2019 at Bulgaria & Bangladesh,  
Certified Yoga Coach From SAI NSS BS,  
Founder Of Acharya Yoga Youth Club (A)  
YIC from SVYASA Yoga University, Bengaluru

Topic: 'Basic and Classical yoga practice'

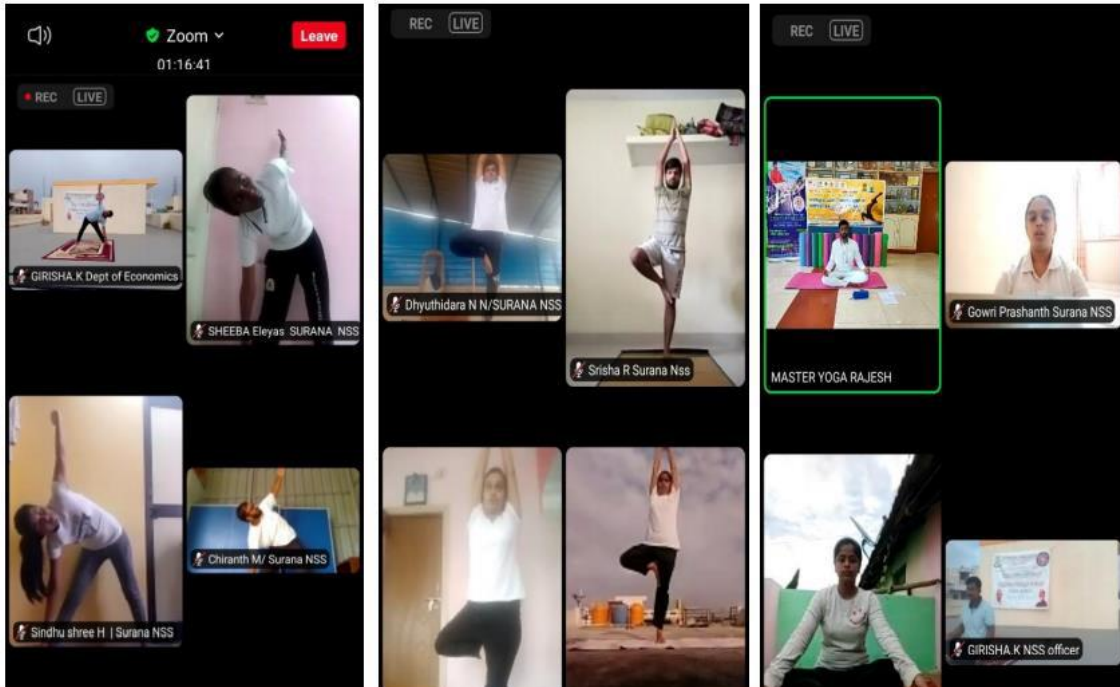
**All are Cordially Invited**

**Girisha. K**  
Asst. Prof. & NSS Programme  
Officer, Surana College

**Dr. Sathish Gowda N**  
NSS Programme Coordinator & Associate  
Professor of Law, BU

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/BANGALORE UNIVERSITY NSS CELL







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Attendance		
Bhoomika R G	Bhargavi	Keerthi. R
Vaishnavi V Bhat	Deepika. R	Joshika.LR
Deepak S	Bhavana. R	Charan R
Lavanya. A	The Pasha	Shashank Holla
Rakshitha R	Mallika S	Tanuja. N
Yeshwanth H	Sahana L	Pragna K P
Kavitha N	Jitesh	Varalakshmi E
Harshitha K	Bindu Jain M	Sunil B
Chiranth. M	Chaitra v	Sanjana k
Adhvaitha Nayani	Meena. S	Pruthvi. K
Keerthana V	Rakshitha. S	Syed Zabi
Kusuma. R	Priya. K	Nirmitha
Roopa J Shah	Sneha Priya U	Chaithra. M
Deepu V. S	Karun s	Sindhu Shree H
Kushi. M	Paritosh H Nandi	Lavanya. M
Nisarga. R	Adhvaitha Nayani. B A	Chinmayi. H
Surya MP	Priyanka Thapa	Vineeth K
Gaanavi D V	Swathi DC	Abhishek. Y
Anushree R	Sai Guna Shree K R	Sahana. L
Nayana .N	Avishek Kumar	
Vignesh BS	Harshitha SG	

*Buawoz<sup>2</sup>4K*  
Principal  
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**Kargil Vijay Diwas**  
**26-07-2021**

NSS volunteers gave tribute to our soldiers by inviting the chief guest.







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## Attendance

S.NO	Full Name	Class	Section	Department	Feedback
1.	Bhoomika R G	2nd year	A	B.COM	No Answer
2.	Priya. K	2nd year	A	BSC	Respect towards soldiers
3.	Hitesh Solanki	2nd year	C	B.COM	Jai hind
4.	Vaishnavi V Bhat	2nd year	B	B.COM	No Answer
5.	Pruthvi. K	2nd year	A	BSC	Respect towards soldiers
6.	Srinivas N	2nd year	A	BBA	Feeling good by a contribution to our soldiers
7.	Dhanusha K N	2nd year	D	B.COM	No Answer
8.	Janak Raj S	2nd year	A	BBA	Good
9.	Jai Prakash Vaishnav	2nd year	C	B.COM	It was a patriotic program
10.	Abhishek BR	1st year	B	B.COM	Amazing Tribute
11.	Sai Sanketh J R	1st year	B	B.COM	Amazing tribute
12.	Rakshitha R	2nd year	No Answer	BSC	Good tribute to the soldiers
13.	Shashank Holla	1st year	A	BBA	Very nice
14.	Lavanya. A	2nd year	No Answer	BSC	Good
15.	Sanchith km	1st year	B	B.COM	No Answer
16.	Bhargavi V	2nd year	No Answer	BA	No Answer
17.	Chiranth. M	2nd year	B	B.COM	No Answer
18.	Bhavana. R	2nd year	B	B.COM	Good
19.	Vidyashree. R	2nd year	D	B.COM	No Answer
20.	Adhvaitha Nayani B A	2nd year	B	B.COM	Good
21.	Mohan Reddy	2nd year	C	B.COM	No Answer
22.	Pavan. J	2nd year	C	B.COM	Nice day
23.	Deeksha D B	2nd year	B	B.COM	Very good tribute
24.	Brunda. G	2nd year	A	BSC	Guide
25.	Sanjana I	2nd year	A	B.COM	No Answer

*Principals*  
Principal 10  
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26.	Vaishnavi p S	2nd year	No Answer	BSC	Respect to soldiers
27.	Jaishree. M	1st year	No Answer	BA	No Answer
28.	Sand Harshini. K	1st year	No Answer	BA	Good
29.	Shree Charan	1st year	D	B.COM	Good
30.	Dushyant H M	2nd year	B	BBA	Nicely organized
31.	Sachin. A	1st year	No Answer	BA	Wonderful 😊
32.	Chaitra v	2nd year	B	B.COM	No Answer
33.	Chaithra. M	2nd year	No Answer	BSC	Good
34.	Sneha MS	2nd year	No Answer	BSC	No Answer
35.	Varalakshmi E	1st year	No Answer	BA	Nice
36.	Adithya. S D	1st year	D	B.COM	No Answer
37.	Praveen R	1st year	D	B.COM	Had a nice event
38.	Sai Brunda B	1st year	No Answer	BA	Patriotic, emotional
39.	Chaithra. S	1st year	A	BA	
40.	Pavithra .H	1st year	No Answer	BA	Awesome session
41.	Dharma Prakash. P	2nd Year	B	B.COM	Jai hind
42.	Dhyuthidara N N	2nd year	A	B.COM	😊🙏
43.	Anusha N D	2nd year	B	B.COM	Jai HindIN❤️

*Blavaziff*  
Principals  
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## Independence Day celebration 15-08-2022

The NSS unit of Surana College celebrated the 75<sup>th</sup> anniversary of Independence Day. The guest delivered a speech about freedom fighters, soldiers of our country, and so on. The programme ended with a cultural programme and the National Anthem on account of the Independence Day celebration.







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## Independence Day Rally 15-08-2022

Surana college NSS unit celebrated Independence Day. On the 75th auspicious Independence Day the day started with the flag hoisting from the guests and NSS unit conducted rally program on the theme of "NON-VIOLENCE AND PEACE". Rally started from Surana college, south end to Lalbagh. In this rally all the volunteers actively took part in the programme with all the posters and importance of the Independence Day. On this day all the importance about the freedom and struggle was portrayed.

**SURANA COLLEGE**  
(AUTONOMOUS)  
No.16, South End Road, Bangalore -560004  
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**NATIONAL SERVICE SCHEME**  
ON ACCOUNT OF 75th INDEPENDENCE DAY

Organises

# Rally

**Theme: Non-violence and peace**

Date: 15th August 2022, Monday | Time: 11:00 AM

All are cordially invited

Prof. Girisha.K  
NSS Programme Officer

Dr. Bhaskar Reddy C.M  
Principal





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## Attendance

NSS		Independence Day Attendance	
01	Lekhana . R	B.COM 1 <sup>st</sup> year 2 <sup>nd</sup> sem "A" section	R. Lela
02	Flamita marcarenas	Bcom 1 <sup>st</sup> yr A sec	Flamita . m
03	Ashuza ND	" 2 <sup>nd</sup> yr B sec	Ashuza . ND
04	Vaishnavi . V. Bhat	" " B sec	V. Bhat
05	Deepak kumar . S	B.A 2 <sup>nd</sup> year	Deepak kumar . S
06	Bhavara . R	B com 2 <sup>nd</sup> year B sec	Bhavara . R
07	DEEKSHA . D. B	B. com 2 <sup>nd</sup> year B sec	Deeksha . D. B
08	Deepthi Chandrabhaskar	B. com 2 <sup>nd</sup> year A sec	Deepthi . C
09	Sandhya . T	B. com 2 <sup>nd</sup> year A sec	Sandhya . T
10	Nandini . A	B. com 2 <sup>nd</sup> year A sec	Nandini . A
11	Takeer Pasha	B. com 2 <sup>nd</sup> year 'D' sec	Takeer . P
12	Syed Nawasil Hasan	B. com 2 <sup>nd</sup> year B sec	Syed Nawasil . H
13	Ushnavi . P. S	B. sec. 2 <sup>nd</sup> year	Ushnavi . P. S
14	Bruna . G	" " "	Bruna . G
15	Purthvi	" " "	Purthvi . P
16	Preya	" " "	Preya . P
17	Lavanyashree	BCA , 2 <sup>nd</sup> sem, I year A2	Lavanyashree
18	Moulya . R.	BCA , 2 <sup>nd</sup> sem, I year A2	Moulya . R.
19	Shraddha Jannath V K	B. sc, 2 <sup>nd</sup> year, 4 <sup>th</sup> sem	Shraddha . V. K
20	Deepu . V. S	4 <sup>th</sup> sem, 2 <sup>nd</sup> year [B. S. C]	Deepu . V. S
21	Sri yashitha A. M	B. S. C - 4 <sup>th</sup> sem, 2 <sup>nd</sup> year	Sri yashitha . A. M
22	Bhoomika . R. G.	2 <sup>nd</sup> year B. com 4 <sup>th</sup> sem A sec	Bhoomika . R. G.
23	Bhavya . P	1 <sup>st</sup> year B. com 2 <sup>nd</sup> sem (A sec)	Bhavya . P
24	Preesha . H. B	1 <sup>st</sup> year B. com 2 <sup>nd</sup> sem (A sec)	Preesha . H. B
25	Chaitra . V	2 <sup>nd</sup> year B. com 4 <sup>th</sup> sem (B. S. C)	Chaitra . V
26	Chashith . C. S	2 <sup>nd</sup> year B. com 4 <sup>th</sup> sem (B. S. C)	Chashith . C. S
27	Chiranth . M	2 <sup>nd</sup> B. com 4 <sup>th</sup> sem 'B'	Chiranth . M
28	Dhanusha . K. N	2 <sup>nd</sup> B. com 4 <sup>th</sup> sem 'D'	Dhanusha . K. N
29	Joshika . L. R	2 <sup>nd</sup> B. com 4 <sup>th</sup> sem 'B'	Joshika . L. R





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## Feedback

It was really a wonderful day that off doing a rally on our country India, it's makes me very happy.

**-Sandhya. T 2<sup>ND</sup> Year BCOM**

It was good experience to present our country India....and i proudly say I'm Indian

**-Nandhini 2<sup>ND</sup> Year BCOM**



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## Gandhi Jayanthi Celebration and Fruit Distribution in Govt Hospital Jayanagar 2nd Oct 2021

On Gandhi Jayanti, NSS unit visited Sanjay Gandhi Hospital and distribute fruits to the patients.







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## Attendance

09/10/21  
 Saturday  
 Jayanthi  
 Gandhi Jayanti Celebration

S.I.No	Name	Class	Signature
1.	Vidyashree R	II Sem - D	Vidyashree R
2.	Dhama Prakash P	II yr B	P Dhama Prakash
3.	Chittamuri PavanReddy	III yr - B	Ch. Pavan Reddy
4.	Suraj S	II Yr - BA	Suraj
5.	Dadasaheb	II Yr - BA	Dada
6.	Dushyant H.M	II Yr - BBA	Dushyant
7.	Deepak S	III Yr - BSc	Deepak S
8.	Lavanya A	II yr BSc	Lavanya
9.	Rakshitha R	II yr BSc	Rakshitha R
10.	Anushree S	III yr BCA	Anushree S
11.	Bindu Jain M	III yr B.Com	Bindu
12.	Roopa J. Shah	III yr B.Com	Roopa
13.	Harshitha K	III yr B.Com	Harshitha K
14.	Vaishnavi V. Bhat	II yr B.Com	Vaishnavi
15.	Sahana L	III yr B.COM	Sahana
16.	Santoshika	III yr B.A	Santoshika
17.	Charan R	III yr B.Com	Charan R
18.	Sai Gunashree K. R.	III yr B.Com.	Sai
19.	Jitesh	II yr B.Com.	Jitesh
20.	Latha A	II yr B.Com	Latha
21.)	RAJU.M	II yr B.Com	Raju
22.)	Mitesh Solanki	II yr B.Com	Mitesh



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23	V. Bhargavi	II <sup>nd</sup> year B.A	V. Bhargavi
24	D. Haris Bose	III <sup>rd</sup> year BCA	D. Haris Bose
25	DARSHAN. R	III <sup>rd</sup> year B.COM	Darshan R
26	Rekhmika Azy Shaued	II <sup>nd</sup> year B.Com	Rekhmika
27	Kavana Shree .S	IV <sup>th</sup> year B.com	Kavana S
28	Manjunath. S	IV <sup>th</sup> year BBA	Manjunath
29	ADHISHA K. X	II <sup>nd</sup> year B.com	ADHISHA K
30	Vaasu. R	II <sup>nd</sup> year B.com	Vaasu R

M. S. S. PROGRAMME OFFICER,  
SURANA COLLEGE,  
BANGALORE-560 004





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NSS Day Celebration  
24-09-2022







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## Webinar in Online on World Diabetes Day

14th Nov 2021

National service scheme unit of Surana college observed the world Diabetes day on 14th November . As the saying goes HEALTH IS WEALTH there was a health awareness programme and a live interaction with Dr Mohan K Rao [specialist in diabetes and endocrinology] for the students .The students visited, and clinic and even virtual program was held simultaneously.

**SURANA COLLEGE**  
South end circle Bangalore 560004  
RE ACCREDITED BY NAAC WITH 'A+' GRADE

**NATIONAL SERVICE SCHEME**  
Organises

Live Interaction with doctor  
Online platform: MS TEAMS

NOVEMBER 14TH  
WORLD  
DIABETES  
DAY

Resource Person  
**Dr.Mohan K.Rao**  
(Specialist in Diabetes and Endocrinology)

GIRISH.K ALL ARE CORDIALLY INVITED  
NSS PROGRAMME OFFICER  
Time:11.15

DR.BHAVANI MR  
PRINCIPAL  
Date:14/11/21

@surananss







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## Attendance

1) Syed Zabi A R	III <sup>nd</sup> B.Com 'C'
2) Bindu Jain M	III <sup>rd</sup> B.Com 'D'
3) Sahana L	III <sup>rd</sup> B.Com 'B'
4) Anshitha K	III <sup>rd</sup> B.Com 'B'
5) Charan R	III <sup>rd</sup> B.Com 'D'
6) Dharmaprasad P	II <sup>nd</sup> B.Com 'B'
7) Dada Sahib	II <sup>nd</sup> BA HEP
8) Deeksha DB	II <sup>nd</sup> B.Com 'B'
9) Anusha ND	II <sup>nd</sup> B.Com 'B'
10) Chaitra V	II <sup>nd</sup> B.Com 'B'
11) Pavan Reddy	II <sup>nd</sup> B.Com 'B'
12) Yaishnavi V. bhat	II <sup>nd</sup> B.Com 'B'
13) NISHANTH T.M.	II <sup>nd</sup> B.Com 'A'
14) Anushree R.	III <sup>rd</sup> B.Com 'D'
15) Paritesh H. Nandi	II <sup>nd</sup> B.Com 'A'
16) Mangi G	II <sup>nd</sup> B.Com 'B'





# Surana College

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## Online Attendance

12:27 PM | 109KB/s

← In the meeting (22) 🔍

**Organiser**

**NSS SURANA**  
Started recording

**Participants**

	Harshitha K Attendee		
	Bhavana Attendee		
	Adhvaitha Nayani Attendee		
	Anushree R Attendee		
	Bindu Jain Attendee		
	chaitra v Attendee		
	Charanramesh60		
	Dushyanth.H.M Attendee		
	GIRISHA Attendee		

12:27 PM | 109KB/s

← In the meeting (22) 🔍

	jitesh Attendee		
	Keerthana V Attendee		
	Lavanya A Attendee		
	Manjunath Rp Attendee		
	MANOJ G Attendee		
	Nishanth T M Attendee		
	Roopa j Shah Attendee		
	SANJANA K Attendee		
	Suraj S Attendee		
	Thanu.p Nss Surana ... Attendee		
	Vaishnavi V Bhat Attendee		

12:27 PM | 110KB/s

← In the meeting (22) 🔍

	Keerthana V Attendee		
	Lavanya A Attendee		
	Manjunath Rp Attendee		
	MANOJ G Attendee		
	Nishanth T M Attendee		
	Roopa j Shah Attendee		
	SANJANA K Attendee		
	Suraj S Attendee		
	Thanu.p Nss Surana ... Attendee		
	Vaishnavi V Bhat Attendee		
	vidyashree Attendee		



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## Joining link

<https://surl.ms/1PSv>

## Review

The above session was very informative and helped us to understand and follow a healthy lifestyle and we got to know more about diabetes its treatment and prevention of it.





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## Orientation Program 17th Dec 2021

**SURANA COLLEGE**  
No. 16, South End Road, Bangalore- 560004  
Re-accredited by NAAC with "A+" Grade

**NATIONAL SERVICE SCHEME**  
INAUGURATION  
&  
ORIENTATION

December 17, 2021  
Seminar Hall | 1:30 PM

**Chief Guest**  
**SHRI. KHADRI NARASHIMAI AH**  
Regional Director NSS  
Govt. Of India

**Guest of Honour**  
**SHRI. YM UPPIN**  
Youth Officer  
Ministry Of Youth Affairs

**Chief Patron**  
**DR. ARCHANA SURANA**  
Managing Trustee  
Surana Educational Institutions

*All are cordially invited*

**PROF. GIRISHA K**  
NSS Programme Officer  
Dept. Of Economics

**DR. BHAVANI M R**  
Principal





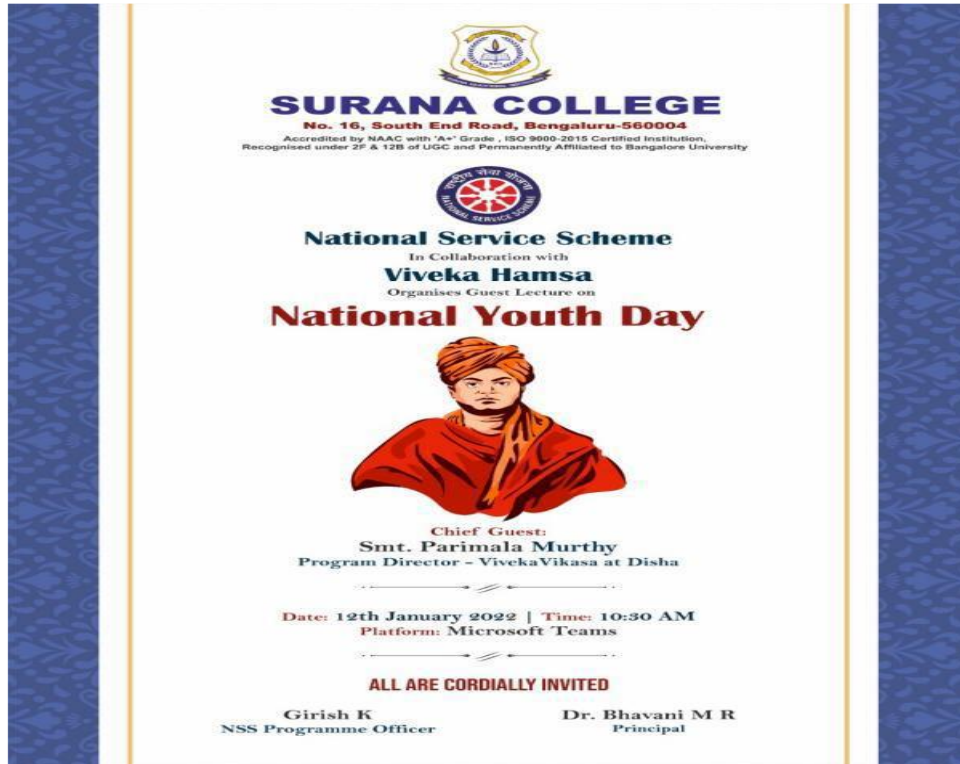
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## National Youth Day Celebration 12th Jan 2022

As the saying goes "The youth has the power to challenge the issues in the society". NSS Unit of South End campus in collaboration with Viveka Hamsa organises Guest Lecture on National youth day.







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## Republic Day Celebration

26th Jan 2022

Surana College NSS unit celebrated the 73rd Republic Day. The program started with flag hosting by Dr. Archana Surana and PU principal Dr. ChandraShekarappah Sir. The chief guest addressed students and spoke about the nation, and situations faced in this pandemic, etc. The principal gave an address about the most important day which embarks more on the sovereignty, secularism, and dignity. All our NSS volunteers joined through online platform. Our NSS volunteers planned to distribute fruits and eatables to traffic police and marshals on the occasion of republic day. As it was covid-19 it was a informal function and social distance was maintained throughout the program.

**SURANA COLLEGE**  
No. 16, South End Road, Bangalore- 560004  
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**NATIONAL SERVICE SCHEME**

Celebrates  
**REPUBLIC DAY**

26 TH JANUARY 2022

8:20 AM | Google Meet

On this occasion NSS unit of Surana College has planned an activity to distribute fruits & eatables to traffic police and Marshals

**All are cordially invited**

**Chief Patron**  
Dr. Archana Surana  
Managing Trustee  
Surana Educational Institutions

Girisha K  
NSS Programme Officer

Dr. Bhavani M R  
Principal

surananss Surana NSS Unit



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## Attendance

Mohan Reddy	Keerthi. N	Bindu Jain M
Mukesh B Patel	Bhavana. R	Harshitha K
Priya. K	Deeksha Db	Simran
Praveen R	Adhvaitha Nayani. B A	Ayesha Tuba. A
Sanjay Kumar. D	Sachin. A	Hitesh Solanki
Sanjana K	Lavanya. M	Tanuja. N
Pragna K P	Brunda. G	Vidyashree. R
Priyanka Thapa	Vinod Raj A	Lavanya. A
Sandharshini. K	Taheer Pasha	Charan R
Nisarga. R	Harshitha Sg	Swathi Dc
Tejal M	Rashvi. V	Adithya. Sd
Kavya	Srinivas N	Manjushree. K
Rakshitha R	Meena. S	Nayana. N
Bhargavi V	Joshika. L R	Chitra Shree
Pruthvi. K	Yash Raj	Avishek Kumar
Raju M	Sheeba. B	Jai Prakash Vaishnav
Yeshwanth H	Ankitha	Sahana. L
Sanjana R	Vaishnavi Ps	Jitesh
Sowmya Latha. M	Syed Tawasilraza	Sneha Priya U
Chiranth. M	Chaitra V	Deepa. V
Shalini M J	Bhoomika R G	Aishwarya N L
Sunil B	Keerthana V	Hruthika Gangatkarm. S
Shreecharan. B	Sidra	Sowmya S
Deepu. V. S	Dhanusha K N	Moulay R
Kusuma. R	Gopal Sharma	Syed Zabi A R
Anusha N D	Suraj Padiyar	Kavanashree S
Rakshitha. S	Sai Guna Shree K	Keerthi. R
Adhvaitha Nayani. B A	Roopa J Shah	

*Bhau 24/11*  
Principal  
Surana College  
(AUTONOMOUS)  
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Bangalore - 560 004.



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## Feedback

This is a 1st time I'm seeing online republic event n it was very good to see NSS volunteer.

- Tejal M 1-year A1 BC

BCOM Wonderful but since the pandemic is going, we would have celebrated this republic day by interacting.

- Yash Raj 2-year BCOM

The program and celebration are really awesome ..... Salute to all our hard work. Jai hind.

- Tanuja. N 1-year 'B' BBA

Happy Republic Day It was a proud event. The March past , Flag hosting everything went great.

- Moulay R 1-year A2 BCA

Republic day celebration with NCC cadets and NSS volunteers was really good.

-Keerthana V 2-year A1 BCA

*Bhaneziff*  
Principal  
Surana College  
(AUTONOMOUS)  
No. 16, South End Road,  
Bangalore - 560 004.






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## Traffic Awareness Rally 25th June 2022

The NSS unit of Surana College organized a traffic awareness rally in collaboration with the Jayanagar Traffic Police to create awareness among the public about traffic rules.



**SURANA COLLEGE (AUTONOMOUS) NSS UNIT  
IN ASSOCIATION WITH JAYANAGARA TRAFFIC POLICE**  
organizing a

**TRAFFIC AWARENESS RALLY**

**25 JUNE 2022 | 11:30 AM IST  
STARTING POINT: SURANA COLLEGE, SOUTH END**

**CHIEF GUEST  
ESHWARI P N  
JAYANAGARA TRAFFIC POLICE INSPECTOR**

Prof. Girisha K  
Program Officer

Dr. Archana Surana  
Managing Trustee - SEI

Dr. Bhavani MR  
Principal





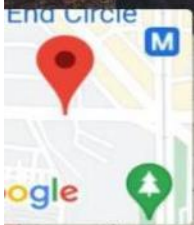


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Bengaluru, Karnataka, India  
17, S End Rd, Basvanaguddi, Bengaluru, Karnataka 560011, India  
Lat 12.936709°  
Long 77.578267°  
25/06/22 11:42 AM





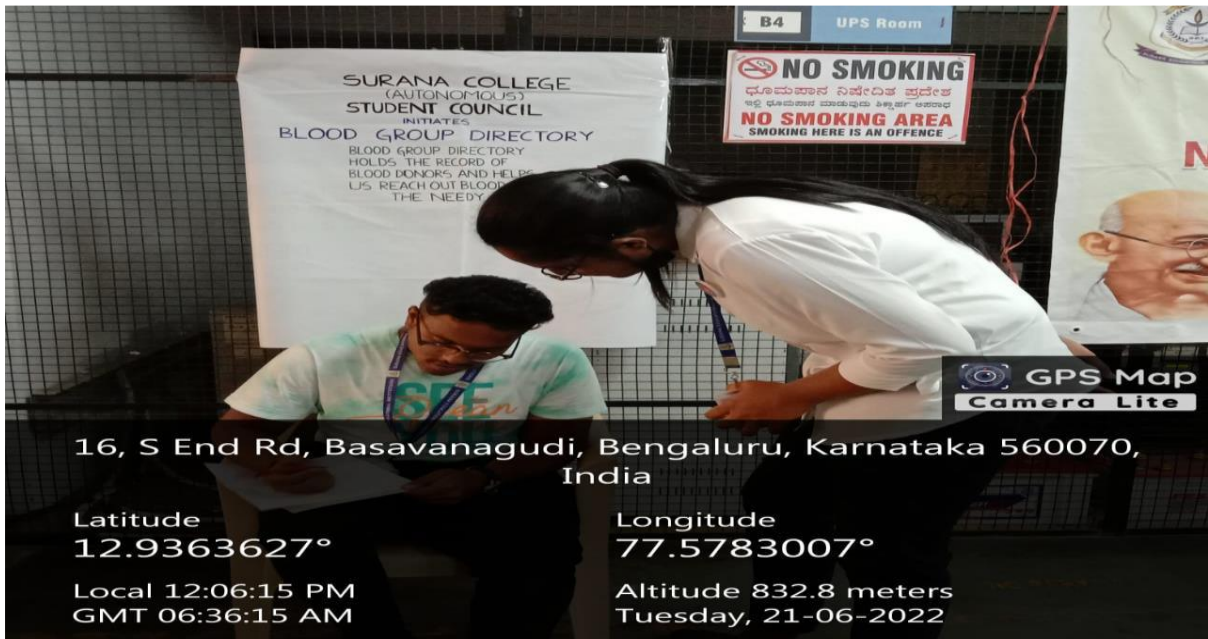
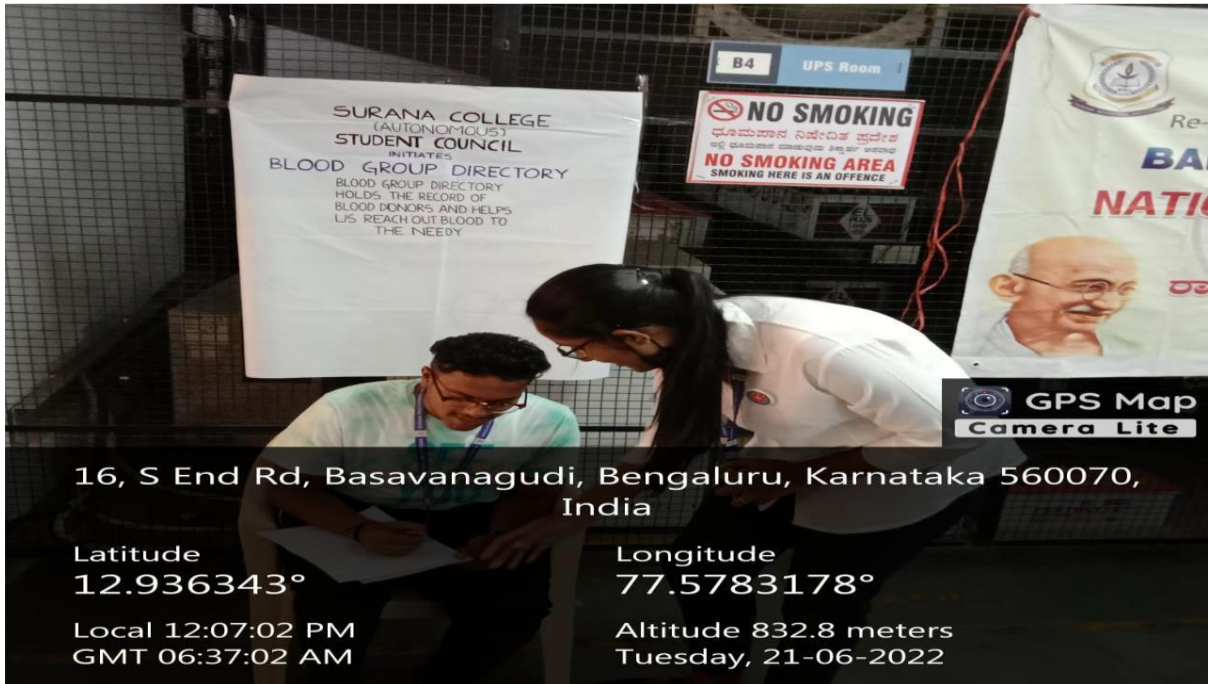
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## Blood Donation Camp

On June 21st, 2022, Student Council initiated blood group directory for all those blood donors who would be willing to donate blood in further days. This was listed out through the registration form which was circulated all over as the blood group directory holds the record of it to ensure to help to reach out the needy. It was a successful event conducted.





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Plantation in KR Park ,Basavangudi, Bangalore

11th June 2022

**SURANA COLLEGE**  
No.16, South End Road, Bangalore -560004  
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**NATIONAL SERVICE SCHEME**

**World Environment Day**  
By planting saplings  
**Go Green Breathe Clean**

JUNE 11, 2022, | Time:10:00AM  
Venue: M.N.Krishna Rao Park

All are cordially invited

Prof. Girisha .K  
NSS Programme Officer

Dr.Bhavani M R  
Principal





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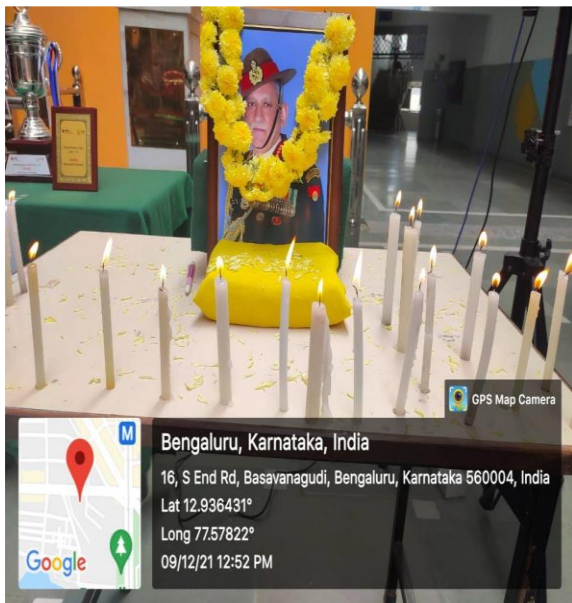
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## General Bipin Rawat 9th December 2022

On 13th December 2021 Monday, in Surana college Southend campus the volunteers of the national service scheme paid tributes to Shri Bipin Rawat the chief of the defence staff, for his sudden demise in the accident. General Bipin Rawat left an indelible imprint and legacy by perpetually upholding the flag of India through his contributions as the 1st chief of defence staff of Indian armed forces. The program was presided by Girish K the program officer of NSS.: Dr Bhavani M.R the principle of Surana degree College. The volunteers lit the candles in his honour and mourned for his soul to rest in peace. By remembering the true hero, the volunteers gave the message that, the son of this soil is eternal in the millions of patriotic hearts of Indians.







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## Attendance

Inauguration Day Attendance

Sr. No	Name	Class
1	Pooja Kumari	B.Com 1st year Sec - C
2	Devika Sahu	B.Com 1st year Sec - C
3	Preranjana Thapa	B.Com 1st year Sec - C
4	Haritha. V	BSc 1st year [CBOT]
5	Keebhi	BSc 1st year [CBOT]
6	Jyana. P	BSc 1st year [CBOT]
7	Kusuma. R	BSc 1st year [CBOT]
8	Tajal. M	BCA 1st year AI
9	Vaishnavi. P	B.COM 1st year [Sec - B]
10	Shallini. M. J	B. Com 1st year [Sec - B]
11	Yashwanth. B	B. COM 1st year [Sec - B]
12	Lakshmi. S	B.COM 1st year [Sec - B]
13	Aishwarya. K	Bcom 2nd year [Sec - C]
14	Jashika. L. R	Bcom 2nd year [Sec - B]
15	Sandhya. T	Bcom 2nd year (Sec - A)
16	Nandini. A	Bcom 2nd year (Sec - A)
17	Keethana. V	BCA 2nd year (Sec A)
18	Sanyasa. K	BCA 2nd year (Sec A)
19	Vandana. K	BA 2nd year (Sec A)
20	Ankitha. V	BA 2nd year (HEP)
21	Bhargavi. V	BA 2nd year (JOPy)
22	Adithyana. Nagan. Sa	Bcom 2nd year (Sec B)

23	Gopal sharma	2nd year
24	Deepak	2nd year BA
25	Sunaj	2nd year BA
26	Vishal	2nd year Bcom
27	Hitesh solanki	2nd year Bcom
28	Dhriti dasa	2nd year Bcom
29	Paritosh	2nd year Bcom
30	Raju M	2nd year Bcom



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## Feed Back

It was inspiring and it inspired us to become a martyr just like him.

– Akshay B. Com 2ndyr

It was very good. This event showed me what a real model seems like

– Sandhya BBA 2ndyr





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## Martyrs Day 31st January 2022

Surana NSS Unit celebrated Martyrs Day on 31st January 2022 to remember freedom fighters who laid down their lives to help make India independent. We observed a two-minute silence in the memory of Indian freedom fighters who sacrificed their lives. The most important Martyrs Day is celebrated on January 30, the death anniversary of Mahatma Gandhi. After India became independent in 1947, Gandhi continued to promote peace and brotherhood in the nation and carried on his work to preach nonviolence as a means towards political and social progress. This earned him the title of 'Father of the Nation' and he became famous for his peaceful policies across the world. He had led several agitations which helped India achieve independence. On the mark of this candles were lighted and two minutes silence was in the memory of Gandhiji. The event was in the memory of Mahatma Gandhi.

**SURANA COLLEGE**  
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**NATIONAL SERVICE SCHEME**  
Organises  
**Martyrs Day**

*"Great ones don't die.  
They continue to live  
In our hearts as inspiration"*

**JANUARY 31, 2022 | 12:30 PM  
QUADRANGLE**

**All are cordially invited**

Girisha K  
NSS programme officer

Dr. Bhavani M R  
principal

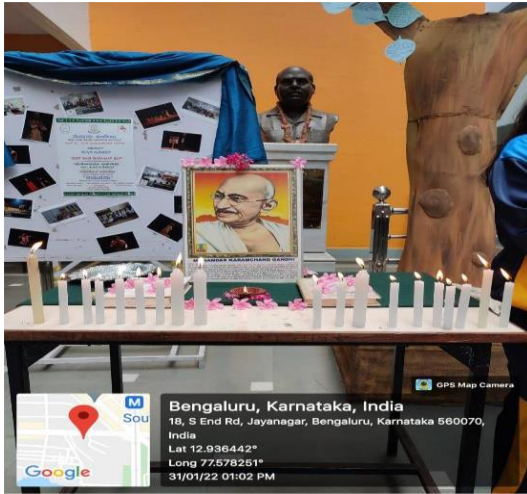


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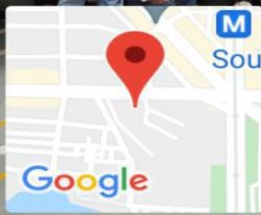
Reaccredited 'A+' Grade by NAAC | Affiliated to Bengaluru University



Bengaluru, Karnataka, India  
16, S End Rd, Jayanagar, Bengaluru, Karnataka 560070, India  
Lat 12.936442°  
Long 77.578251°  
31/01/22 01:02 PM



Bengaluru, Karnataka, India  
16, S End Rd, Basavanagudi, Bengaluru, Karnataka 560004, India  
Lat 12.936406°  
Long 77.578238°  
31/01/22 12:56 PM



Bengaluru, Karnataka, India  
16, S End Rd, Basavanagudi, Bengaluru, Karnataka 560070, India  
Lat 12.936415°  
Long 77.578259°  
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## Attendance

Sunil B	Kusuma. R	Hari Bose
Brunda. G	Hitesh Solanki	Deepak S
Manjushree. K	Bhoomika R G	Vineeth K
Keerthi. N	Roopa J Shah	Vimal Kuwar
Vaishnavi Ps	Chaitra V	Vaishnavi V Bhat
Vignesh BS	Lavanya. A	Bhargavi V
Varalakshmi E	Chashith C S	Latha. A
Dhanusha KN	Raju M	Harshitha U K
Lavanya Shree S	Bhavana. R	Adhvaitha Nayani. B A
Anusha ND	Sahana L	Avishek Kumar
Sai Sanketh J R	Chinmayi. H	Darshan .R
Shashank Holla	Taheer Pasha	Rakshitha R
Yash raj	Gopal Sharma	Nisarga. R
Sreedharan	Sand Harshini. K	Dharma Prakash. P
Charan R	SYED ZABI AR	Keerthi. R
Chiranth. M	Nayana. N	Dushyanth. H. M
Rashvi. V	Chaithra. M	Karun S
Vidyashree.R	Preetham.K	Supriya M G

### Feedback

Candleing a light is beautiful

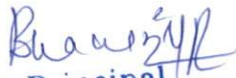
-Manjushree. K

Nicely conducted the badging ceremony

-Dushyanth. H. M

Martyrs day was more peaceful, and it was very emotional.

-Sahana. L

  
Principal  
Surana College  
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No. 16, South End Road,  
Bangalore - 560 004.



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## “Vaccination drive at MSK Nagar” 19th April 2021

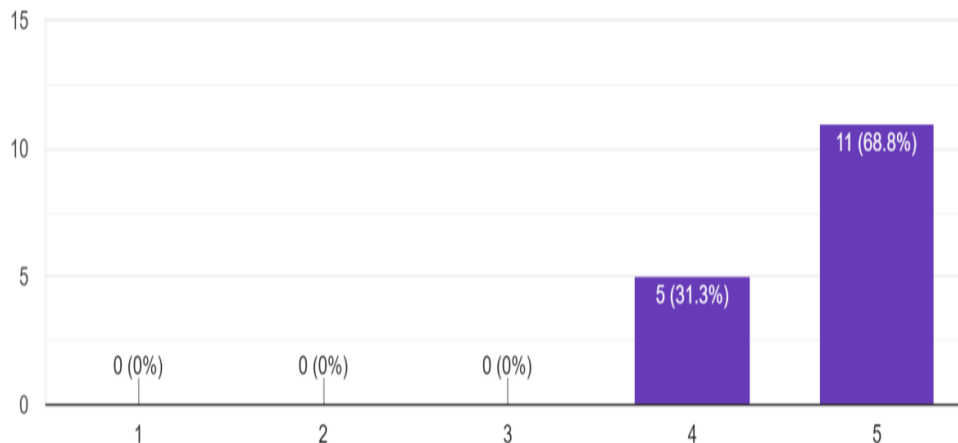
Cadets from 5/3 COY, Surana college NCC attended the Vaccination drive conducted by Surana College NCC in association with the BBMP to vaccinate the citizens living in MSK Nagar and to spread awareness about the need of vaccines and vaccination. Accompanied by a doctor and a nurse, we vaccinated the citizens with their first dose of covid shield. The event was conducted on 19th April 2021.

### Participants:

5SD and 8SW Cadets of Surana College NCC actively participated in the Vaccination Drive .

### Feedback of the Event:

#### a. How satisfied are you with the event:







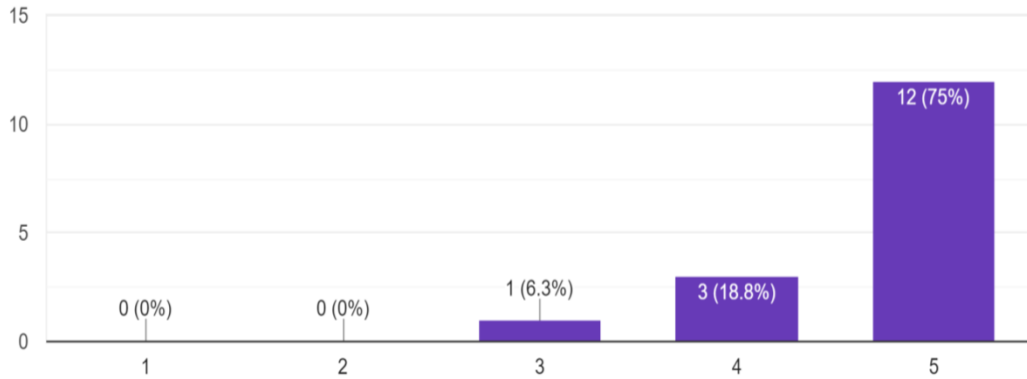
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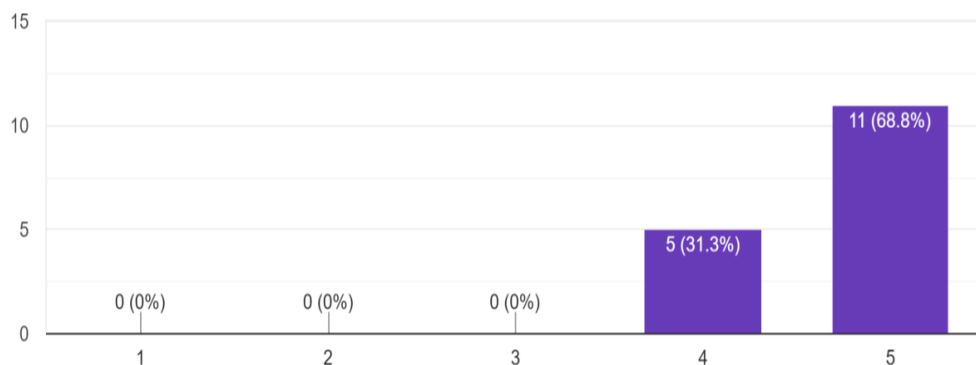
## b. Relevance of the Event



## c. Key take a Ways

- Preventive measures of Covid 19
- How to prevent spread of the disease
- Stay alert help others
- We learnt about the prevention of covid-19
- Working together.
- Making cadets know the life is precious
- Be good in life, and work hard. My dream came true.
- Help each other

## d. Overall Satisfaction of the Event:





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## e. Overall Feedback

- Good
- It was interesting
- A good experience
- Informative
- It was amazing
- It is really good and very very helpful for kids like us
- Working together and living together

## f. A Walk through the Event







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## Attendance Sheet

### Vaccination drive at MSK Nagar

SL NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTOGI	<i>MaHi</i>
2	JUO	LIKITH CS	<i>Likith</i>
3	JUO	JAHNAVI	<i>Jahnavi</i>
4	SGT	VINAYASHREE	<i>Vinayashree</i>
5	SGT	VARSHA	<i>Varsha</i>
6	CPL	SWASA	<i>Swasa</i>
7	LCPL	KIRANA	<i>Kirana</i>
8	LCPL	CHETHAN	<i>Chethan</i>
9	CDT	HASTHICK	<i>Hasthick</i>
10	CDT	GIRIDAR	<i>Giridar</i>
11	CDT	KRISHNAPRIYA	<i>Krishnapriya</i>
12	CDT	CHANDANA	<i>Chandana</i>
13	CDT	RAKESH	<i>Rakesh</i>



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## “Vaccination Awareness Video ” 28th April 2021

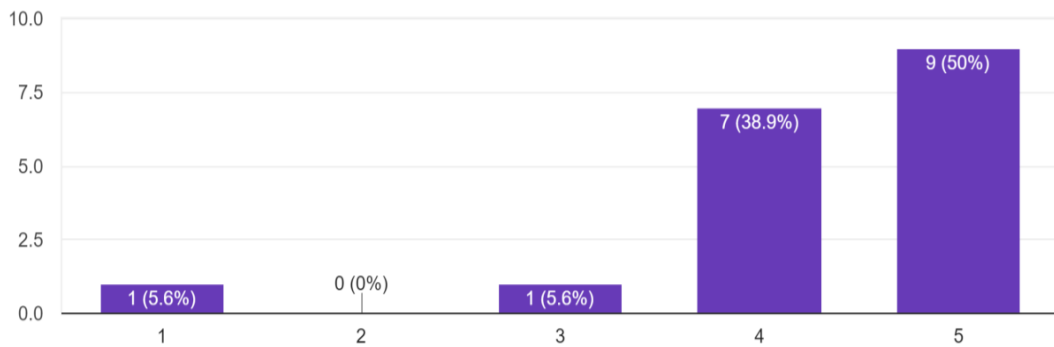
### Program Details:

Surana College NCC to spread awareness about how the Indian Army is contributing to the current pandemic relief and how to help them we should get ourselves vaccinated and stay at home. The event was conducted on 28th April 2021.

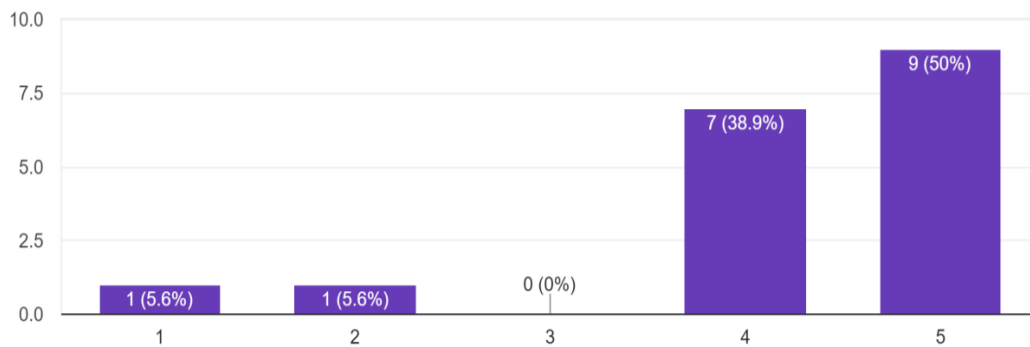
### Participants:

23 SD and 18 SW cadets participated in the making of the video.

### a. How satisfied are you with the event



### b. Relevance of the Event







# Surana College

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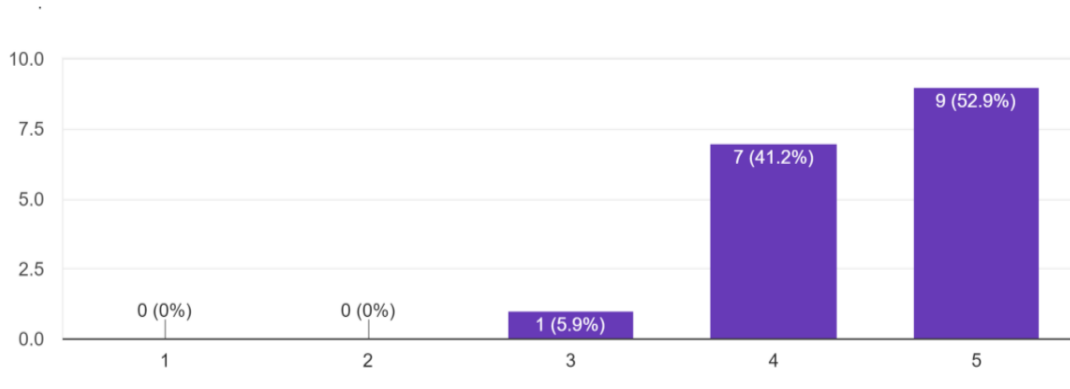
16, South End Road | Bengaluru-04

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## c. Key takeaways :

- I understood about vaccination
- Go Disease free
- Learning about the importance of vaccination
- Making sure everyone's Vaccination will help us lead a better future.
- Vaccination helps to keep the neighborhood safe .
- To live a happy and prosperous life with the loved ones vaccination is a must.

## d. Overall Satisfaction :



## e. Overall Feedback:

- Good
- It was good
- Great experience to learn about Vaccination
- It reminded us to be vaccinated.
- Excellent
- It was good



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## f. A Walk through the Event







# Surana College

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## Attendance Sheet

Vaccination Awareness Video			
DATE: 28th April 2021			
SL NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTHOGI	Mahee
2	JUO	LIKITH CS	Likith
3	JUO	JAHNAVI	Janya
4	CSM	SANDESH	Sandy
5	SGT	VINAYASHREE	Vinay
6	SGT	VARSHA	Varsha
7	CPL	SWASA	Swasa
8	LCPL	KIRANA	Kirana
9	CDT	KRISHNAPRIYA	Krishna
10	CDT	PRIYANKA	Priyanka
11	CDT	ROSHAN	Roshan
12	CDT	HASTHIK	Hasthi
13	CDT	KESHAVMURTHY	Keshav
14	CDT	GIRIDHAR	Giridhar
15	LCPL	CHETHAN	Chethan
16	LCPL	LUCKY	Lucky
17	CDT	AMRITA	Amrita
18	CDT	SHREYA	Shreya
19	CDT	CHANDANA	Chandana
20	CDT	POOJITHA	Poojitha
21	CDT	SPOORTHY	Spoorthy
22	CDT	MONISHA	Monisha
23	CDT	DEEPA	Deepa
24	CDT	NIKITHA	Nikitha
25	CDT	BHAVANA	Bhavana
26	CDT	YOGESH	Yogesh
27	CDT	JAYANTH	Jayanth
28	CDT	AMAN	Aman
29	CDT	NAVEEN	Naveen
30	CDT	CHIRAG	Chirag
31	CDT	SAGAR	Sagar
32	CDT	SANGAM	Sangam
33	CDT	PANKAJ	Pankaj
34	CDT	SUBASH	Subash
35	CDT	PARAS	Paras
36	CDT	RAKESH	Rakesh
37	CDT	SUMUKHA	Sumukha
38	CDT	YAKSHITH	Yakshith
39	CDT	PUNITH	Punith
40	CDT	SARAVANA	Saravana



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## “Khel Mahotsav ” 4th and 5th June 2021.

### Program Details

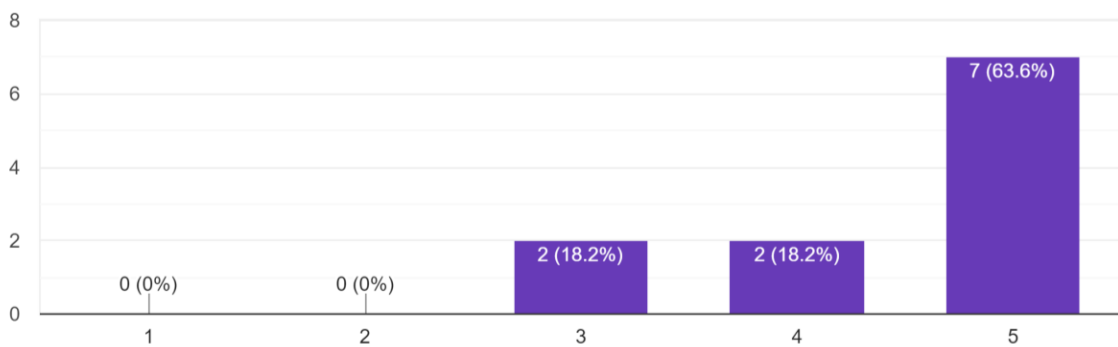
Surana College NCC conducted a National online gaming event - Khel Mahotsav open exclusively only to cadets where their entry fees was donated towards the relief of covid affected fields. 7 main games such as UNO, LUDO, Among Us etc. were open as different categories and the participants were awarded with a participation certificate and the winners were awarded cash prizes along with merit certificates. The event was conducted on 4th and 5th June 2021.

### Participants

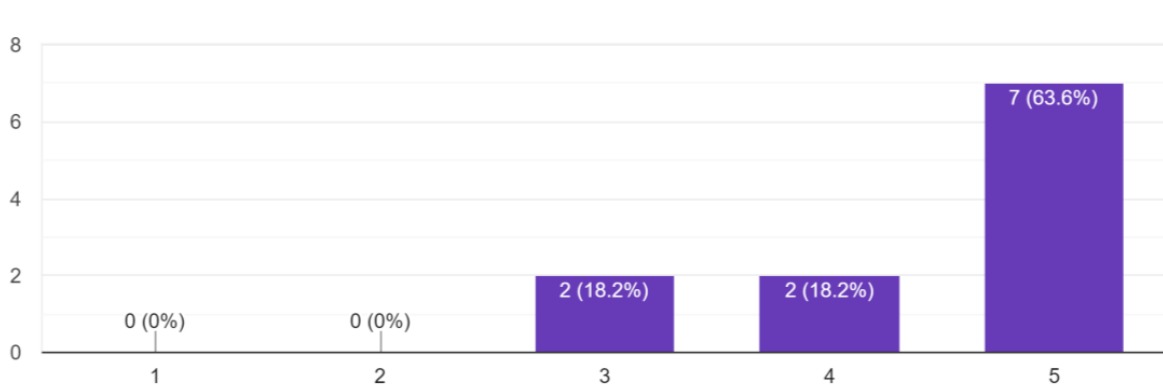
All Cadets from 5/3 COY Surana college NCC participated in Khel Mahotsav to raise funds to adopt a cobra.

### Feedback of the Event

#### a. How satisfied are you with the event



#### b. Relevance of the event







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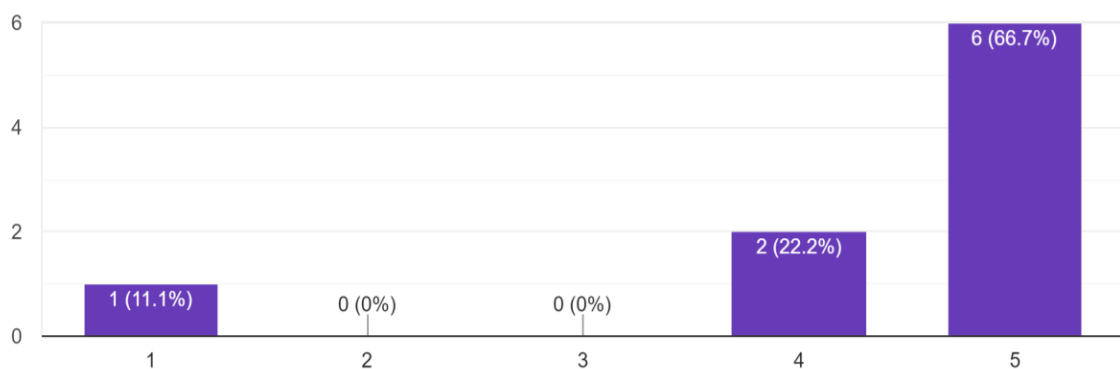
## c. Key take a ways

- Creativity
- I learnt basics of logo making
- Designing and creative thinking
- We learnt to make different kinds of logo
- To create a logo which shows the identity for the people around
- Designing
- We tried our best and made all new logos.

## d. Overall feedback

- Good
- It was an amazing event
- It was interesting
- It was enjoyable
- A competitive Event

## e. Overall Satisfaction





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## f. A Walk through of the Event







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## Attendance Sheet

**Khel Mahotsav**  
 DATE: 4th and 5th June 2021

SL.NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTHOGI	Kalesh
2	JUO	LIKITH CS	Likith
3	JUO	JAHNAVI	Jahnavi
4	CSM	SANDESH	Sandesh
5	SGT	VINAYASHREE	Vinayashree
6	SGT	VARSHA	Varsha
7	CPL	SWASA	Swasa
8	LCPL	KIRANA	Kirana
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10	CDT	PRIYANKA	Priyanka
11	CDT	ROSHAN	Roshan
12	CDT	HASTHIK	Hasthik
13	CDT	KESHAVMURTHY	Keshavmurthy
14	CDT	GIRIDHAR	Giridhar
15	LCPL	CHEZHAN	Chethan
16	LCPL	LUCKY	Lucky
17	CDT	AMRITA	Amrita
18	CDT	SHRREYA	Shrreya
19	CDT	CHANDANA	Chandana
20	CDT	POOJITHA	Poojitha
21	CDT	SPOORTHI	Spoorthi
22	CDT	MONISHA	Monisha
23	CDT	DEEPA	Deepa
24	CDT	NIKITHA	Nikitha
25	CDT	BHAVANA	Bhavana
26	CDT	YOGESH	Yogesh
27	CDT	JAYANTH	Jayanth
28	CDT	AMAN	Aman
29	CDT	NAVEEN	Naveen
30	CDT	CHIRAG	Chirag
31	CDT	SAGAR	Sagar
32	CDT	SANGAM	Sangam
33	CDT	PANKAJ	Pankaj

34	CDT	SURASH	Surash
35	CDT	PARAS	Paras
36	CDT	RAKESH	Rakesh
37	CDT	SUMUKHA	Sumukha
38	CDT	YAKSHITH	Yakshith
39	CDT	PUNITH	Punith
40	CDT	SARAVANA	Saravana
41	CDT	SHIVRE ADITHYA	Shivre Adithya
42	CDT	RAJINI	Rajini
43	CDT	VENKATESH A	Venkatesh A
44	CDT	THARUN	Tharun
45	CDT	HARSHITH	Harshith
46	CDT	SHIRISHA	Shirisha
47	CDT	ANUSHA	Anusha
48	CDT	BHUVANESH	Bhuvanesh
49	CDT	BOOMIKA	Boomika
50	CDT	MUGHDHA	Mugdha
51	CDT	HAKTHI VAISHNAVI	Hakthi Vaishnavi
52	CDT	YASHWANTH	Yashwanth
53	CDT	BHUVAN	Bhuvan



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## “Adoption of Indian Cobra ” 10th June 2021

### Program Details

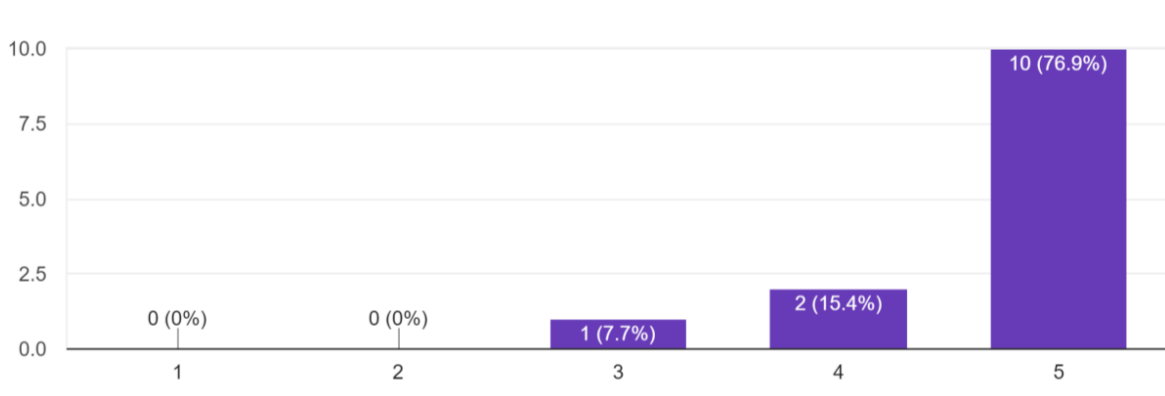
Surana College NCC adopted an Indian Cobra to feed and to be taken care of at the Bannerghatta National Park for a whole year with the help of the donations made during the Khel Mahotsav. The Park was suffering immensely financially due to the lack of visitors due to covid because of which it was getting difficult to take care of the animals. The event was conducted on 10th June 2021.

### Participants

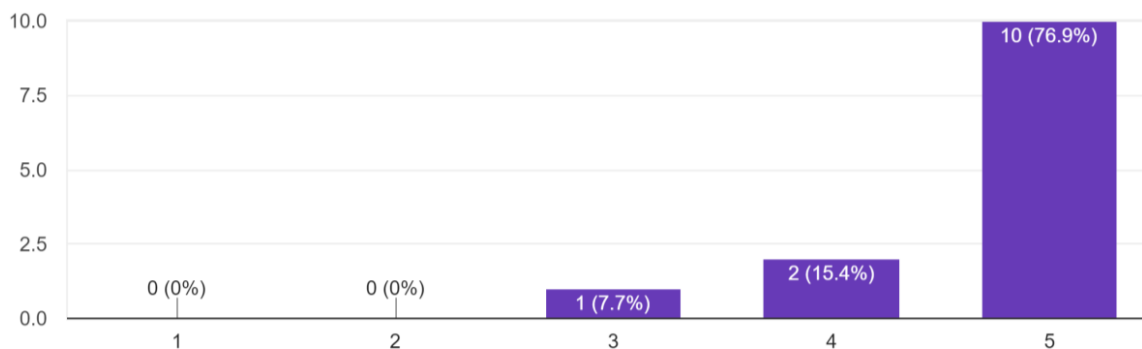
53 Cadets from 5/3COY took part in Khel Mahotsav and contributed to the Adoption .

### Feedback of the Event

#### a. How Satisfied are you with the Event



#### b. Relevance of the Event







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## c. Key take a ways

- Had a great experience in event
- Great experience
- It was a wonderful event. I enjoyed it a lot.
- Nothing
- We learnt the importance of Fauna in the environment.
- I learnt so many new things about cobras.
- I was happy i could contribute in such a wonderful event

## d. Overall Satisfaction

- Good
- Very good
- Great
- Excellent
- Good
- It was good
- It was amazing
- Excellent

## f. A Walk through of the Event





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## Attendance Sheet

**Adoption of Indian Cobra**

DATE: 10th JunE 2021

SL NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTHOGI	<i>MaHi</i>
2	JUO	LIKITH CS	<i>Likith</i>
3	JUO	JAHNAVI	<i>Jahnavi</i>
4	CSM	SANDESH	<i>Sandesh</i>
5	SGT	VINAYASHREE	<i>Vinayashree</i>
6	SGT	VARSHA	<i>Varsha</i>
7	CPL	SWASA	<i>Swasa</i>
8	LCPL	KIRANA	<i>Kirana</i>
9	CDT	KRISHNAPRIYA	<i>Krishnapriya</i>
10	CDT	PRIYANKA	<i>Priyanka</i>
11	CDT	ROSHAN	<i>Roshan</i>
12	CDT	HASTHIK	<i>Hasthik</i>
13	CDT	KESHAVMURTHY	<i>Keshav</i>
14	CDT	GIRIDHAR	<i>Giridhar</i>
15	LCPL	CHETHAN	<i>Chethan</i>
16	LCPL	LUCKY	<i>Lucky</i>
17	CDT	AMRITA	<i>Amrita</i>
18	CDT	SHRREYA	<i>Shrreya</i>
19	CDT	CHANDANA	<i>Chandana</i>
20	CDT	POOJITHA	<i>Poojitha</i>
21	CDT	SPOORTHI	<i>Spoorthi</i>
22	CDT	MONISHA	<i>Monisha</i>
23	CDT	DEEPA	<i>Deepa</i>
24	CDT	NIKITHA	<i>Nikitha</i>
25	CDT	BHAVANA	<i>Bhavana</i>
26	CDT	YOGESH	<i>Yogesh</i>
27	CDT	JAYANTH	<i>Jayanth</i>
28	CDT	AMAN	<i>Aman</i>
29	CDT	NAVEEN	<i>Naveen</i>
30	CDT	CHIRAG	<i>Chirag</i>
31	CDT	SAGAR	<i>Sagar</i>
32	CDT	SANGAM	<i>Sangam</i>
33	CDT	PANKAJ	<i>Pankaj</i>





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34	CDT	SUBASH	Subash
35	CDT	PARAS	Paras
36	CDT	RAKESH	Rakesh
37	CDT	SUMUKHA	Sumukha
38	CDT	YAKSHITH	Yakshith
39	CDT	PUNITH	Punith
40	CDT	SARAVANA	Saravana
41	CDT	SHIVRE ADITHYA	Shivre Adithya
42	CDT	RAJINI	Rajini
43	CDT	VENKATESH A	Venkatesh A
44	CDT	THARUN	Tharun
45	CDT	HARSHITH	Harshith
46	CDT	SHIRISHA	Shirisha
47	CDT	ANUSHA	Anusha
48	CDT	BHUVANESH	Bhuvanesh
49	CDT	BOOMIKA	Boomika
50	CDT	MUGHDHA	Mugdha
51	CDT	SHAKTHI VAISHNAVI	Shakthi Vaishnavi
52	CDT	YASHWANTH	Yashwanth
53	CDT	BHUVAN	Bhuvan



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## “World Environment Day ”

7th June 2021

### Program Details

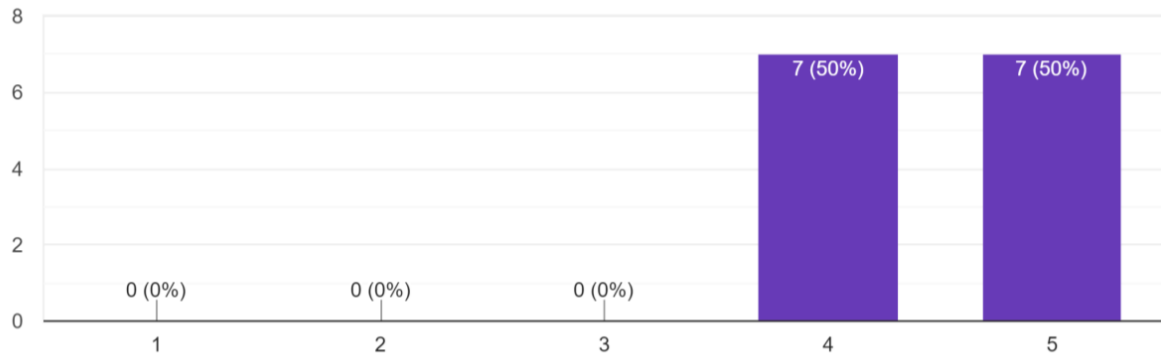
Cadets from 5/3 COY participated in making an awareness video, in which each and every cadet planted a sapling to save and protect Mother Nature. The event was conducted on 7th June 2021.

### Participants:

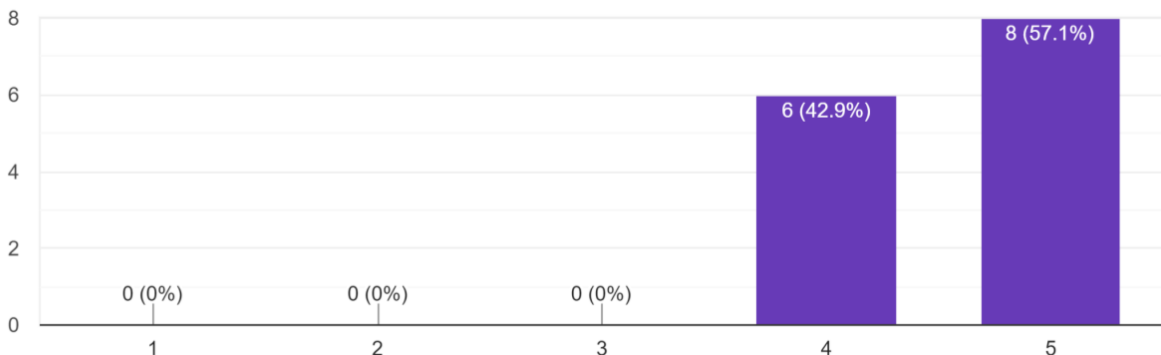
A total of 45 cadets from 5/3 COY Surana College took part in the event.

### Feedback of the event:

#### a. How satisfied are you with the event:



#### b. Relevance of the Event







# Surana College

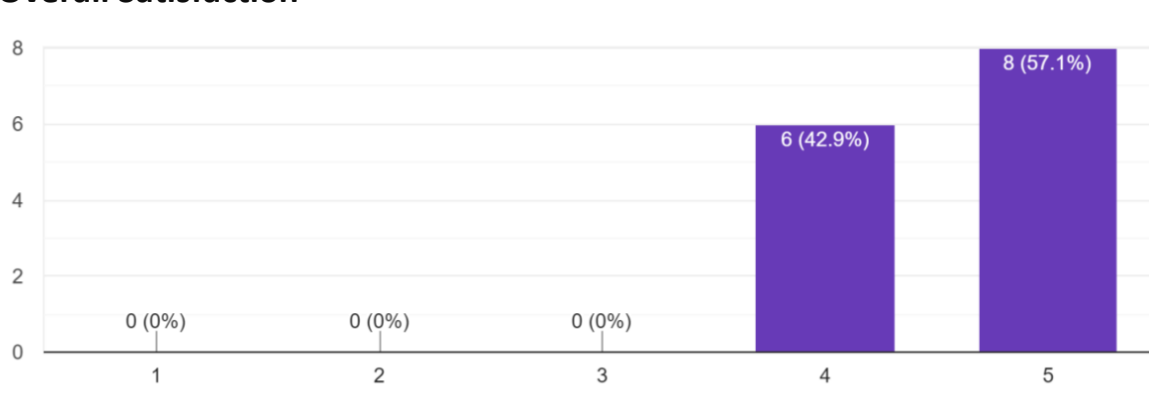
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## c. Key take a ways

- I learnt about the importance of nature
- I learnt about environment
- Importance of Maintaining the ecological balance
- Plant more trees
- Reduce using non-biodegradable waste
- Reduce the wastage of plastic

## d. Overall Satisfaction



## e. Overall Feedback

- Good
- Nice
- Amazing
- Very informative
- Excellent

## f. A Walkthrough of the Event





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## Attendance Sheet

**World Environment Day**  
DATE: 7th June 2021

SL NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTHOGI	MaHi
2	JUO	LIKITH CS	Likith
3	JUO	JAHNAVI	Jahnavi
4	CSM	SANDESH	Sandesh
5	SGT	VINAYASHREE	Vinayashree
6	SGT	VARSHA	Varsha
7	CPL	SWASA	Swasa
8	LCPL	KIRANA	Kirana
9	CDT	KRISHNAPRIYA	Krishnapriya
10	CDT	PRIYANKA	Priyanka
11	CDT	ROSHAN	Roshan
12	CDT	HASTHIK	Hasthik
13	CDT	KESHAVMURTHY	Keshavmurthy
14	CDT	GIRIDHAR	Giridhar
15	LCPL	CHETHAN	Chethan
16	LCPL	LUCKY	Lucky
17	CDT	AMRITA	Amrita
18	CDT	SHRREYA	Shrreya
19	CDT	CHANDANA	Chandana
20	CDT	POOJITHA	Poojitha
21	CDT	SPOORTHI	Spoorthi
22	CDT	MONISHA	Monisha
23	CDT	DEEPA	Deepa
24	CDT	NIKITHA	Nikitha
25	CDT	BHAVANA	Bhavana
26	CDT	YOGESH	Yogesh
27	CDT	JAYANTH	Jayanth
28	CDT	AMAN	Aman
29	CDT	NAVEEN	Naveen
30	CDT	CHIRAG	Chirag
31	CDT	SAGAR	Sagar
32	CDT	SANGAM	Sangam
33	CDT	PANKAJ	Pankaj

34	CDT	SUBASH	Subash
35	CDT	PARAS	Paras
36	CDT	RAKESH	Rakesh
37	CDT	SUMUKHA	Sumukha
38	CDT	YAKSHITH	Yakshith
39	CDT	PUNITH	Punith
40	CDT	SARAVANA	Saravana
41	CDT	SHIVRE ADITHYA	Shivre Adithya
42	CDT	RAJINI	Rajini
43	CDT	VENKATESH A	Venkatesh A
44	CDT	THARUN	Tharun
45	CDT	HARSHITH	Harshith





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## “International Yoga Day ”

21 th June 2021

### Program Details

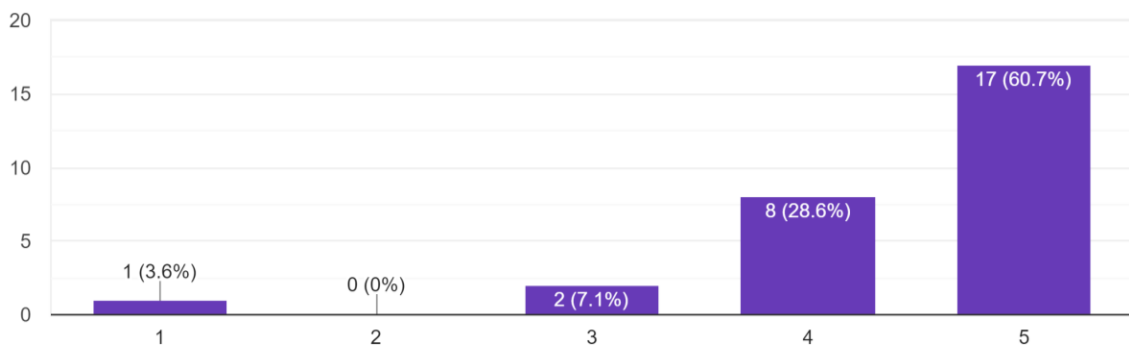
Cadets from 5/3 COY participated in making a video about a few Yoga asanas and their importance. The video was very educational, and an informative quiz was also taken up. The event was conducted on 21st June 2021.

### Participants

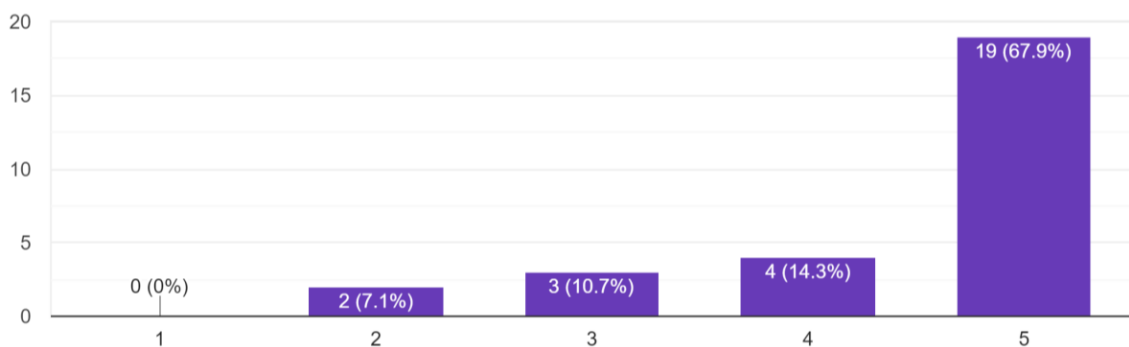
53 Cadets from 5/3COY participated in making a Video about a few yoga asanas .

### Feedback of the Event

#### a. How satisfied were you with the event



#### b. Relevance of the Event





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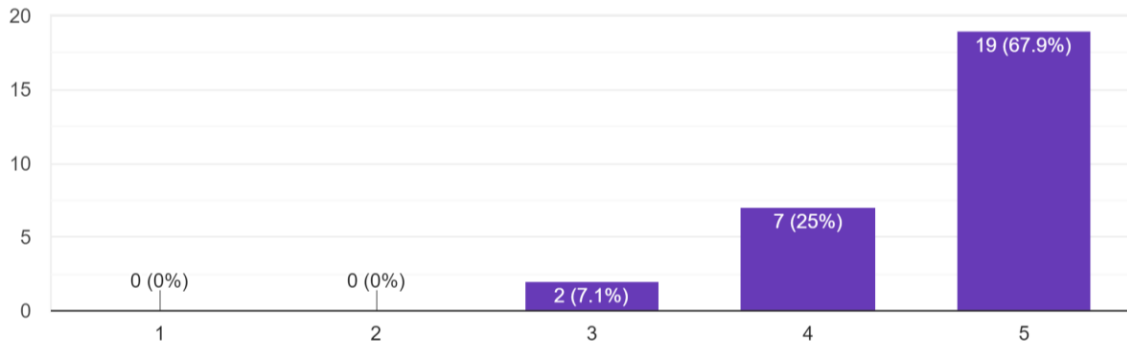
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## c. Key take a Ways

- Importance of yoga
- Realize the importance of yoga and encourage others to practice yoga
- I learnt how various Asanas are performed
- I learnt new asanas
- Learnt different asanas
- Practicing yoga will make us fit mentally and physically
- Pranayama
- Learnt the proper way to do yoga
- Creativity
- Learnt something
- I learnt new asanas which very useful
- I learnt many yoga poses and how to do them
- Doing Asanas for our better health and uses of Asanas .
- Health tips
- Meditations with chill mind

## d. Overall satisfaction







# Surana College

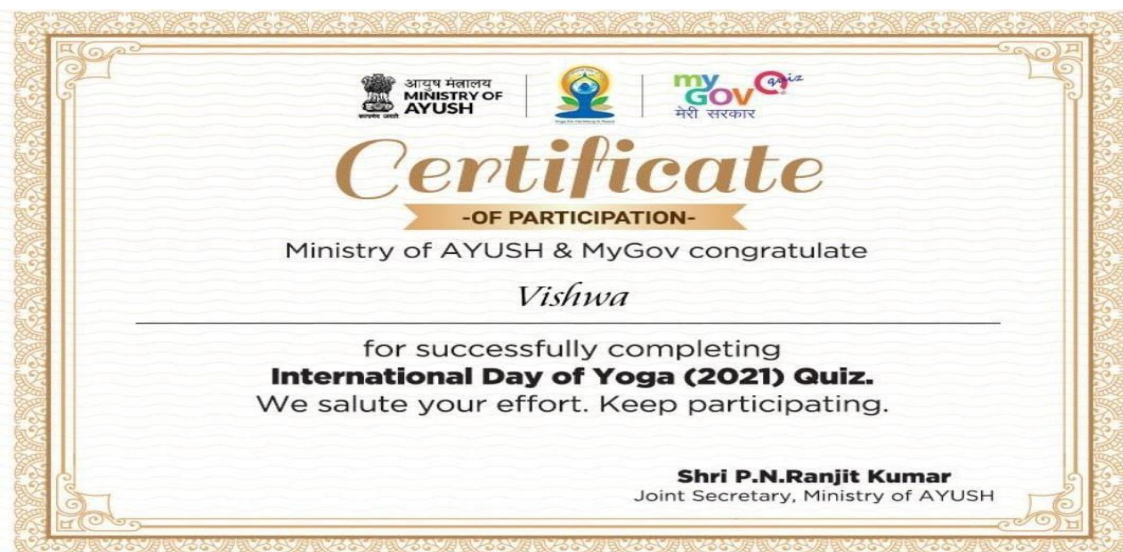
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## e. Overall Feedback

- It was good
- Very good
- A Fantastic event
- It was a healthy event.
- We practiced yoga to make a video and submit it which was good
- Do yoga everyday
- Good
- It was amazing
- It was fun
- Got to know about my body and mind flexibility
- It was good and nice
- Had a nice event with all the cadets doing different Asanas and enjoyed it
- A creative event

## f. A walk through of the event





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## Attendance Sheet

International Yoga Day			
DATE: 21st June 2021			
SL NO	RANK	CADET NAME	SIGNATURE
1	CSUO	MAHI RASTHOGI	MaHi
2	JUO	LIKITH CS	Likith
3	JUO	JAHNAVI	Jahnavi
4	CSM	SANDESH	Sandesh
5	SGT	VINAYASHREE	Vinaya
6	SGT	VARSHA	Varsha
7	CPL	SWASA	Swasa
8	LCPL	KIRANA	Kirana
9	CDT	KRISHNAPRIYA	Krishna
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42	CDT	RAJINI	Rajini
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44	CDT	THARUN	Tharun
45	CDT	HARSHITH	Harshith
46	CDT	SHIRISHA	Shirisha
47	CDT	ANUSHA	Anusha
48	CDT	BHUVANESH	Bhuvanesh
49	CDT	BOOMIKA	Boomika
50	CDT	MUGHDHA	Mugdha
51	CDT	HAKTHI VAISHNAVI	Hakthi





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## “International Anti-Drug and Illicit Traffic king”

26th June 2021

### Program Details

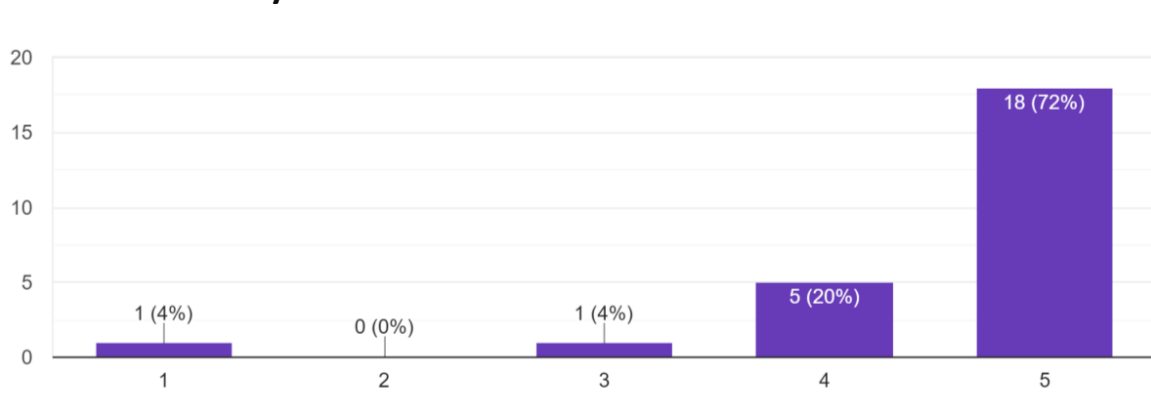
Surana College NCC Conducted a webinar highlighting the different harmful effects of drugs and their types. The webinar was followed by a quiz which was attempted by 39 cadets in which 5 cadets secured the first position by scoring the same marks. The cadets were then provided with merit certificates. The events were conducted on 26th June 2021.

### Participants

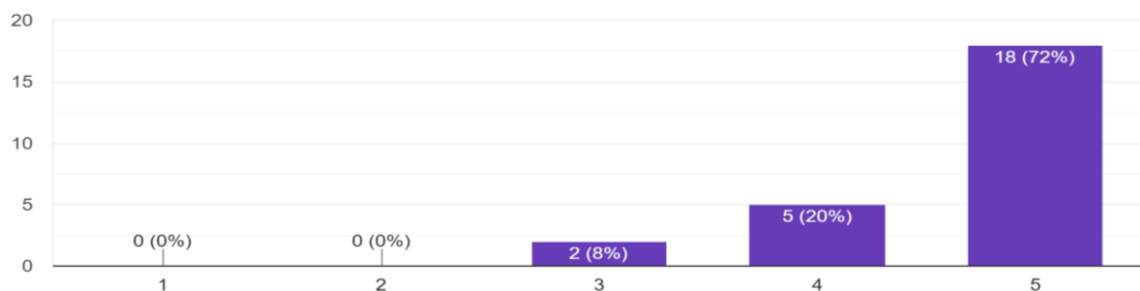
39 cadets took part in the webinar and took active part in quiz through online mode by submitting their posters in a google form.

### Feedback Of the event

#### a. How satisfied are you with the event



#### b. Relevance of the event





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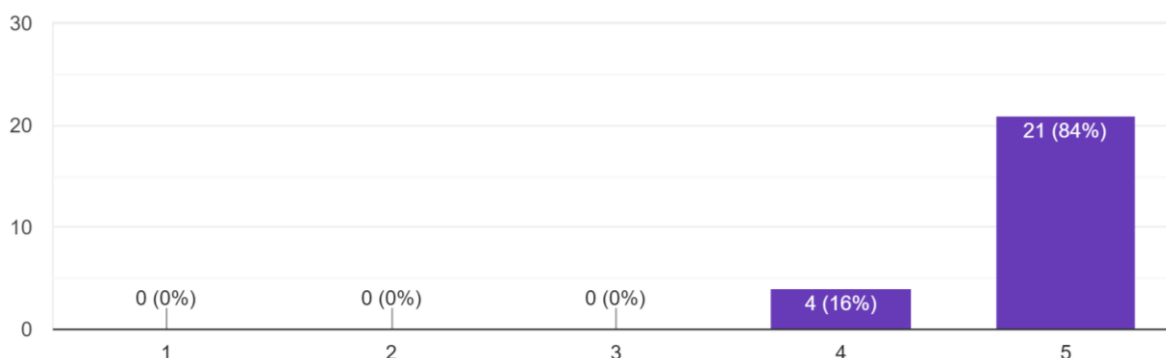
16, South End Road | Bengaluru-04

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## c. Key take a ways

- We learnt many things like harmful effects of intoxication
- Being safe and don't consume drugs
- The precautionary measures for depression and anxiety
- Creating awareness about depression
- It was a very helpful and effective way to show the alertness against drugs.
- We need to take precautions from anxiety.
- I learnt how the symptoms work in a human body and their cure against mental health.
- Precautions to be followed during the pandemic for our safety and spreading awareness to the public.
- It's an great opportunity to learn by doing that which i strengthen to learn it.

## d. Overall Satisfaction



## e. Overall feedback of the event:

- It was good
- It was a good experience
- It was very informative
- Great experience
- We could understand the harmful effects of drugs and tobacco .
- We learnt about depression and anxiety
- It was a very good reminder to all students of the harmful effect of drugs.
- Enjoyed this event in a discipline and by spreading awareness of covid-19
- It was nice, enthusiastic



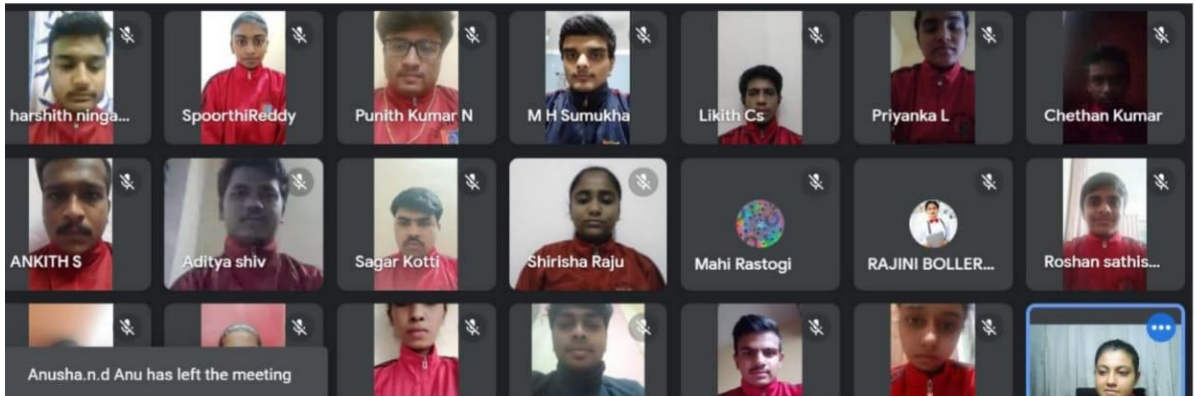
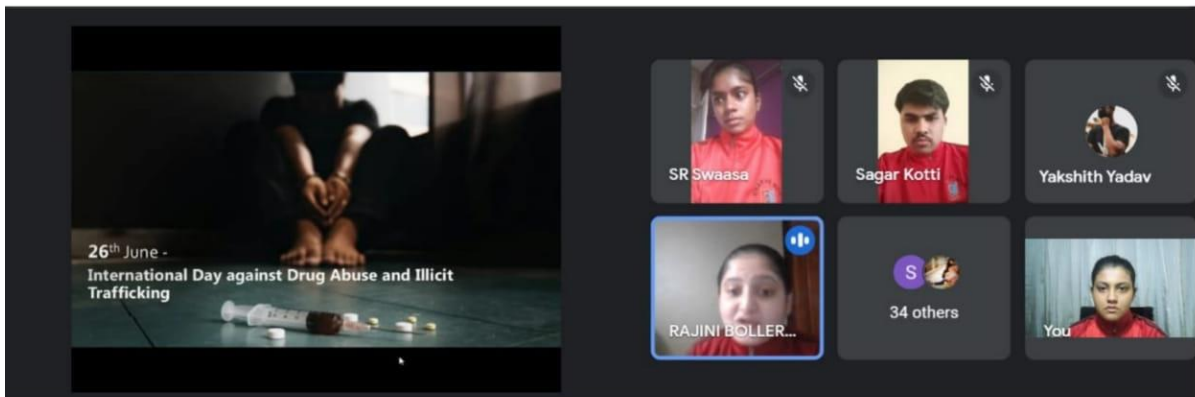


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## f. A walkthrough the event





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## Attendance Sheet

INTERNATIONAL ANTI DRUG DAY  
 DATE: 26th June 2021

Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	Maahi
2	JUO	JAHNAVI B R	Jahnavi
3	JUO	LIKITH C S	Likith
4	CSM	SANDESH S NAIR	Sandesh
5	SGT	VINAYASHREE	Vinaya
6	SGT	VARSHA A	Varsha
7	CPL	SWAASA S R	Swasa
8	LCPL	KIRANA	Kirana
9	LCPL	CHETAN L	Chetan
10	LCPL	LUCKY SHARMA	Lucky
11	CDT	THARUN KUMAR	Tharun
12	CDT	VENKATESH A	Venkatesh
13	CDT	YAKSHITH V	Yakshith
14	CDT	YOGESH SARAF	Yogesh
15	CDT	MONISHA	Monisha
16	CDT	PRIYANKA	Priyanka
17	CDT	KRISHNAPRIYA E R	Krishna
18	CDT	AMRITHA	Amritha
19	CDT	ANUSHA N D	Anusha
20	CDT	BHAVHNA	Bhavhna
21	CDT	CHANDHANA	Chandhana
22	CDT	DEEPA	Deepa
23	CDT	RAJINI B K	Rajini
24	CDT	SHIRISHA	Shirisha
25	CDT	SHREEYA	Shreeya
26	CDT	SPOORTHI	Spoorthi
27	CDT	ANKITH S	Ankith
28	CDT	CHIRAG A RAJU	Chirag
29	CDT	HARSHITH N	Harshith

30	CDT	JAYANTH	Jayanth
31	CDT	NAVEEN KUMAR R	Naveen
32	CDT	PANKAJ JAIN	Pankaj
33	CDT	PARAS KUMAR B	Paras
34	CDT	PUNITH KUMAR	Punith
35	CDT	RAKESH G R	Rakesh
36	CDT	SAGAR KOTTI	Sagar
37	CDT	GIRIDHAR K	Giridhar
38	CDT	KESHAVA MURTHY	Keshava
39	CDT	HASTHICK KUMAR	Hasthick





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## Vaccination Drive 2nd and 3rd July 2021

### Program Details

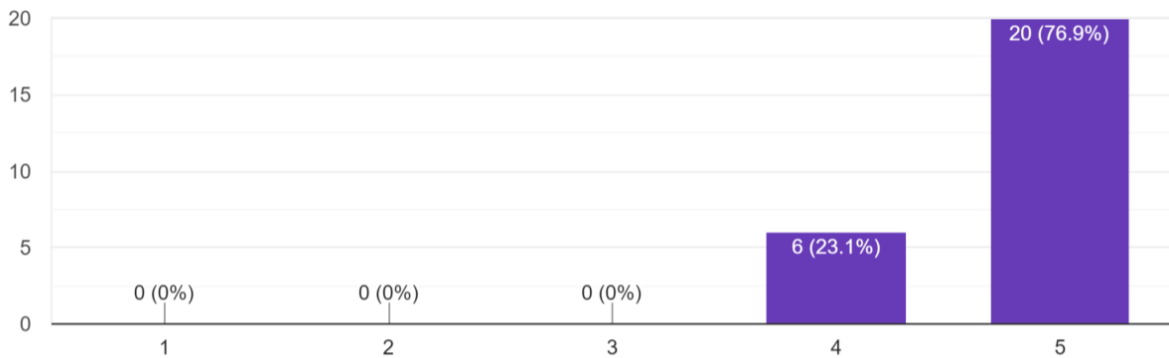
Cadets from 5/3 COY, Surana college NCC volunteered at the Vaccination Drive conducted at Surana College in association with NSS and 5 SDs and 4 SWs along with the ANO participated and were vaccinated with their first dose of vaccination of covid shield/covaxin.

### Participants:

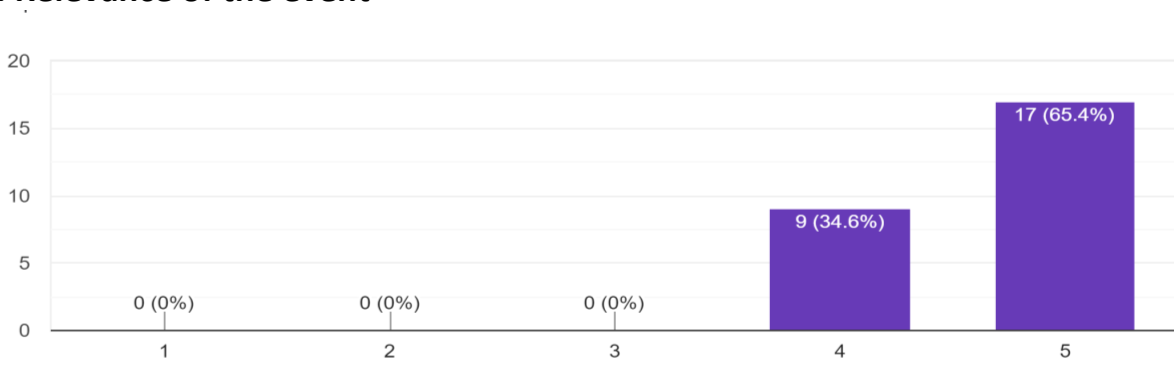
9 SD and 10 SW Cadets from 5/3 Coy were a part of the event.

### Feedback of the event:

#### a. How satisfied were you with the event



#### b. Relevance of the event





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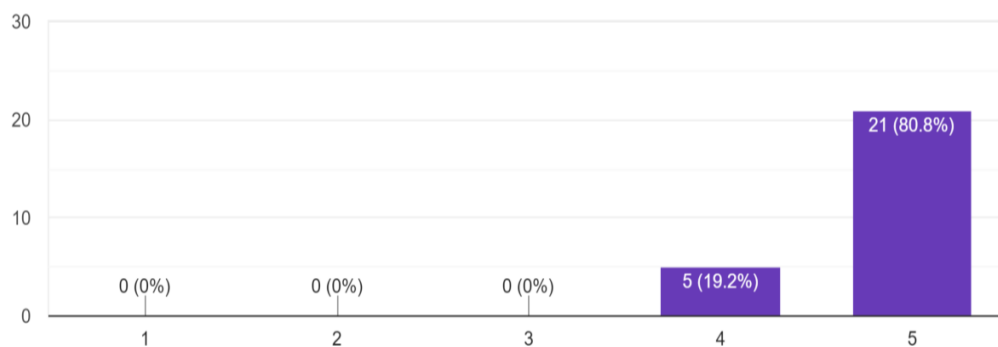
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## c. Key take a ways

- Awareness about COVID-19
- Help people get vaccinated for free of cost
- How to be safe from COVID-19
- Precautionary measures and protocols which are important to be followed
- Don't go out without wearing your masks
- Informative
- It was Excellent

## d. Overall satisfaction of the event



## e. Overall feedback :

- The program was excellent. We enjoyed the program. And learnt many things
- Was very good interaction
- It was an amazing program.
- I got to know many things and awareness about the virus
- We got the opportunity to be a part of a noble cause
- Very insightful and informative
- The programme was very informative . We got to know what all should be done during covid 19 pandemic





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## f. A walkthrough of the event:



## Attendance Sheet

**VACCINATION DRIVE AT SURANA COLLEGE**  
DATE: 2nd and 3rd July 2021

Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	<i>Mahide</i>
2	JUO	JAHNAVI B R	<i>Jahnavi</i>
3	JUO	LIKITH C S	<i>Likith</i>
4	CSM	SANDESH S NAIR	<i>Sandesh</i>
5	SGT	VINAYASHREE	<i>Vinayashree</i>
6	SGT	VARSHA A	<i>Varsha</i>
7	CPL	SWAASA S R	<i>Swasa</i>
8	LCPL	KIRANA	<i>Kirana</i>
9	LCPL	CHETAN L	<i>Chetan</i>
10	LCPL	LUCKY SHARMA	<i>Lucky</i>
11	CDT	MONISHA	<i>Monisha</i>
12	CDT	PRIYANKA	<i>Priyanka</i>
13	CDT	KRISHNAPRIYA E R	<i>Krishna</i>
14	CDT	GIRIDHAR K	<i>Giridhar</i>
15	CDT	KESHAVA MURTHY	<i>Keshava</i>
16	CDT	SANGAM R GARG	<i>Sangam</i>
17	CDT	SARVANA C	<i>Sarvana</i>
18	CDT	SHIVRE ADITHYA	<i>Shivre</i>
19	CDT	SUBUSH YADAV	<i>Subush</i>



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## “Vaccination Awareness Campaign at South End Circle” 14 July 2021

### Program Details

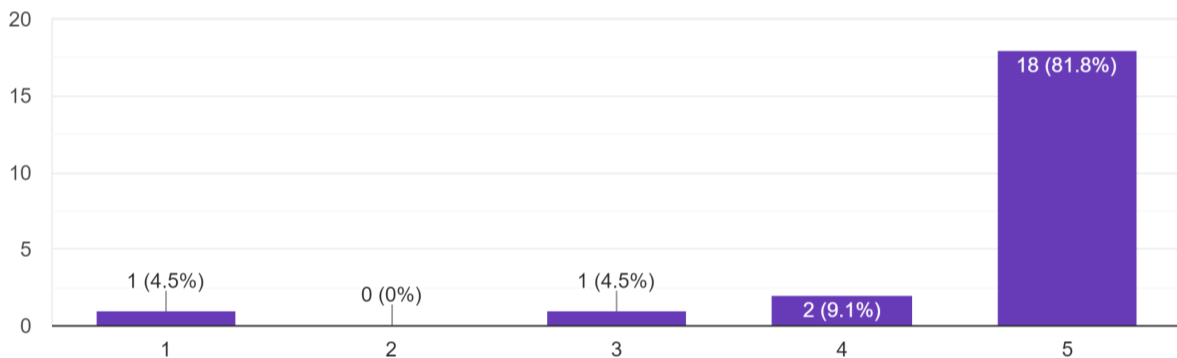
Cadets attended the vaccination awareness campaign which was conducted by 5/3 COY, Surana college NCC in association with the traffic police station at South end circle, Jayanagar junction. The campaign consisted of 2 skits which were enacted by 11 cadets and displayed plagards. The event included showcasing of skits in front of moving traffic. The event was conducted on 14th July 2021.

### Participants:

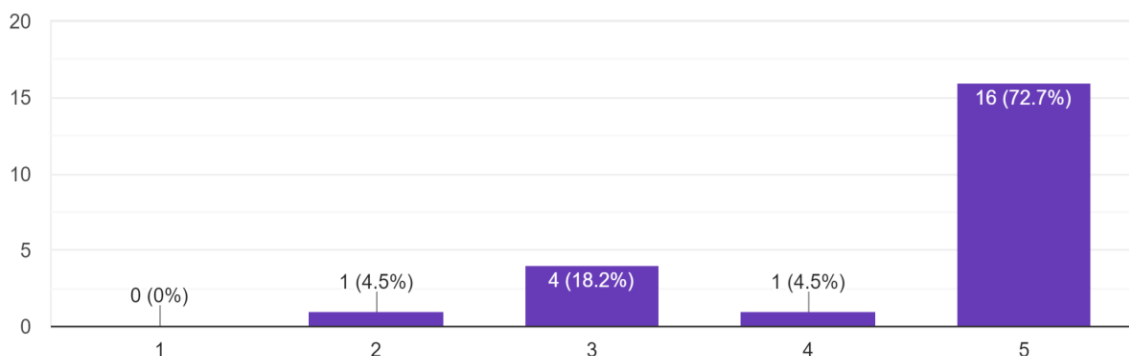
25 cadets from Surana College NCC 5/3 COY attended an awareness drive at the south end circle.

### Feedback Of the event:

#### a. How satisfied are you with the event



#### b. Relevance of the event







# Surana College

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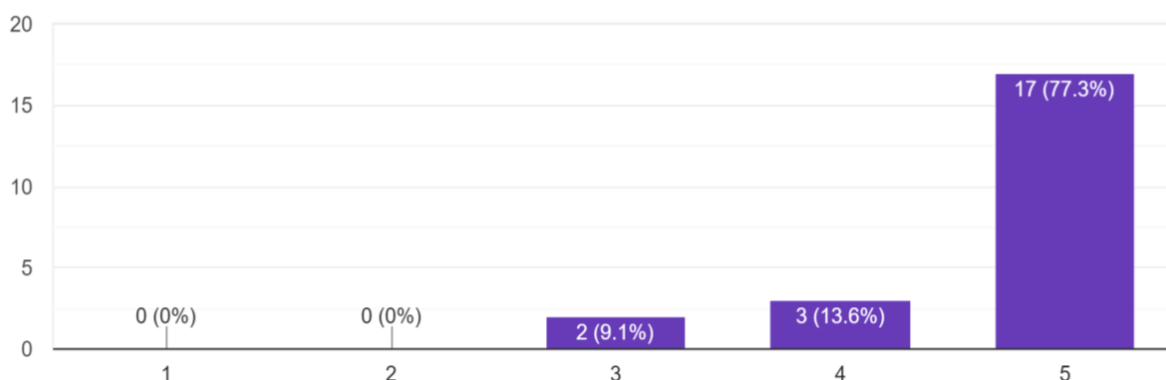
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## c. Key take a ways

- Awareness about covid-19 and preventive measures
- I understood how covid could affect a individuality and their families
- Importance and side effects... Of carelessness usage.. and I gotta know about types and limitations of spread of the pandemic
- Learn about preventive measures.
- To stop youngsters from getting affected.
- How diseases influence and affect our lives in a bad way.
- Getting aware of pandemic
- Got to know how many types of vaccines are available
- It was nice to know about the vaccine and how we have to prevent covid-19
- The event which made us aware of vaccine use in daily life and precautions

## d. Overall satisfaction of the event



## e. Overall feedback :

- Very useful
- Very informative
- Stopping careless behaviour against covid-19
- It was very insightful, and awareness was given
- Good programme
- It was amazing
- It was really helpful and good
- Knowledgeable event







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## "Kargil Vijay Diwas"

26th July 2021

### Program Details

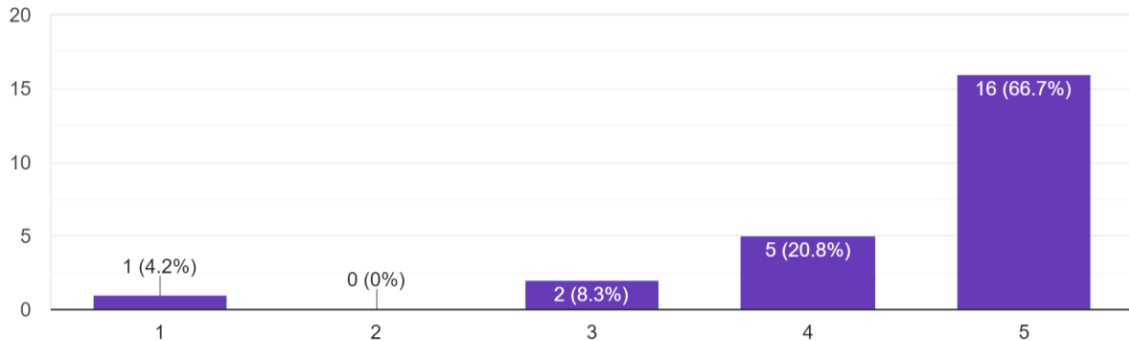
Cadets from 5/3 COY, Surana College NCC in association with Surana college NSS on the occasion of Kargil Vijay Diwas paid a tribute to the Kargil war Heroes by singing a patriotic song and presenting a PowerPoint presentation on Kargil war and lighting candles with the chief guest - Honorary Captain S M Nirwani(ret'd), who was assigned near Neelam area of Kargil to attack Pakistan forward post. The event was conducted on 26th July 2021.

### Participants:

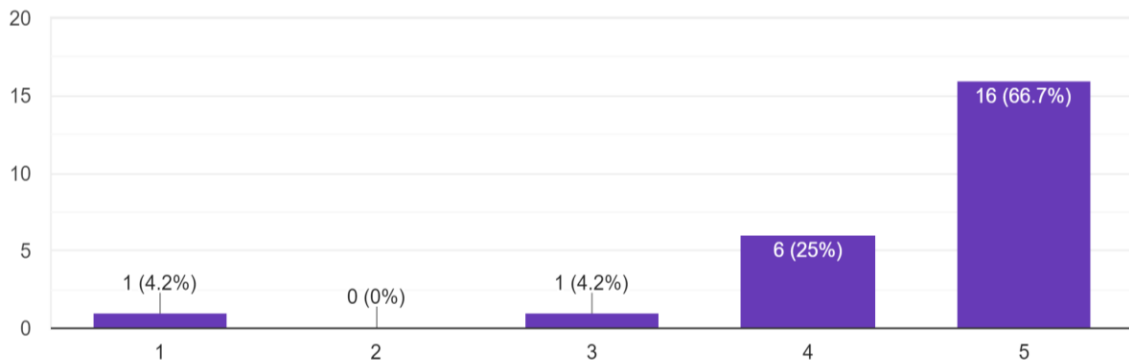
32 Cadets from 5/3 COY, were a part of the event

### Feedback Of the event:

#### a. How satisfied are you with the event



#### b. Relevance of the Event:





# Surana College

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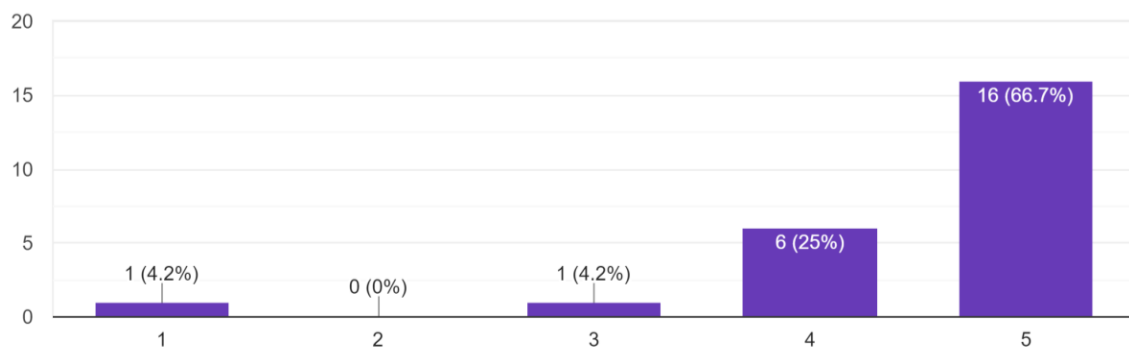
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## c. Key takeaways

- Learning new things
- It was a wonderful program. We all will always feel proud of our defence.
- Got know how our soldiers fought during Kargil war
- I learnt about the Kargil war
- Remarkable sacrifice & patriotism of Kargil martyrs
- To pay tribute to our brave hearted soldiers
- We should know and do research on the true heroes
- Brave our Indian Army soldiers
- Learnt about Kargil Vijay Diwas
- We learnt about Kargil Vijay Diwas and the heroes of Kargil war

## d. Overall satisfaction:



## e. Overall feedback

- Excellent
- It gave me a chance to give speech
- It was amazing
- Learning a presenting was a new experience
- The event made me feel proud on the bravery of the Indian soldiers
- Very informative and patriotic
- The event was good and helpful





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## f. A walkthrough of the event





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## Attendance Sheet

KARGIL VIJAY DIWAS			
Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	Maahi
2	JUO	JAHNAVI B R	Jahnavi
3	JUO	LIKITH C S	Likith
4	CSM	SANDESH S NAIR	Sandesh
5	SGT	VINAYASHREE	Vinayashree
6	SGT	VARSHA A	Varsha
7	CPL	SWAASA S R	Swasa
8	LCPL	KIRANA	Kirana
9	LCPL	CHETAN L	Chetan
10	LCPL	LUCKY SHARMA	Lucky Sharma
11	CDT	MONISHA	Monisha
12	CDT	AMAN KUMAR	Aman
13	CDT	ANKITH S	Ankith
14	CDT	CHIRAG A RAJU	Chirag
15	CDT	HARSHITH N	Harshith
16	CDT	JAYANTH	Jayanth
17	CDT	NAVEEN KUMAR R	Naveen
18	CDT	PANKAJ JAIN	Pankaj
19	CDT	PARAS KUMAR B	Paras
20	CDT	PUNITH KUMAR	Punith
21	CDT	RAKESH G R	Rakesh
22	CDT	SAGAR KOTTI	Sagar
23	CDT	POOJITHA	Poojitha
24	CDT	RAJINI B K	Rajini
25	CDT	SHIRISHA	Shirisha
26	CDT	SHREEYA	Shreeya
27	CDT	SPOORTHI	Spoorthi
28	CDT	PRIYANKA	Priyanka
29	CDT	KRISHNAPRIYA E R	Krishnapriya
30	CDT	YAKSHITH V	Yakshith
31	CDT	YOGESH SARAF	Yogesh
32	CDT	SARVANA C	Sarvana



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## “Sadbhavana Diwas” 20th August 2021

### Program Details

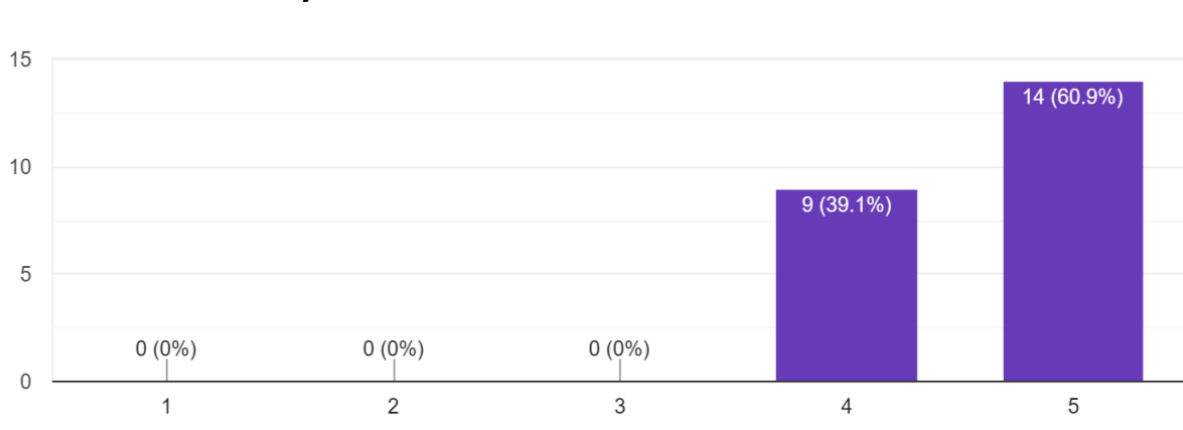
7 National integration is the awareness of a common identity amongst the citizens of a country. 38 cadets along with the Associative NCC Officer of 5/3 COY, Surana College NCC, pledged to promote National Integration and communal Harmony among people of all religions, languages and regions.

### Participants

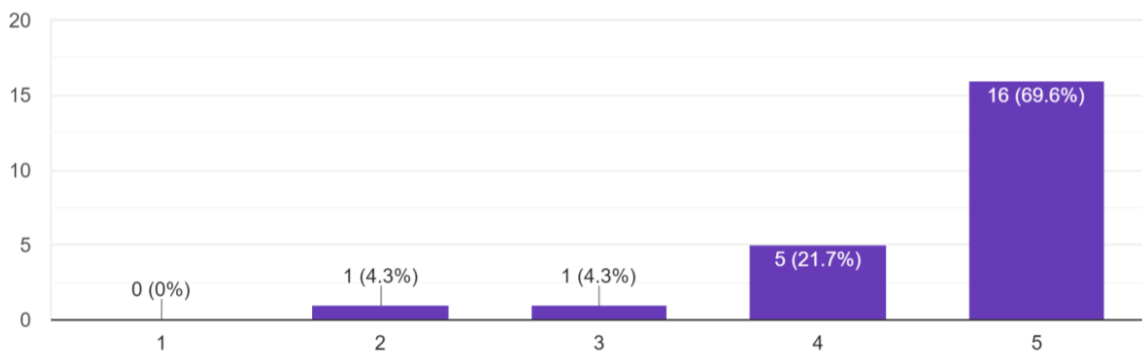
38 cadets along with the Associative NCC Officer of 5/3 COY, Surana College NCC took part in the event.

### Feedback of the event

#### a. How satisfied are you with the event



#### b. Relevance of the event :







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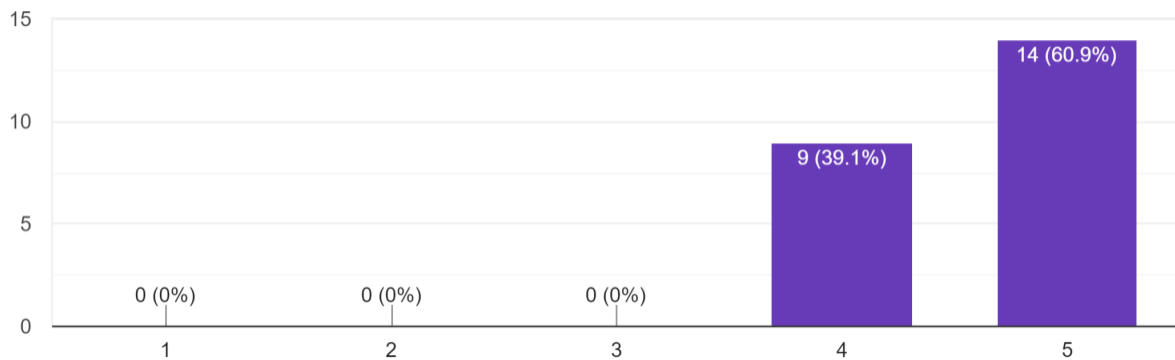
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## c. Key takeaways :

- Learnt about the national integration
- Making India a better place by promoting national integration
- It was a wonderful experience.
- Unity plays a major role.
- To stay with harmony and peace
- Importance of brotherhood
- Learnt the importance of unity
- Learnt what is harmony
- Power of Unity in diversity

## d. Overall satisfaction



## e. Overall feedback

- It was amazing
- The pledge was satisfying
- Excellent
- Happy and interesting
- Great experience
- Informative
- Very good
- Amazing program, need much more programs like this further



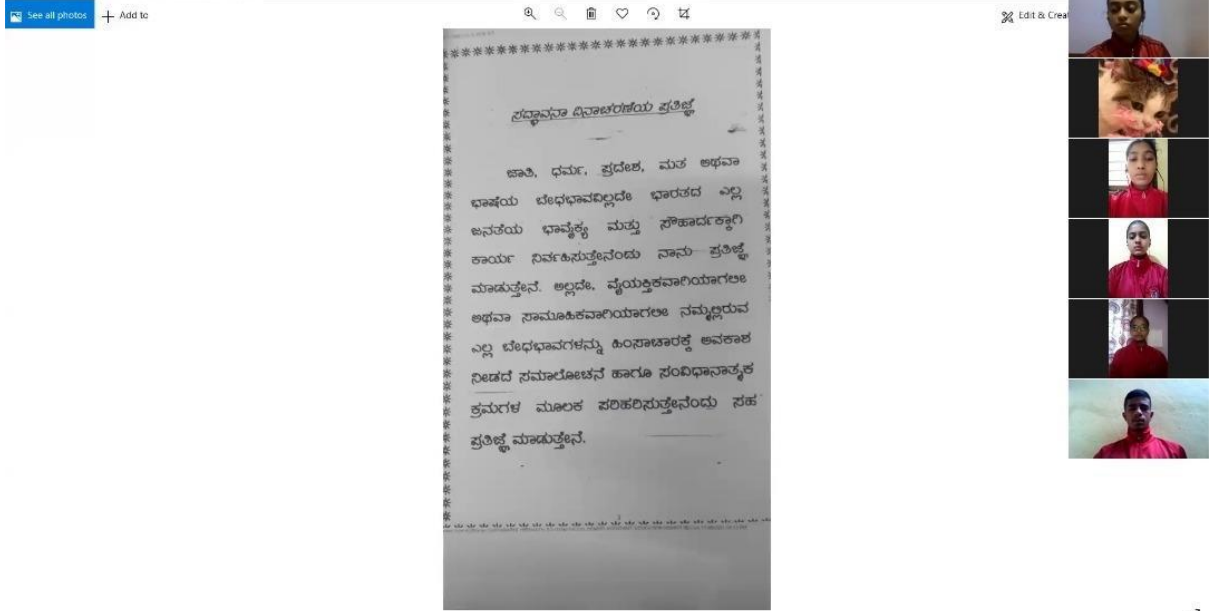
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## f. A walk through of the event





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## Attendance Sheet

SADBHAVANA DIWAS

Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	<i>[Signature]</i>
2	JUO	JAHNAVI B R	<i>[Signature]</i>
3	JUO	LIKITH C S	<i>[Signature]</i>
4	CSM	SANDESH S NAIR	<i>[Signature]</i>
5	SGT	VINAYASHREE	<i>[Signature]</i>
6	SGT	VARSHA A	<i>[Signature]</i>
7	CPL	SWAASA S R	<i>[Signature]</i>
8	LCPL	KIRANA	<i>[Signature]</i>
9	LCPL	CHETAN L	<i>[Signature]</i>
10	LCPL	LUCKY SHARMA	<i>[Signature]</i>
11	CDT	MONISHA	<i>[Signature]</i>
12	CDT	PRIYANKA	<i>[Signature]</i>
13	CDT	KRISHNAPRIYA E R	<i>[Signature]</i>
14	CDT	GIRIDHAR K	<i>[Signature]</i>
15	CDT	KESHAVA MURTHY	<i>[Signature]</i>
16	CDT	HASTHICK KUMAR	<i>[Signature]</i>
17	CDT	ROSHAN SATHISH	<i>[Signature]</i>
18	CDT	BHUVANESH	<i>[Signature]</i>
19	CDT	AMRITHA	<i>[Signature]</i>
20	CDT	ANUSHA N D	<i>[Signature]</i>
21	CDT	BHAVHNA	<i>[Signature]</i>
22	CDT	RAJINI B K	<i>[Signature]</i>
23	CDT	SHIRISHA	<i>[Signature]</i>
24	CDT	SHREEYA	<i>[Signature]</i>
25	CDT	JAYANTH	<i>[Signature]</i>
26	CDT	NAVEEN KUMAR R	<i>[Signature]</i>
27	CDT	PANKAJ JAIN	<i>[Signature]</i>
28	CDT	PARAS KUMAR B	<i>[Signature]</i>
29	CDT	PUNITH KUMAR	<i>[Signature]</i>
30	CDT	RAKESH G R	<i>[Signature]</i>
31	CDT	SAGAR KOTTI	<i>[Signature]</i>
32	CDT	SANGAM R GARG	<i>[Signature]</i>
33	CDT	SARVANA C	<i>[Signature]</i>
34	CDT	SHIVRE ADITHYA	<i>[Signature]</i>
35	CDT	SUBUSH YADAV	<i>[Signature]</i>
36	CDT	THARUN KUMAR	<i>[Signature]</i>
37	CDT	VENKATESH A	<i>[Signature]</i>
38	CDT	YAKSHITH V	<i>[Signature]</i>





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## "World Literacy Day" 8th September 2021

### Program Details

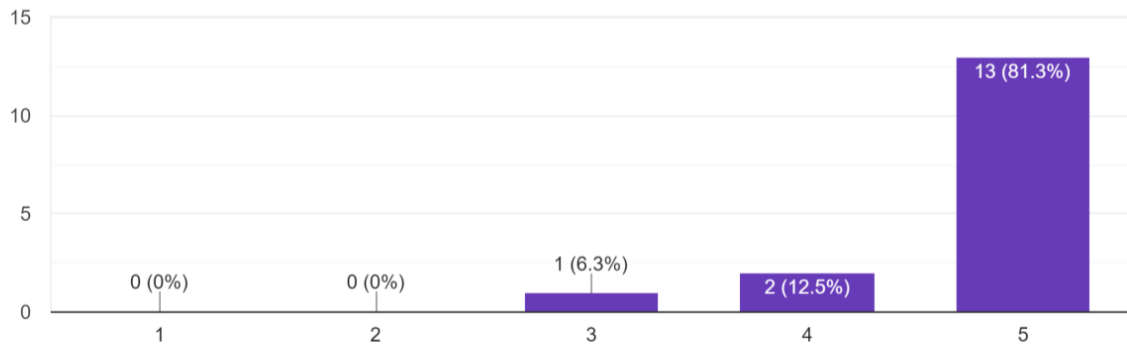
Cadets from 5/3 COY, Surana College NCC organized an orphanage visit to Belaku Shishu Nivasa and donated Stationery and groceries to the children. The event was conducted on 8th September 2021.

### Participants

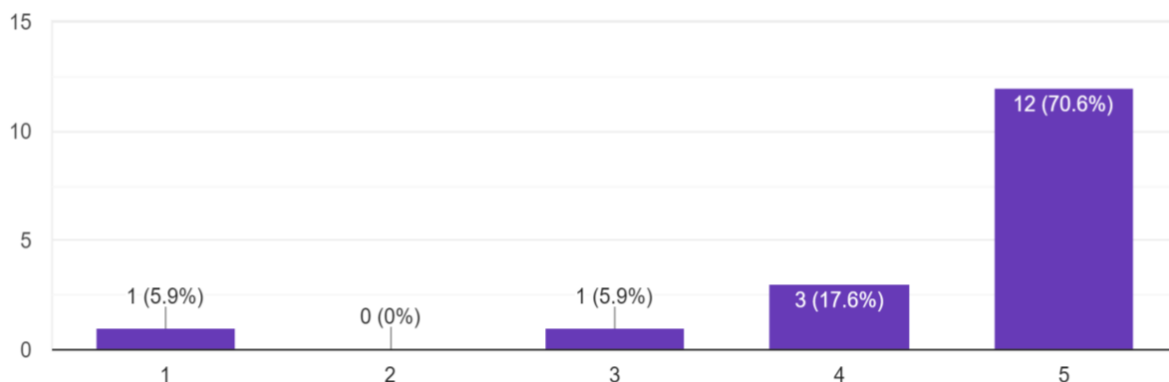
51 cadets from 5/3 COY were a part of the event.

### Feedback Of the event

#### a. How satisfied are you with the event



#### b. Relevance of the event





# Surana College

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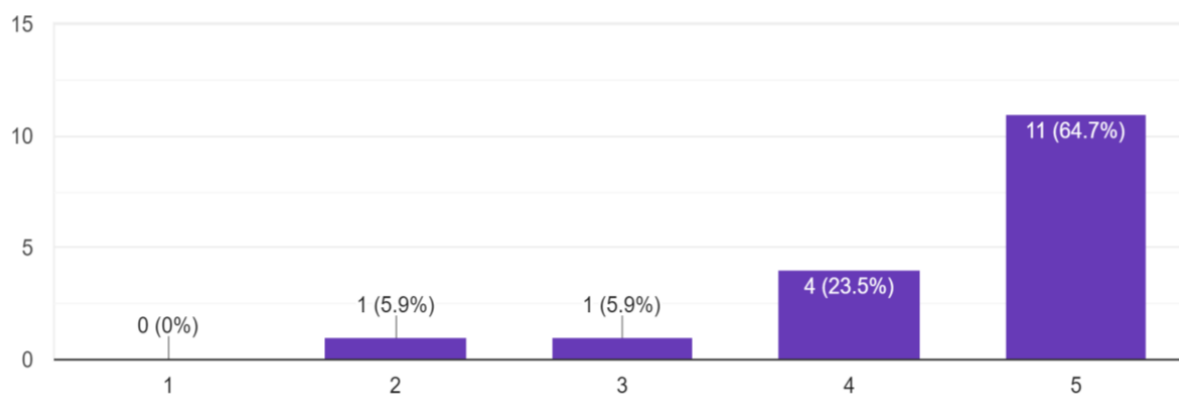
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## c. Key take a ways

- Importance of Education
- Value of the Education
- Enlighten the illiterates
- Reduce the illiteracy rate
- Teach the illiterate about the Education importance
- Learnt something new
- Knowledge about Literacy was very good
- Informative

## d. Overall satisfaction



## e. Overall feedback :

- Good
- Had a nice event
- I really gained lot of knowledge
- A great Event
- It was amazing
- Very informative
- Interesting
- Was very informational
- Super
- Learn to be grateful for what we have.



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## f. A Walk through of the event







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## Attendance Sheet

WORLD LITERACY DAY			
C	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	
2	JUO	JAHNAVI B R	
3	SGT	VINAYASHREE	
4	SGT	VARSHA A	
5	CPL	SWAASA S R	
6	LCPL	KIRANA	
7	CDT	MONISHA	
8	CDT	PRIYANKA	
9	CDT	KRISHNAPRIYA E R	
10	JUO	LIKITH C S	
11	CSM	SANDESH S NAIR	
12	CDT	GIRIDHAR K	
13	CDT	KESHAVA MURTHY	
14	CDT	HASTHICK KUMAR	
15	CDT	ROSHAN SATHISH	
16	CDT	BHUVANESH	
17	LCPL	LUCKY SHARMA	
18	CDT	AMRITHA	
19	CDT	ANUSHA N D	
20	CDT	BHAVHNA	
21	CDT	CHANDHANA	
22	CDT	DEEPA	
23	CDT	NIKITHA	
24	CDT	POOJITHA	
25	CDT	RAJINI B K	
26	CDT	SHIRISHA	
27	CDT	SHREEYA	
28	CDT	SPOORTHI	
29	LCPL	CHETHAN L	
30	CDT	AMAN KUMAR	



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31	CDI	ANKITH S	<i>Ankith S</i>
32	CDI	CHIRAG RAJU	<i>Chirag Raju</i>
33	CDI	HARSHITH N	<i>Harshith N</i>
34	CDI	JAYANTH	<i>Jayanth</i>
35	CDI	NAVEEN KUMAR R	<i>Naveen Kumar R</i>
36	CDI	PANKAJ JAIN	<i>Pankaj Jain</i>
37	CDI	PARAS KUMAR B	<i>Paras Kumar B</i>
38	CDI	PUNITH KUMAR	<i>Punith Kumar</i>
39	CDI	RAKESH G R	<i>Rakesh G R</i>
40	CDI	SAGAR KOTI	<i>Sagar Koti</i>
41	CDI	BANGAM R GARG	<i>Bangam R Garg</i>
42	CDI	SARVANA C	<i>Sarvana C</i>
43	CDI	SHIVRE ADITHYA	<i>Shivre Adithya</i>
44	CDI	SUBUSH YADAV	<i>Subush Yadav</i>
45	CDI	SUMUKHA M H	<i>Sumukha M H</i>
46	CDI	THARUN KUMAR	<i>Tharun Kumar</i>
47	CDI	VENKATESHA	<i>Venkatesha</i>
48	CDI	YAKSHITH V	<i>Yakshith V</i>
49	CDI	YOGESH SARAF	<i>Yogesh Saraf</i>



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## “World Animal Welfare Day” 27th October 2021

### Program Details

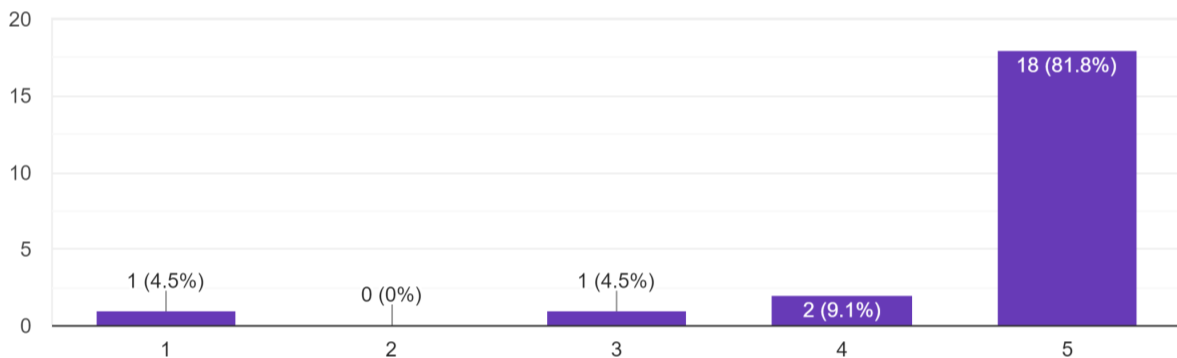
Cadets from 5/3 COY, Surana College NCC, on the occasion of Animal Welfare Day distributed food for the stray Animals near their homes. The event was conducted on 27th October 2021.

### Participants:

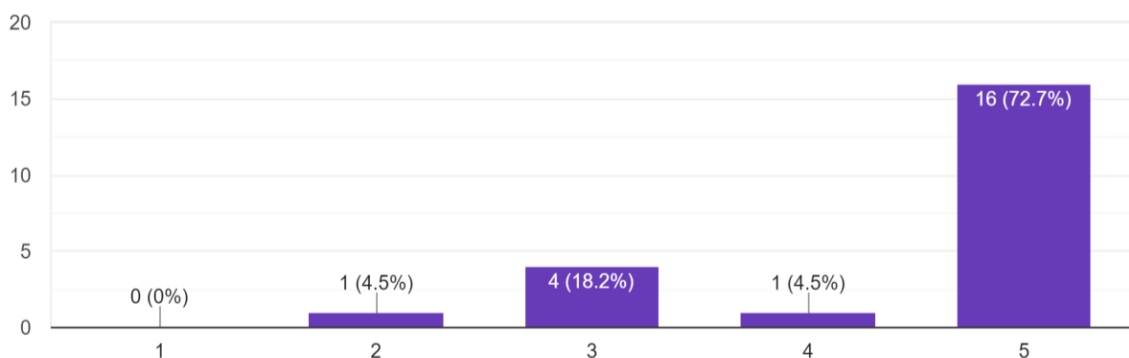
33 Cadets from 5/3 COY were a part of the event.

### Feedback Of the event:

#### a. How satisfied are you with the event



#### b. Relevance of the event







# Surana College

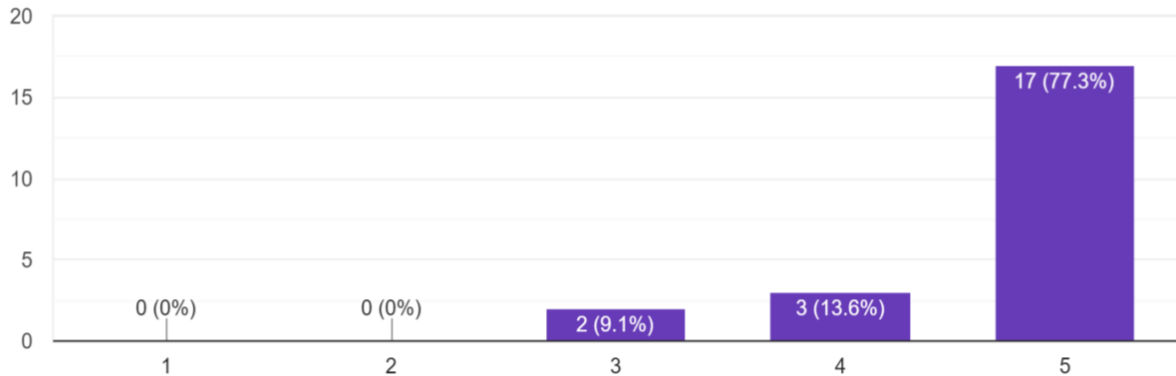
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## c. Key takeaways

- To Protect the animals
- Stop Killing animals
- Animal protection
- Learnt about the protection of the wildlife
- Stop the abuse of animals
- Animals protection Act 1960
- Animal life matters too.
- Animals also have feelings

## d. Overall satisfaction of the event



## e. Overall feedback

- Good
- Very useful
- Very informative
- It was knowledgeable
- The event was the very good
- Excellent
- Informative
- Good programme
- It was amazing
- It was really helpful and good
- Knowledgeable event
- Had a nice event with ppt explanation about world animal welfare day



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## f. A Walkthrough of the event







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## Attendance Sheet

### WORLD ANIMAL WELFARE DAY

Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	
2	JUO	JAHNAVI B R	
3	JUO	LIKITH C S	
4	CSM	SANDESH S NAIR	
5	SGT	VINAYASHREE	
6	SGT	VARSHA A	
7	CPL	SWAASA S R	
8	LCPL	KIRANA	
9	LCPL	CHETAN L	
10	LCPL	LUCKY SHARMA	
11	CDT	NIKITHA	
12	CDT	POOJITHA	
13	CDT	RAJINI B K	
14	CDT	SHIRISHA	
15	CDT	SHREEYA	
16	CDT	SPOORTHI	
17	CDT	SAGAR KOTTI	
18	CDT	SANGAM R GARG	
19	CDT	SARVANA C	
20	CDT	SHIVRE ADITHYA	
21	CDT	SUBUSH YADAV	
22	CDT	SUMUKHA M H	
23	CDT	THARUN KUMAR	
24	CDT	VENKATESH A	
25	CDT	YAKSHITH V	
26	CDT	YOGESH SARAF	
27	CDT	GIRIDHAR K	
28	CDT	MONISHA	
29	CDT	PRIYANKA	

30	CDT	KRISHNAPRIYA E R	
31	CDT	HASTHICK KUMAR	
32	CDT	ROSHAN SATHISH	
33	CDT	BHUVANESH	





# Surana College

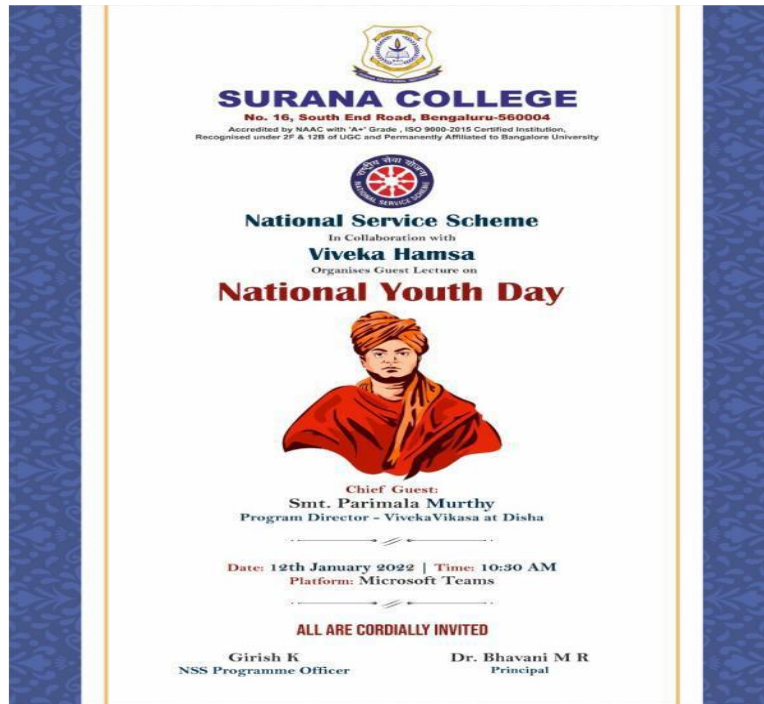
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## National youth Day celebration

Date:12th Jan 2022

As the saying goes "The youth has the power to challenge the issues in the society". NSS Unit of South End campus in collaboration with Vivek Hamsa organises Guest Lecture on National youth day.





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**"Girl Child Day"**

**24th January 2022**

SW cadets from 5/3 COY Surana College NCC, took photos with their parents and a collage was made from the pictures. The event was conducted on 24th January 2022.



**Participants:**

32 SW cadets from 5/3 COY participated in the event.



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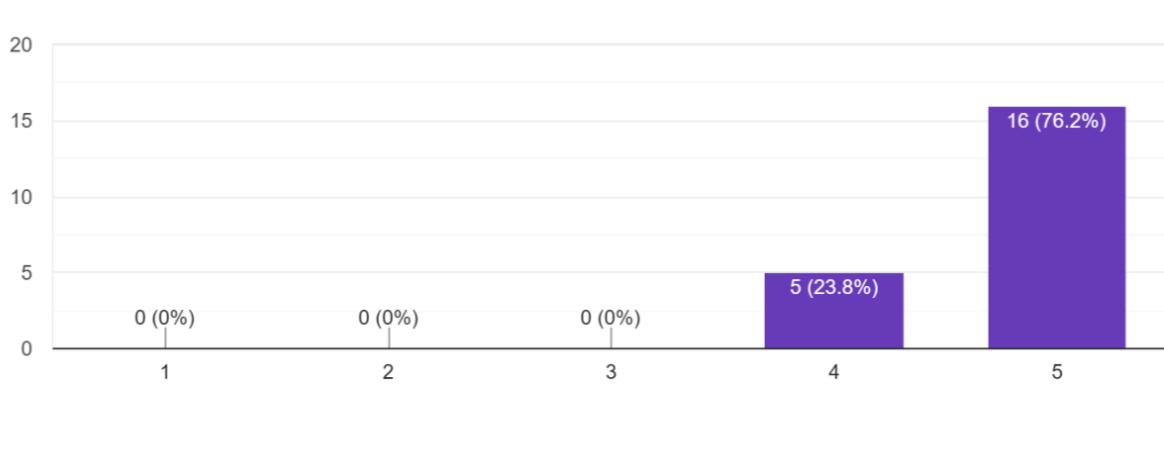
AUTONOMOUS

16, South End Road | Bengaluru-04

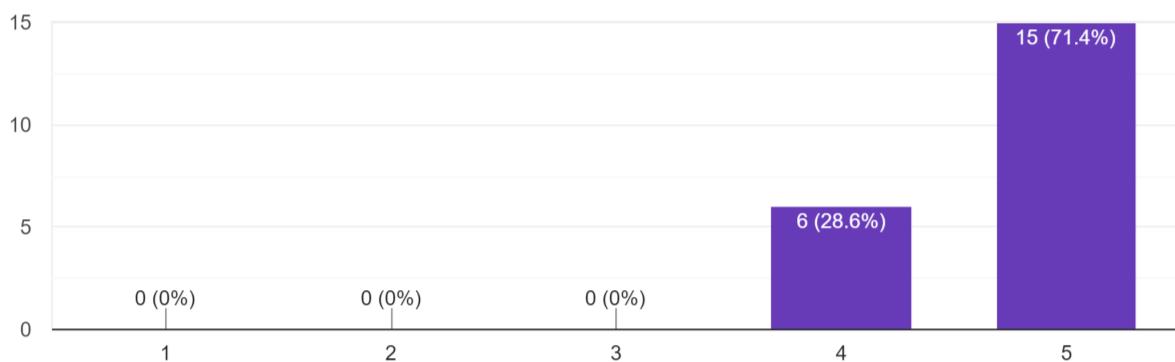
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## Feedback Of the event

### a. How satisfied are you the event



### b. Relevance of the event :



### C .Key takeaways :

- Protect girl child
- Hardships faced by girl children
- Problems faced by a girl child
- Gender equality





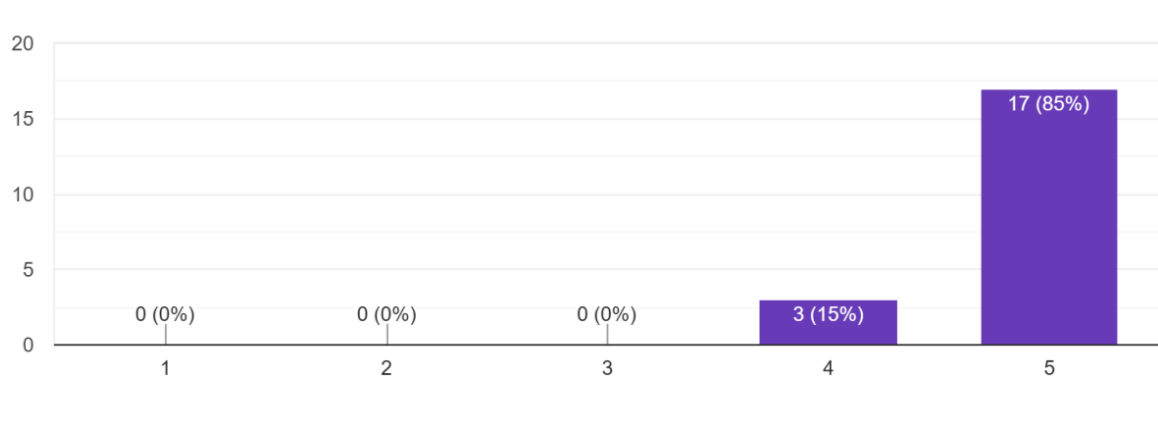
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## d. Overall satisfaction :



## e. Overall feedback

- Good experience
- Useful
- Very nice
- Good program
- Excellent
- Very insightful
- Very informational

## f. A walk through of the event





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## Attendance Sheet

GIRL CHILD DAY			
Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	Maahi
2	JUO	JHANAVI	Jhanavi
3	SGT	VINYASHREE	Vinyashree
4	SGT	VARSHA	Varsha
5	CPL	SWAASA	Swasa
6	LCPL	KIRANA	Kirana
7	LCPL	LUCKY	Lucky
8	CDT	MONISHA	Monisha
9	CDT	KRISHNAPRIYA	Krishnapriya
10	CDT	PRIYANKA	Priyanka
11	CDT	AMRITA	Amrita
12	CDT	SHREYA	Shreya
13	CDT	POOJITHA	Poojitha
14	CDT	CHANDANA	Chandana
15	CDT	SPOORTHY	Spoorthy
16	CDT	ANUSHA	Anusha
17	CDT	BHAVANA	Bhavana
18	CDT	SHIRISHA	Shirisha
19	CDT	SHIRISHA V	Shirisha V
20	CDT	MANUSHREE	Manushree
21	CDT	NITISHA	Nitisha
22	CDT	AISHWARYA	Aishwarya
23	CDT	SKASHI	Skashi
24	CDT	SHARANYA	Sharanya
25	CDT	LALITHA	Lalitha
26	CDT	SANIYA	Saniya
27	CDT	SPOORTHY	Spoorthy
28	CDT	NIKITHA	Nikitha
29	CDT	DEEPA	Deepa

30	CDT	BHOOMIKA	Bhoomika
31	CDT	KRUPA	Krupa
32	CDT	CHANDRIKA	Chandrika



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**“Say Yes To Life No To Drugs”**

**29th January 2022**

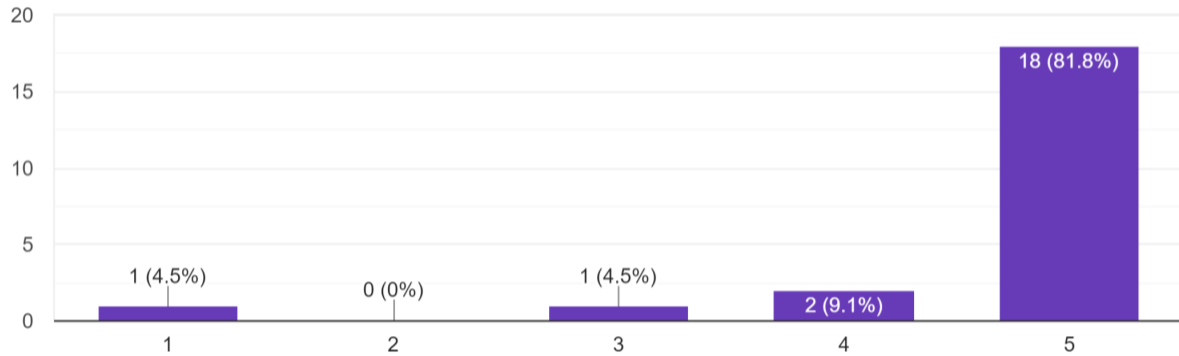
Cadets from 5/3 COY, Surana College NCC took a pledge to fight against drug abuse by creating awareness about the ill effects of drugs and to stay away from drugs and lead a healthy life. The cadets received their certificates through mail.

## Participants:

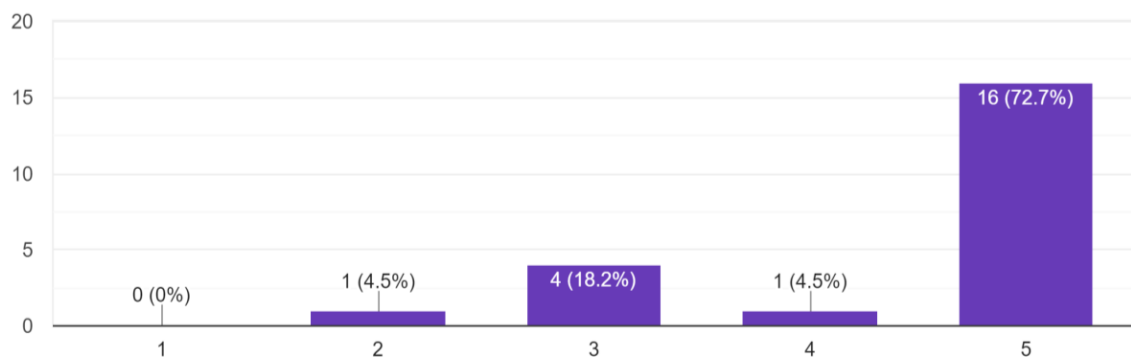
All cadets from 5/3 COY, Surana College NCC took part in the pledge

## Feedback Of the event:

### a. How satisfied are you with the event :



### b. Relevance of the event







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AUTONOMOUS

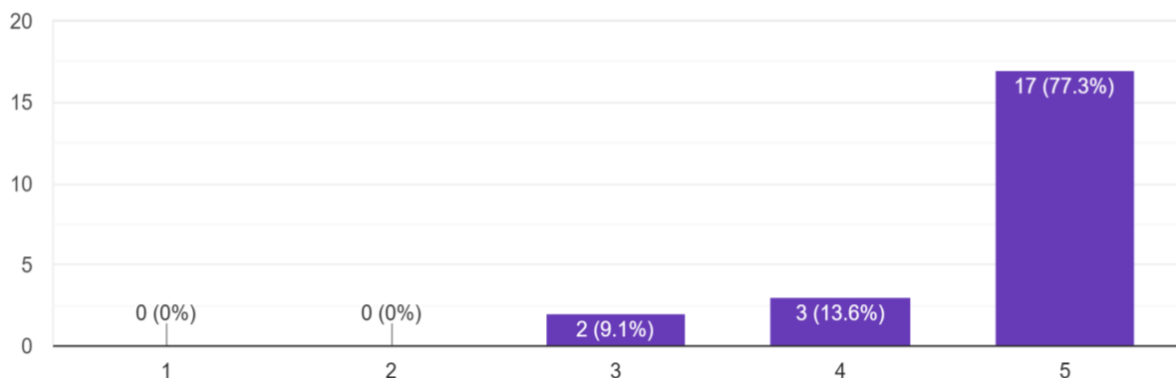
16, South End Road | Bengaluru-04

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## C. Key takeaways

- Awareness about drug abuse and preventive measures
- I understood how drugs could affect a individuality and their families
- Importance and side effects... Of drugs usage.. and I gotta know about types and limitations of drugs
- No drug use
- To stop youngers addiction towards drug
- How drugs influence and affect our lives in a bad way.
- Got to know how many types of illegal drugs are there and how be safe from those
- It was nice to know about the drugs and how we have to prevent it
- The event which made us aware of drug abuse in daily life and precautions

## d. Overall satisfaction of the event :





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## e. Overall feedback

- Very useful
- Very informative
- It was knowledgeable
- Stopping drug from children are youngsters and old people
- It was very insightful and awareness was given
- Informative
- Good programme
- It was amazing
- It was really helpful and good

## f. A walkthrough of the event :





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## Attendance Sheet

### SAY YES TO LIFE NO TO DRUGS PLEDGE

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	Maahi
2	JUO	LIKITH CS	Likith
3	CSM	SANDESH S NAIR	Sandesh
4	SGT	VINAYASHREE	Vinaya
5	SGT	VARSHA A	Varsha
6	CPL	SWAASA S R	Swasa
7	LCPL	KIRANA	Kirana
8	CDT	MONISHA	Monisha
9	CDT	PRIYANKA	Priyanka
10	CDT	KRISHNAPRIYA E R	Krishna
11	CDT	GIRIDHAR K	Giridhar
12	CDT	KESHAVA MURTHY	Keshava
13	CDT	HASTHICK KUMAR	Hasthick
14	CDT	ROSHAN SATHISH	Roshan
15	CDT	BHUVANESH	Bhuvanesh
16	LCPL	LUCKY SHARMA	Lucky
17	CDT	AMRITHA	Amritha
18	CDT	ANUSHA N D	Anusha
19	CDT	BHAVHNA	Bhavhna
20	CDT	CHANDHANA	Chandhana
21	CDT	DEEPA	Deepa
22	CDT	NIKITHA	Nikitha
23	CDT	POOJITHA	Poojitha
24	CDT	RAJINI B K	Rajini
25	CDT	SHIRISHA	Shirisha
26	CDT	SHREEYA	Shreeya
27	CDT	SPOORTHI	Spoorthi
28	LCPL	CHETHAN L	Chethan
29	CDT	AMAN KUMAR	Aman
30	CDT	ANKITH S	Ankith



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31	CDT	CHIRAG A RAJU	Chirag
32	CDT	HARSHITH N	Harshith
33	CDT	JAYANTH	Jayanth
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
38	CDT	RAKESH G R	Rakesh
39	CDT	SAGAR KOTTI	Sagar
40	CDT	SANGAM R GARG	Sangam
41	CDT	SARVANA C	Sarvana
42	CDT	SHIVRE ADITHYA	Shivre
43	CDT	SUBUSH YADAV	Subush
44	CDT	SUMUKHA M H	Sumukha
45	CDT	THARUN KUMAR	Tharun
46	CDT	VENKATESH A	Venkatesh
47	CDT	YAKSHITH V	Yakshith
48	CDT	YOGESH SARAF	Yogesh
49	CDT	ABHIJEET	Abhijeet
50	CDT	ABHISHEK	Abhishek
51	CDT	GIRISH	Girish
52	CDT	GOUTHAM V	Goutham
53	CDT	HARISH GOWDA B R	Harish
54	CDT	HARSHITH N	Harshith
55	CDT	HEMANTH RATHOD	Hemant
56	CDT	DHYAN P	Dhyanshu
57	CDT	MADAN N S	Madan
58	CDT	MARTIN	Martin
59	CDT	MD SAUD	Md Saud
60	CDT	NITHIN	Nithin
61	CDT	PRAJWAL	Prajwal
62	CDT	PRAMOD V	Pramod
63	CDT	RAHUL YADAV	Rahul
64	CDT	N SAI KRISHNA	N Sai Krishna
65	CDT	SAMPATH SINGH	Sampath



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66	CDT	SHIVA PRASAD	<u>Shiva</u>
67	CDT	SHREYAS	<u>Shreyas</u>
68	CDT	VIGNESHWAR S	<u>Vigneshwar</u>
69	CDT	MOHAMMAD HAMEED	<u>Mohammed</u>
70	CDT	DIVYANSH	<u>Divyansh</u>
71	CDT	J GAURAV VARMA	<u>J Gaurav</u>
72	CDT	SRINIVAS T S	<u>Srinivas</u>
73	CDT	SHAMANTH J	<u>Shamant</u>
74	CDT	MOHITH CY	<u>Mohith</u>
75	CDT	RANGANATH G.P	<u>Ranganath</u>
76	CDT	GOUTHAM A	<u>Goutham</u>
77	CDT	SHASHANKA HOLLA	<u>Shashanka</u>
78	CDT	CHANDRIKA U	<u>Chandrika</u>
79	CDT	GNANASHRIYA H JETTY	<u>Gnanashriya</u>
80	CDT	KRUPA C A	<u>Krupa</u>
81	CDT	LALITHA A	<u>Lalitha</u>
82	CDT	MANUSHREE V	<u>Manushree</u>
83	CDT	NITISHA KANWAR	<u>Nitisha</u>
84	CDT	SAKSHI RAMESH	<u>Sakshi</u>
85	CDT	SANIYA SINGH	<u>Saniya</u>
86	CDT	SHIRISHA V	<u>Shirisha</u>
87	CDT	SPOORTHI K	<u>Spoorthi</u>
88	CDT	SUNIANA	<u>Suniana</u>





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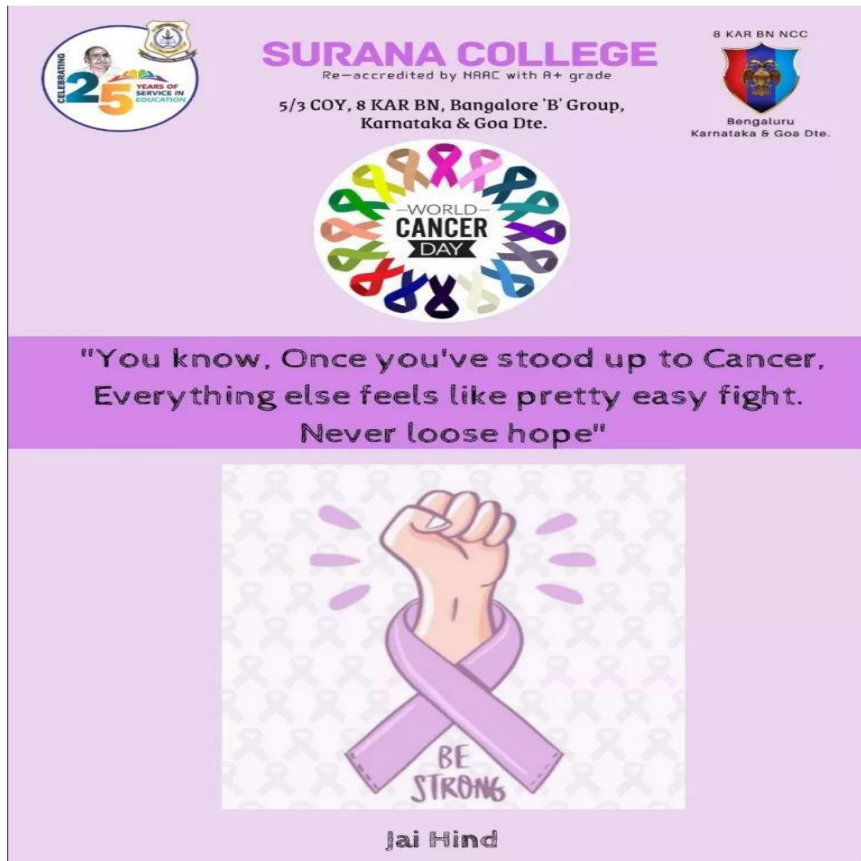
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**“World Cancer Day”**

**4th February 2022**

Cadets from 5/3 COY, Surana College NCC, customized posters on the occasion of World Cancer Day, and uploaded them on their Social media handles.



## Participants

88 Cadets from 5/3 COY, Surana College NCC participated and made posters



# Surana College

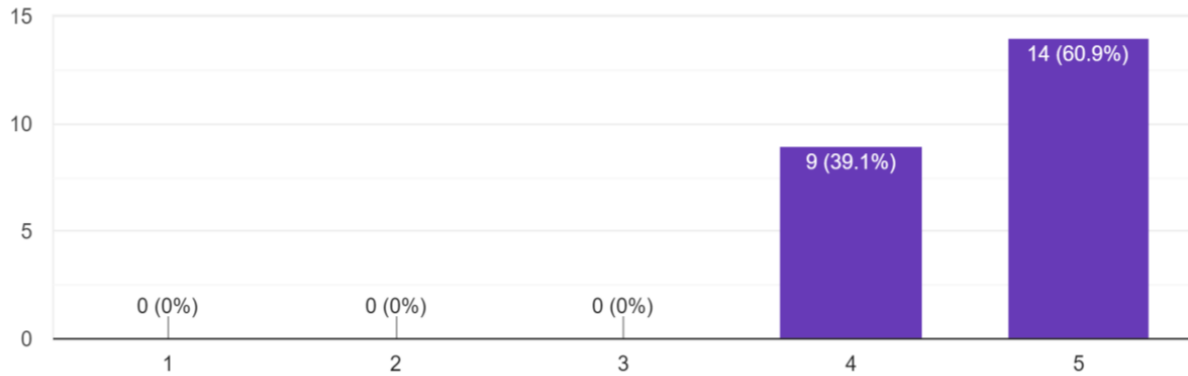
AUTONOMOUS

16, South End Road | Bengaluru-04

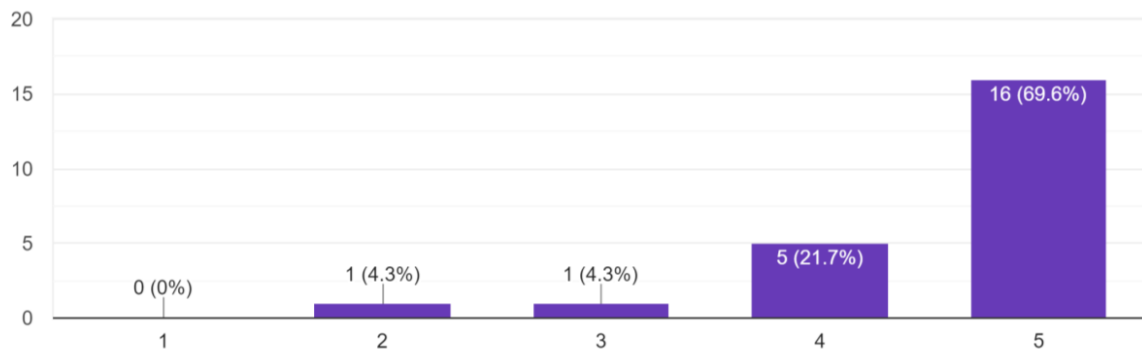
Reaccredited 'A+' Grade by NAAC | Affiliated to Bengaluru University

## Feedback Of the event:

### a. How satisfied are you with the event :



### b. Relevance of the event :



### c. Key takeaways :

- Learnt about the cancer
- How to face cancer
- Precaution from cancer
- It was a wonderful experience.
- Health plays a major role.
- Good health
- To be fit to fight cancer
- To stay healthy Keep ourselves fit
- Being fit keeps us healthy



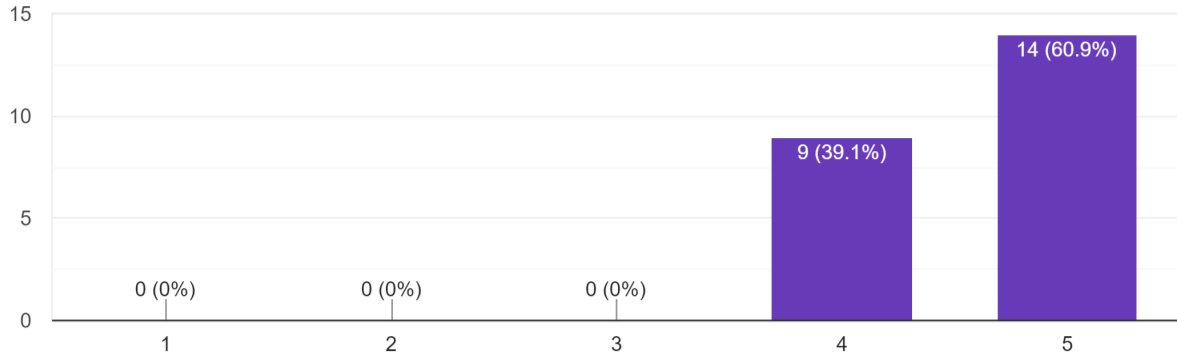
# Surana College

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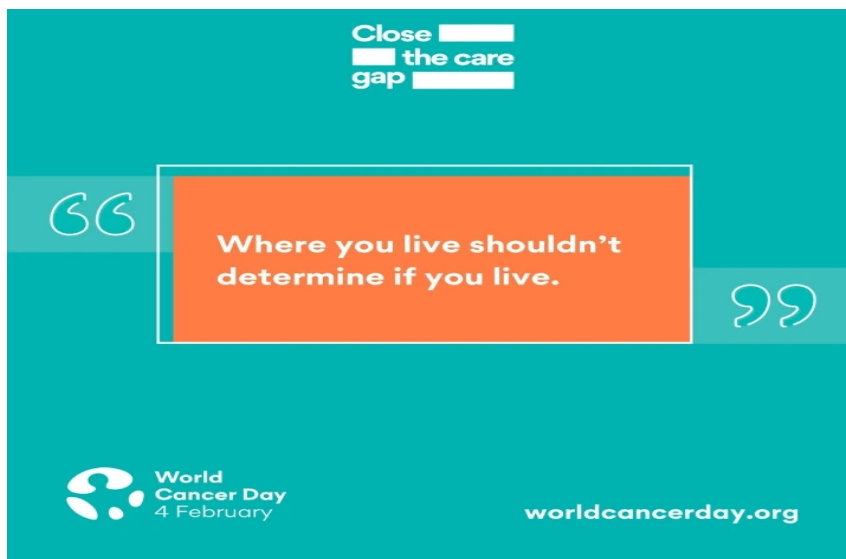
## d. Overall satisfaction



## e. Overall feedback

- It was a great experience
- Excellent
- Good programme
- Healthy and interesting
- Great experience
- Informative
- Very good
- Amazing program, need much more programs like this further

## f. A walk through of the event







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Close   
the care  
gap 

“



Enjoy every little thing in the world, so the big things like cancer will never defeat you

”

#CloseTheCareGap  
worldcancerday.org  
Join us on 4 February



World Cancer Day  
4 February


Close   
the care  
gap 

“

Once you choose hope, anything is possible!

”

#CloseTheCareGap  
worldcancerday.org  
Join us on 4 February



World Cancer Day  
4 February



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## Attendance Sheet

**WORLD CANCER DAY**

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	MaHi
2	JUO	LIKITH C S	Likith
3	CSM	SANDESH S NAIR	Sandesh
4	SGT	VINAYASHREE	Vinaya
5	SGT	VARSHA A	Varsha
6	CPL	SWAASA S R	Swasa
7	LCPL	KIRANA	Kirana
8	CDT	MONISHA	Monisha
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11	CDT	GIRIDHAR K	Giridhar
12	CDT	KESHAVA MURTHY	Keshava
13	CDT	HASTHICK KUMAR	Hasthick
14	CDT	ROSHAN SATHISH	Roshan
15	CDT	BHUVANESH	Bhuvanesh
16	LCPL	LUCKY SHARMA	Lucky Sharma
17	CDT	AMRITHA	Amritha
18	CDT	ANUSHAN D	Anushan
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23	CDT	POOJITHA	Poojitha
24	CDT	RAJINI B K	Rajini
25	CDT	SHIRISHA	Shirisha
26	CDT	SHREEYA	Shreeya
27	CDT	SPOORTHY	Spoorthy
28	LCPL	CHETHAN L	Chethan
29	CDT	AMAN KUMAR	Aman
30	CDT	ANKITH S	Ankith
31	CDT	CHIRAG A RAJU	Chirag
32	CDT	HARSHITH N	Harshith



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33	CDT	JAYANTH	Jayanth
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
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39	CDT	SAGAR KOTTI	Sagar
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53	CDT	HARISH GOWDA B R	Harish
54	CDT	HARSHITH N	Harshith
55	CDT	HEMANTH RATHOD	Hemant
56	CDT	DHYAN P	Dhyan
57	CDT	MADAN N S	Madan
58	CDT	MARTIN	Martin
59	CDT	MD SAUD	Md Saud
60	CDT	NITHIN	Nithin
61	CDT	PRAJWAL	Prajwal
62	CDT	PRAMOD V	Pramod
63	CDT	RAHUL YADAV	Rahul
64	CDT	N SAI KRISHNA	N Sai Krishna
65	CDT	SAMPATH SINGH	Sampath
66	CDT	SHIVA PRASAD	Shiva
67	CDT	SHREYAS	Shreyas
68	CDT	VIGNESHWAR S	Vigneshwar
69	CDT	MOHAMMAD HAMEED	Mohammed





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70	CDT	DIVYANSH
71	CDT	J GAURAV VARMA
72	CDT	SRINIVAS T S
73	CDT	SHAMANTH J
74	CDT	MOHITH CY
75	CDT	RANGANATH G.P
76	CDT	GOUTHAM A
77	CDT	SHASHANKA HOLLA
78	CDT	CHANDRIKA U
79	CDT	GNANASHRIYA H JETTY
80	CDT	KRUPA C A
81	CDT	LALITHA A
82	CDT	MANUSHREE V
83	CDT	NITISHA KANWAR
84	CDT	SAKSHI RAMESH
85	CDT	SANIYA SINGH
86	CDT	SHIRISHA V
87	CDT	SPOORTHI K
88	CDT	SUNIANA

*Handwritten signatures in blue ink, corresponding to the names in the table, are written to the right of each row.*



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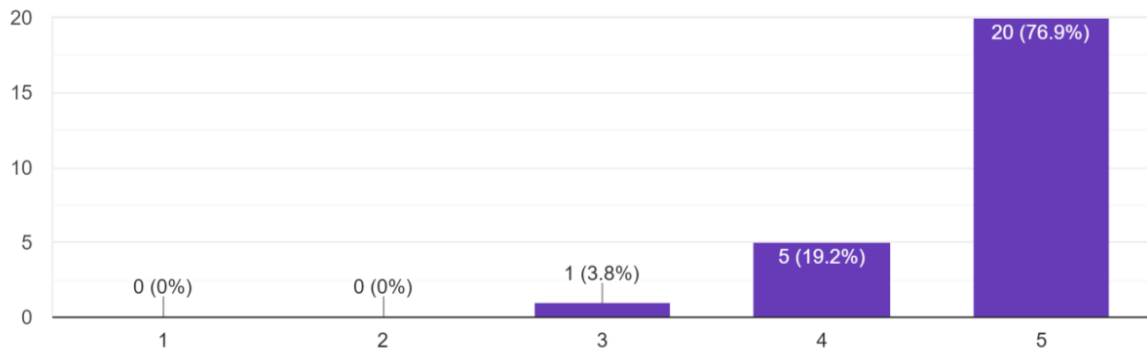
## “Trekking Expedition”

6th And 7th February 2022

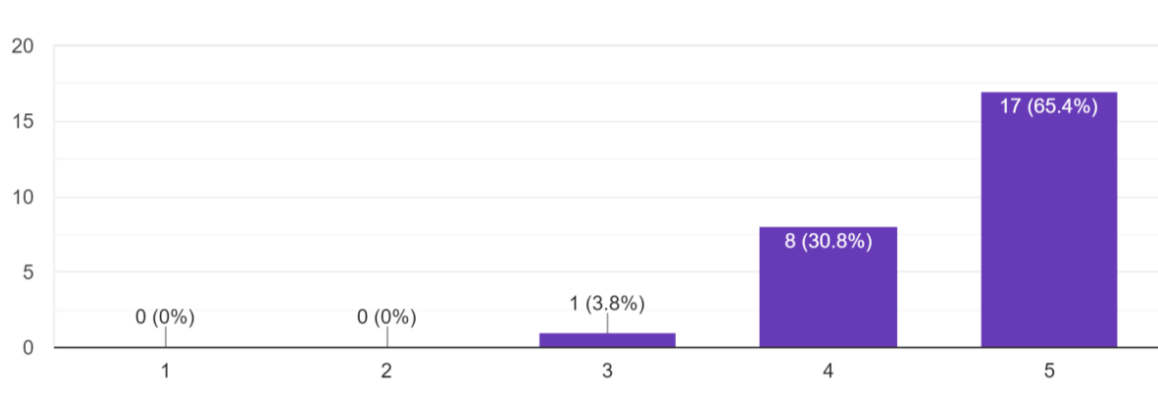
Cadets from 5/3 COY, Surana college NCC were taken to an overnight stay and an early morning trek to Makalidurgha hill which was conducted by 5/3 COY.

### Feedback of the event

#### a. How satisfied were you with the event



#### b. Relevance of the event





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## c. Key takeaways

- We had a Beautiful experience with junior's and ANO sir. It's was a wonderful trekking
- Staying fit during trekking was very important
- Good Memories
- The key takeaway was we all cadets went together and helped each other to climb the mountain and some of them gave josh to there buddy pare
- Watching sunrise for the first time at high altitude, stars filled in the sky at night, watching clouds moment,.
- Beautiful place
- Amazing place
- It was a very adventurous experience as we had went early morning to see the sun rise
- Beautiful experience
- the dedication to complete the trek
- A better experience





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## "Yoga Workshop" 28th February 2022

Cadets Of 5/3 COY Organized A Yoga Workshop In Collaboration With Fit shape Led By Parul Sinha, The Founder And Promoter Of Fit shape.

**SURANA COLLEGE**  
Re-accredited by NAAC with A+ grade

5/3 COY, 8 KAR BN, Bangalore 'B' Group,  
Karnataka & Goa Dte.

8 KAR BN NCC  
Bengaluru  
Karnataka & Goa Dte.

In collaboration with

Fitshape

is organising a

# YOGA WORKSHOP

Yoga is the journey  
of the self,  
through the self,  
to the self.

Date: 28th February, 2022.  
Entry fee- 25rs.  
Time- 7:00am-9:00am.  
Dress code- White t-shirt and black pant.  
Venue- Surana College quadrangle.

**PARUL  
SINHA**  
Founder & Promoter  
Fitshape

Jai Hind



# Surana College

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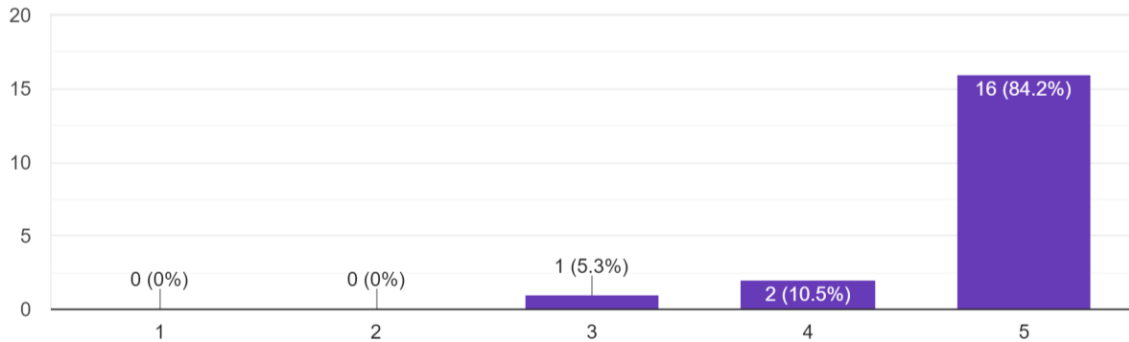
16, South End Road | Bengaluru-04  
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## Participants:

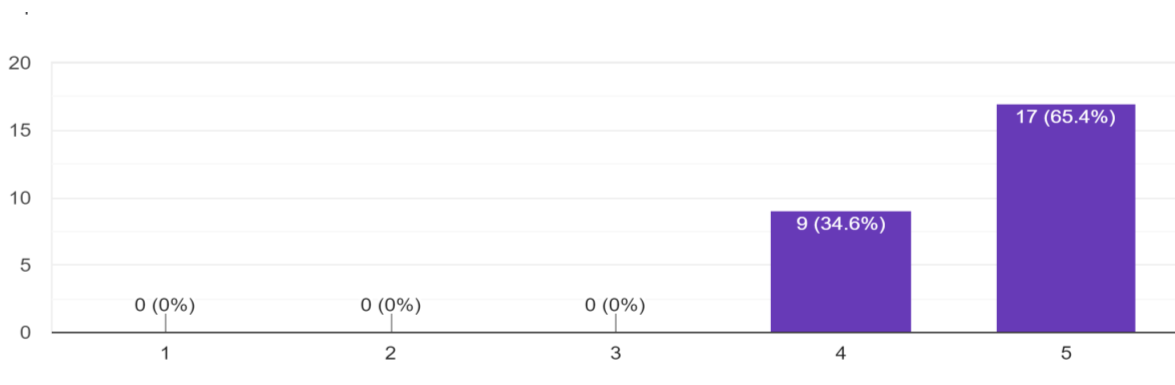
50 Cadets From Surana College NCC Participated In A Yoga Workshop.

## Feedback of the event:

### a. How satisfied were you with the event :



### B. Relevance of the Event :



### c. Key takeaways

- Importance of yoga
- Realize the importance of yoga and encourage others to practice yoga
- I learnt how various Asanas are performed
- I learnt new asanas
- Learnt different asanas
- Practicing yoga will make us fit mentally and physically
- Pranayam



# Surana College

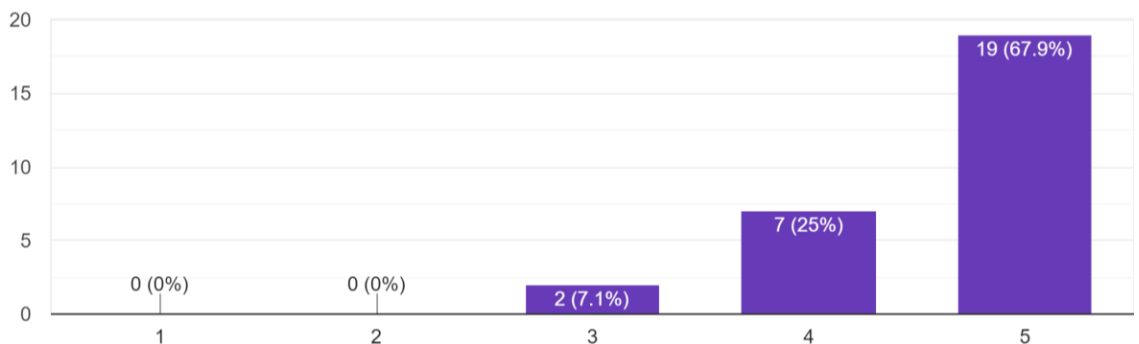
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- Learnt the proper way to do yoga
- Creativity
- Learnt something
- I learnt new asanas which very useful
- I learnt many yoga poses and how to do them
- Doing Asanas for our better health and uses of Asanas .
- Health tips
- Meditations with chill mind

## D. Overall Satisfaction :



## e. Overall feedback :

- It was good
- Very good
- A Fantastic event
- It was a healthy event... Which happened to me during lockdown
- We practiced yoga to make a video and submit it which was good
- Do yoga everyday
- Good
- It was amazing
- It was fun
- Got to know about my body and mind flexibility





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- It was good and nice
- Had a nice event with all the cadets doing different Asanas and enjoyed it
- A creative event

## f. A walk through of the event :





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## Attendance Sheet

**YOGA WORKSHOP**

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	Mahe
2	JUO	LIKITH C S	Likith
3	CSM	SANDESH S NAIR	Sandesh
4	SGT	VINAYASHREE	Vinayashree
5	SGT	VARSHA A	Varsha
6	CPL	SWAASA S R	Swasa
7	LCPL	KIRANA	Kirana
8	CDT	MONISHA	Monisha
9	CDT	PRIYANKA	Priyanka
10	CDT	KRISHNAPRIYA E R	Krishnapriya
11	CDT	GIRIDHAR K	Giridhar
12	CDT	KESHAVA MURTHY	Keshava
13	CDT	HASTHICK KUMAR	Hasthick
14	CDT	ROSHAN SATHISH	Roshan
15	CDT	BHUVANESH	Bhuvanesh
16	LCPL	LUCKY SHARMA	Lucky
17	CDT	AMRITHA	Amritha
18	CDT	ANUSHA N D	Anusha
19	CDT	BHAVHNA	Bhavhna
20	CDT	CHANDHANA	Chandhana
21	CDT	DEEPA	Deepa
22	CDT	NIKITHA	Nikitha
23	CDT	POOJITHA	Poojitha
24	CDT	RAJINI B K	Rajini
25	CDT	SHIRISHA	Shirisha
26	CDT	SHREEYA	Shreeya
27	CDT	SPOORTHI	Spoorthi
28	LCPL	CHETHAN L	Chethan
29	CDT	AMAN KUMAR	Aman
30	CDT	ANKITH S	Ankith
31	CDT	CHIRAG A RAJU	Chirag

32	CDT	HARSHITH N	Harshith
33	CDT	JAYANTH	Jayanth
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
38	CDT	RAKESH G R	Rakesh
39	CDT	SAGAR KOTTI	Sagar
40	CDT	SANGAM R GARG	Sangam
41	CDT	SARVANA C	Sarvana
42	CDT	SHIVRE ADITHYA	Shivre
43	CDT	SUBUSH YADAV	Subush
44	CDT	SUMUKHA M H	Sumukha
45	CDT	THARUN KUMAR	Tharun
46	CDT	VENKATESH A	Venkatesh
47	CDT	YAKSHITH V	Yakshith
48	CDT	YOGESH SARAF	Yogesh
49	CDT	SHASHANKA HOLLA	Shashanka
50	CDT	GOWTHAM V	Gowtham



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**"International Women's Day"**  
**8th March 2022**

Cadets of 5/3 COY on the occasion of women's day gave small gifts to women to appreciate their hard work and sacrifices they make every single day.

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5/3 COY, 8 KAR BN,  
Bangalore 'B' Group,  
Karnataka and Goa Dte.

8 KAR BN NCC  
Bengaluru  
Karnataka & Goa Dte.

Wishes all the women, a happy  
**INTERNATIONAL  
WOMEN'S DAY**  
8th March

On the occasion of Women's day,  
All the cadets gifted a small gift,  
chocolates as a token of  
appreciation to women working  
in public services near their  
houses.

Here's to strong women,  
may we know them,  
may we be them,  
may we raise them.

Jai Hind

## Participants

All cadets from 5/3 COY Surana College NCC had given a token of gratitude to women's.





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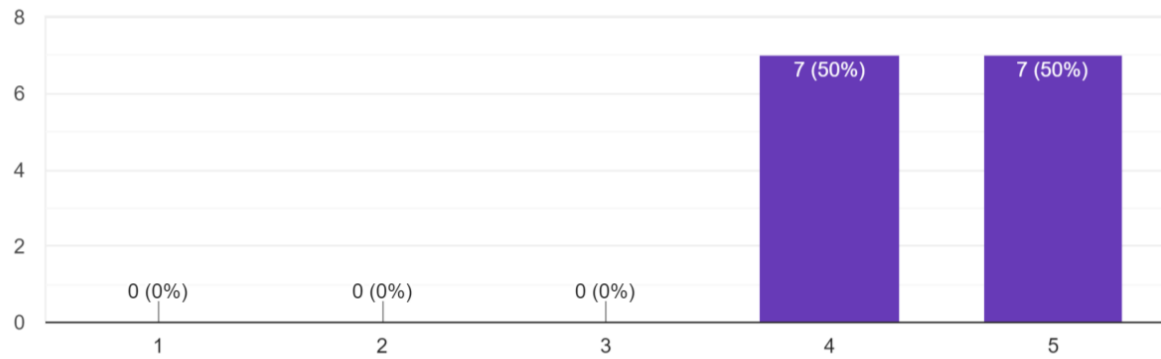
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16, South End Road | Bengaluru-04

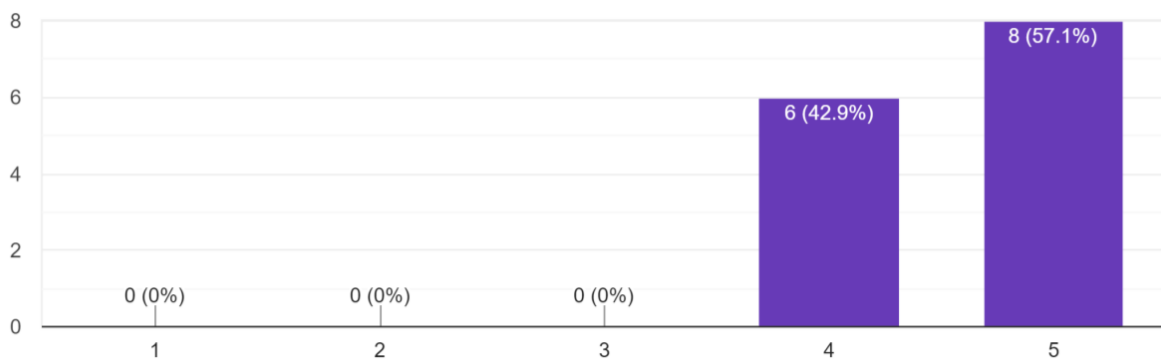
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## Feedback of the event

### a. How satisfied are you with the event



### b. Relevance of the event



### c. Key takeaways

- Importance of women
- I learnt about the life of women's
- Women empowerment
- Give a token of gratitude
- Hardships of women



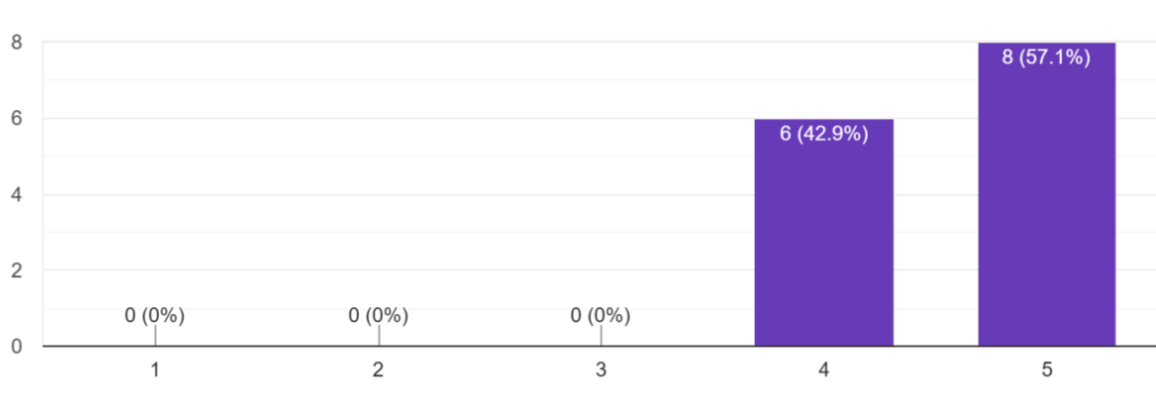
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## d. Overall satisfaction



## e. overall feedback

- Good
- Nice
- Amazing

## f. A walk through of the event





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## Attendance Sheet

INTERNATIONAL WOMEN'S DAY

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	
2	JUO	LIKITH C S	
3	CSM	SANDESH S NAIR	
4	SGT	VINAYASHREE	
5	SGT	VARSHA A	
6	CPL	SWAASA S R	
7	LCPL	KIRANA	
8	CDT	MONISHA	
9	CDT	PRIYANKA	
10	CDT	KRISHNAPRIYA E R	
11	CDT	GIRIDHAR K	
12	CDT	KESHAVA MURTHY	
13	CDT	HASTHICK KUMAR	
14	CDT	ROSHAN SATHISH	
15	CDT	BHUVANESH	
16	LCPL	LUCKY SHARMA	
17	CDT	AMRITHA	
18	CDT	ANUSHA N D	
19	CDT	BHAVHNA	
20	CDT	CHANDHANA	
21	CDT	DEEPA	
22	CDT	NIKITHA	
23	CDT	POOJITHA	
24	CDT	RAJINI B K	
25	CDT	SHIRISHA	
26	CDT	SHREEYA	
27	CDT	SPOORTHI	



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28	LCPL	CHETHAN L	Chethan
29	CDT	AMAN KUMAR	Aman
30	CDT	ANKITH S	Ankith
31	CDT	CHIRAG A RAJU	Chirag
32	CDT	HARSHITH N	Harshith
33	CDT	JAYANTH	Jayanth
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
38	CDT	RAKESH G R	Rakesh
39	CDT	SAGAR KOTTI	Sagar
40	CDT	SANGAM R GARG	Sangam
41	CDT	SARVANA C	Sarvana
42	CDT	SHIVRE ADITHYA	Shivre
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44	CDT	SUMUKHA M H	Sumukha
45	CDT	THARUN KUMAR	Tharun
46	CDT	VENKATESH A	Venkatesh
47	CDT	YAKSHITH V	Yakshith
48	CDT	YOGESH SARAF	Yogesh
49	CDT	ABHIJEET	Abhijeet
50	CDT	ABHISHEK	Abhishek
51	CDT	GIRISH	Girish
52	CDT	GOUTHAM V	Goutham
53	CDT	HARISH GOWDA B R	Harish
54	CDT	HARSHITH N	Harshith
55	CDT	HEMANTH RATHOD	Hemant
56	CDT	DHYAN P	Dhyanshu
57	CDT	MADAN N S	Madan
58	CDT	MARTIN	Martin
59	CDT	MD SAUD	Md Saud
60	CDT	NITHIN	Nithin
61	CDT	PRAJWAL	Prajwal
62	CDT	PRAMOD V	Pramod



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63	CDT	RAHUL YADAV	<i>Rahul</i>
64	CDT	N SAI KRISHNA	<i>Sakshid</i>
65	CDT	SAMPATH SINGH	<i>Sampath</i>
66	CDT	SHIVA PRASAD	<i>Shivaprasad</i>
67	CDT	SHREYAS	<i>Shreyas</i>
68	CDT	VIGNESHWAR S	<i>Vigneshwar</i>
69	CDT	MOHAMMAD HAMEED	<i>Mohammed</i>
70	CDT	DIVYANSH	<i>Divyansh</i>
71	CDT	J GAURAV VARMA	<i>J Gaurav</i>
72	CDT	SRINIVAS T S	<i>Srinivas</i>
73	CDT	SHAMANTH J	<i>Shamant</i>
74	CDT	MOHITH CY	<i>Mohith</i>
75	CDT	RANGANATH G P	<i>Ranganath</i>
76	CDT	GOUTHAM A	<i>Goutham</i>
77	CDT	SHASHANKA HOLLA	<i>Shashank</i>
78	CDT	CHANDRIKA U	<i>Chandrika</i>
79	CDT	GNANASHRIYA H JETTY	<i>Gnanashriya</i>
80	CDT	KRUPA C A	<i>Krupa</i>
81	CDT	LALITHA A	<i>Lalitha</i>
82	CDT	MANUSHREE V	<i>Manushree</i>
83	CDT	NITISHA KANWAR	<i>Nitisha</i>
84	CDT	SAKSHI RAMESH	<i>Sakshi</i>
85	CDT	SANIYA SINGH	<i>Saniya</i>
86	CDT	SHIRISHA V	<i>Shirisha</i>
87	CDT	SPOORTHI K	<i>Spoorthi</i>
88	CDT	SUNIANA	<i>Suniana</i>





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## "No Tobacco Day"

31 th May 2022

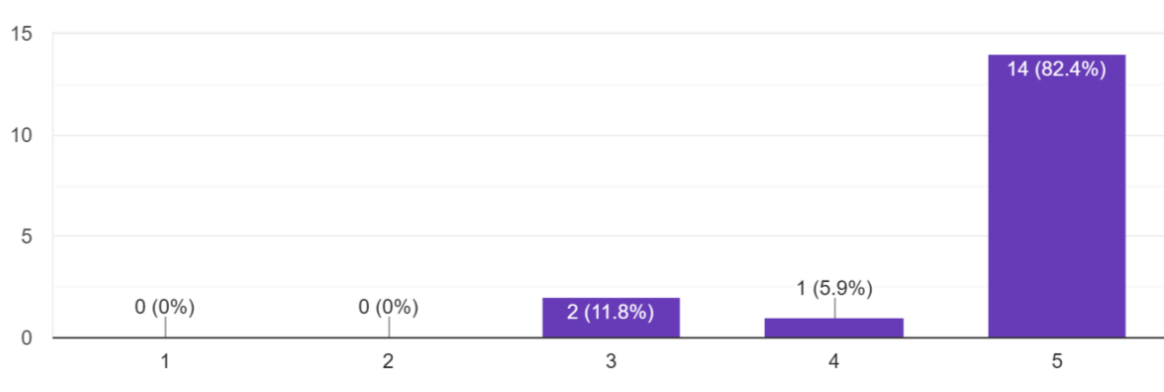
Cadets from 5/3 COY, Surana College NCC on the occasion of World Tobacco day, took a pledge not to use tobacco products and created a flag area of lungs in the college quadrangle to spread awareness about the harmful effects of tobacco. The event was conducted on 31st May 2022.

### Participants

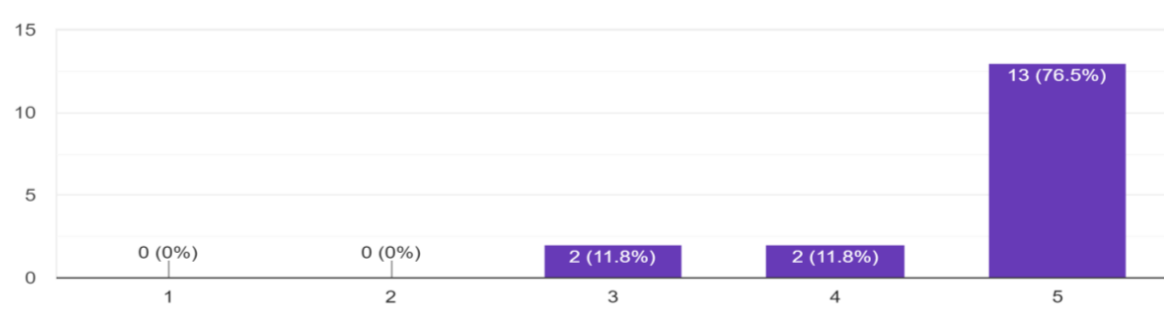
19 SD and 11 SW Cadets from 5/3 COY Surana College NCC took pledge.

### Feedback of the event

#### a. How satisfied are you with the event



#### b. Relevance of the event





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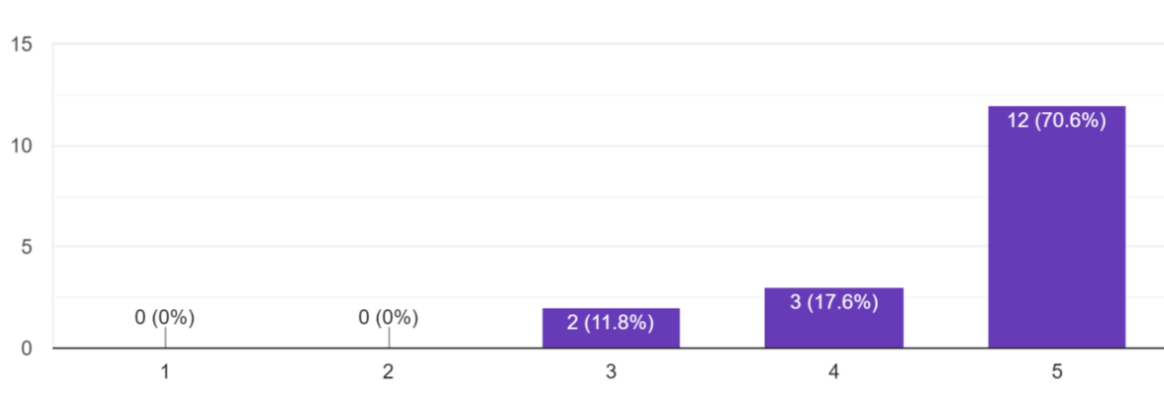
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## c. Key takeaways

- Very nice experience
- Will never break the pledge
- Meaningful
- Taking pledge
- Prevent smoking
- Taking a pledge to never smoke

## d. Overall satisfaction



## e. Overall feedback

- It was a great experience .
- Great
- Nice
- Very good
- Good
- Amazing



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## f. A walkthrough of the event







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## ATTENDANCE SHEET

NO TOBACCO DAY			
Sn No	Rank	Name	Signature
1	LCPL	CHETHAN L	Chethan
2	CDT	AMRITA	Amrita
3	CDT	POOJITHA	Poojitha
4	CDT	SPOORTHI	Spoorthi
5	CDT	SHREYA	Shreya
6	CDT	CHANDANA	Chandana
7	CDT	YOGESH	Yogesh
8	CDT	JAYANTH	Jayanth
9	CDT	PANKAJ	Pankaj
10	CDT	RAKESH	Rakesh
11	CDT	SHIRISHA	Shirisha
12	CDT	CHANDRIKA	Chandrika
13	CDT	GANASHRIYA	Ganashriya
14	CDT	SPOORTHI	Spoorthi
15	CDT	MANUSHREE	Manushree
16	CDT	SHIVA PRASAD	Shiva
17	CDT	SHASHANKA HOLLA	Shashanka
18	CDT	GOWTHAM V	Gowtham
19	CDT	SAGAR	Sagar
20	CDT	KRUPA	Krupa
21	CDT	NIKITHA	Nikitha
22	CDT	DEEPA	Deepa
23	CDT	SANIYA	Saniya
24	CDT	YAKSHITH	Yakshith
25	CDT	LALITHA	Lalitha
26	CDT	SANGAM	Sangam
27	CDT	PARAS	Paras
28	CDT	SUBHASH	Subhash
29	CDT	ADITYA	Aditya
30	CDT	SHARANYA	Sharanya



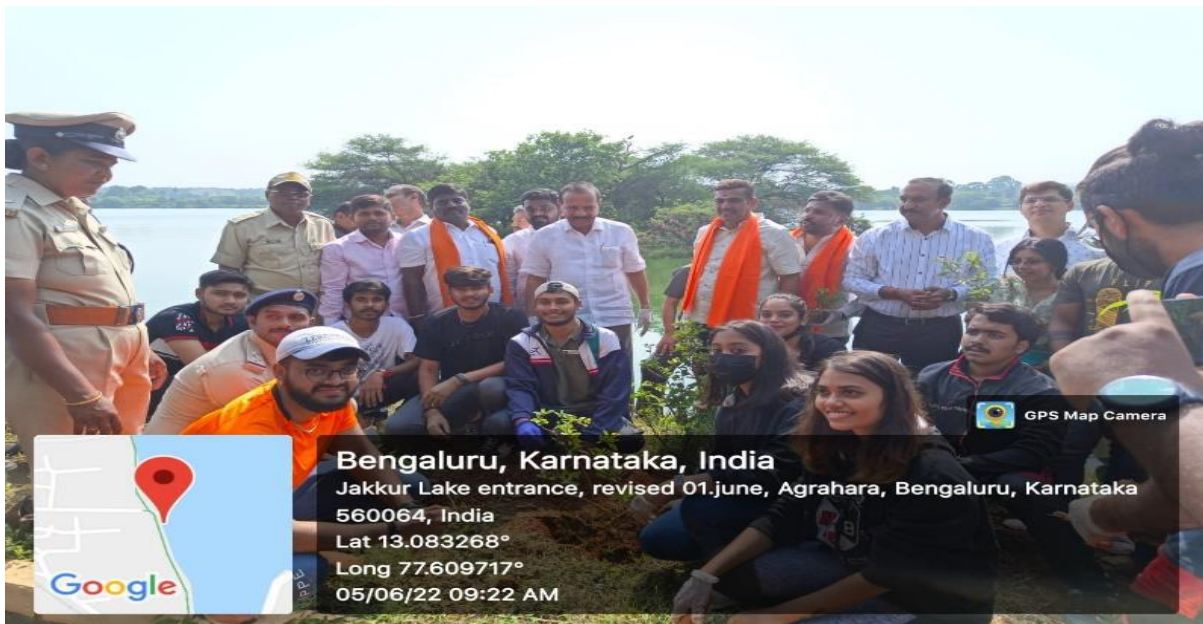
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## World Environment Day - Jakkur Lake Cleaning Activity

On 5th June 2022, Student Council organized a lake cleaning activity on account of World environment day. Students cleaned the surroundings of the lake and planted many saplings in the surrounding the lake. In this event members of Students Council collaborated entirely with Jalposhan team and it was graced by our former Chief Minister Sadhananda gowda. It was a successful event.







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Yoga Day  
14th May & 21 June 2022

Surana College NSS unit organized yoga activities on the account of "International Yoga Day" in the collaboration with NSS, Bangalore University. NSS volunteers took part in performing yoga and meditation. Yoga is a very important part of human beings and should be performed daily for all the best strength in humans. The activities performed by the volunteers in the yoga classes were meditation to release stress as well as experience mental peace and physical yoga exercises aiming at an energized body and mind. Yoga gave refreshing vibes after done. Yoga was taught by our NSS officer Girish sir

**SURANA COLLEGE**  
No. 16, South End Road, Bangalore- 560004  
Re-accredited by NAAC with 'A+' Grade

**NATIONAL SERVICE SCHEME**  
In collaboration with  
**NSS, BANGALORE UNIVERSITY**  
On account of International Yoga Day  
Organises  
**YOGA ACTIVITIES**

14th May & 20th June, 2022  
Quadrangle | 8:00 AM  
All are cordially invited

Prof. Girisha K  
NSS programme officer

Dr. Bhavani M R  
Principal



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## Attendance

1. Bindu
2. Guna Shree
3. Harshita
4. Sahana
5. Bhoomika
6. Tejas. L
7. Dushyant
8. Anusha
9. Harshita

### Feedback:

Harshitha: It was very refreshing and inspiring.

Tejas: This session helped me to review my lifestyle.



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## Career Guidance Workshop

On 2nd June 2022, a career guidance workshop was held on Uniform and Non-uniform services by the Student Council. The guest speakers for this workshop were Mr. Arun Kumar and Mrs. Vinitha Yadav. Guidance is very important and necessary in an individual's life in order to make right choices but, when it comes to career, guidance plays a major role.

**Career Guidance Workshop for Uniformed and Non-Uniformed Services**

2 June 2022 | 1:00 pm  
Seminar Hall  
Surana College (Autonomous)  
South End Campus

*Wanting to make a career in the prestigious defense forces? Want to make a real difference working in public administration? Not sure of the career opportunities in the non-uniformed services?*

*Then this workshop will help you explore the diverse range of roles available to graduates. Come, listen to the experts from the **Bangalore Defense Academy** and get your queries addressed!*

### **Topics to be discussed:**

- Career guidance for IAS, IPS, Defense Services, Coastguard, Police, Customs, Income Tax, Banking, FDA, SDA and more
- Age limit, qualification and screening criteria
- Retirement benefits

**A Student Council Initiative**



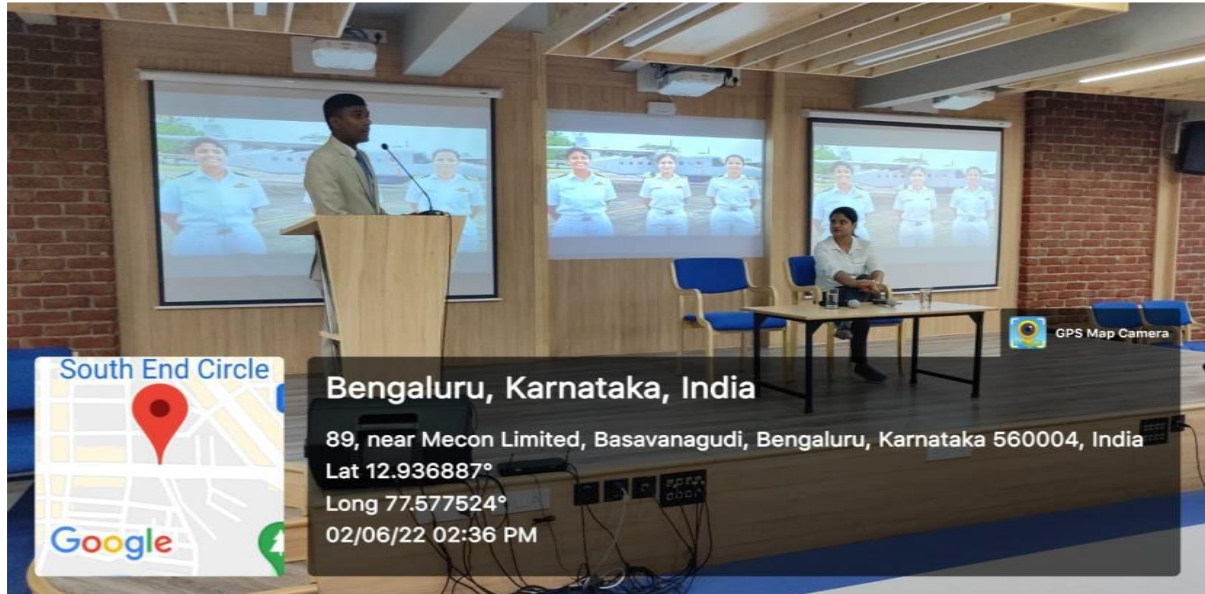


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Career Guidance is a counselling programme designed to help students choose the right career path based on their educational and professional choices. It enhances one's skills, knowledge and experience to identify career options available to them. Hence, this workshop was an engaging and enriching knowledge session for all the students and was a very successful event





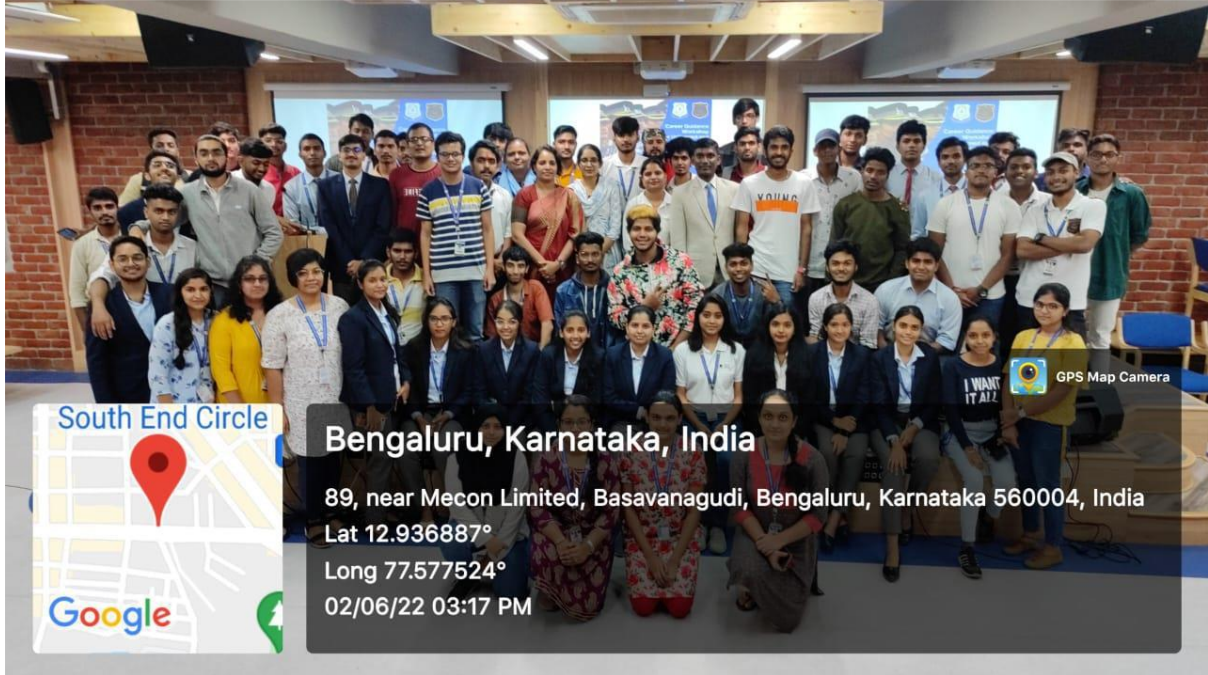


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## Workshop On Personality Development And Resume Building

On 20th July 2022, Student Council in association with B.com department conducted a workshop on personality development and resume building which not only helps students to build their career but also improves their personality tremendously. Nandan Jog as resource person initiated this workshop very well.

It was a session filled with proper lamp light on different opportunities in the future which are available to the students with particle experience it also witnessed the new opportunities which are available to the students in this new era as the main objective of this session was to help students with all their confusion regarding career decision.

It was also a great opportunity where students were guided to prepare a good resume with content as it is one of the most important element for all the final year students. It was a platform that helped students in getting good guidance & also to know what outer world is expecting as well as to overcome all the barriers that's faced in today's world.

Over all it was enlightening and activity based workshop. 100+ students attended this workshop will lead to a huge success of the event.

## **SURANA COLLEGE (AUTONOMOUS) SOUTH END, BANGALORE**

**DEPT. OF COMMERCE & STUDENT COUNCIL**  
invite you to the



**WORKSHOP ON  
PERSONALITY DEVELOPMENT AND  
RESUME BUILDING**  
20 JULY 2022 | 10:30 AM | SEMINAR HALL



Hard or technical skills help securing a basic position in one's life and career but soft skills play a vital role in determining success in the long run. The objective of the **four-hour** workshop is to cause a basic awareness about the significance of soft skills in professional and inter-personal communications and facilitate an all-round development of personality.

Students will also receive tips on building a professional resume.

**RESOURCE PERSON**  
**NANDAN JOG**  
SENIOR RESEARCH ANALYST - BEROE INC AND  
FOUNDER - YUVATVA PAATHSHALA



Prof. Chandana  
Program Coordinator

Dr. Archana Surana  
Managing Trustee - SEI

Dr. Bhavani MR  
Principal





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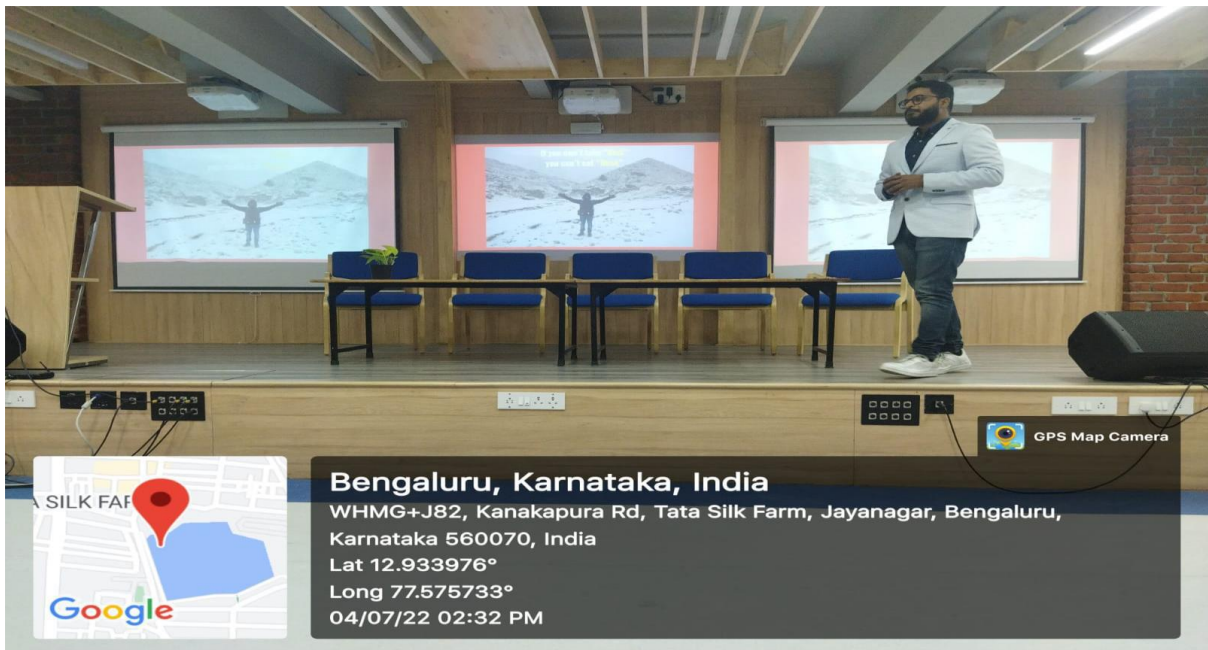
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## "Find Your Everest" A Story Telling Session

On 4th July 2022, Student Council in association with Hindi department organized a story telling session and Mr. Rohith Saraswati was the speaker of the day who climbed Mt. Everest, the tallest peak of the world twice. He spoke about his entire journey and motivated us youngsters to dream big and to follow them no matter how tough it is. We also met one of youngest entrepreneur Miss. Swathi Kulkarni who proved that there is no age limit to become an entrepreneur and to be successful.







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The entire session was inspiring and motivating. It was a wonderful and successful event.







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## Free Mega Health Check-Up Camp



**Aster**  
RV HOSPITAL

**SURANA COLLEGE**  
(AUTONOMOUS) -  
**STUDENT COUNCIL**  
in association with  
**ASTER RV HOSPITAL &  
ABVP, JAYANAGAR**  
**Presents**



## FREE MEGA HEALTH CHECK-UP CAMP

14 June 2022 | 10:00 am onwards

Surana College, South End Campus, Bangalore

Surana Educational Institutions places community healthcare as one of its CSR priority areas. In addition to organizing various health camps, this year's free mega health check-up camp will help the public proactively address various health problems through early detection and prevention.

Students, staff - teaching & non-teaching, and local communities in and around the college can walk-in for a free eye, ear, dental and general health screening.

**Mask wearing is mandatory; strictly follow COVID-appropriate behaviors at all times**



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On 14th June 2022, Student Council organized a free mega health check-up camp in association with Aster RV hospital and ABVP, Jaynagar. This health camp was especially help for the students, teaching, non-teaching, supporting staffs as well as for the general public in and around the college who could walk-in for a free eye, ear, dental and general health screening. The esteemed guests for this event were Mr. Parashuram – the camp manager, Dr. Kapil – Dental, Dr. John Samson -Audiometry, Dr. Prashanth - Eye specialist.





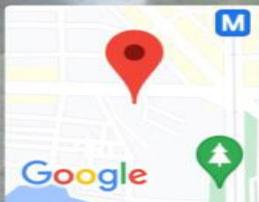


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Bengaluru, Karnataka, India

16, S End Rd, Basavanagudi, Bengaluru, Karnataka 560070, India

Lat 12.936414°

Long 77.578256°

14/06/22 01:06 PM

GPS Map Camera



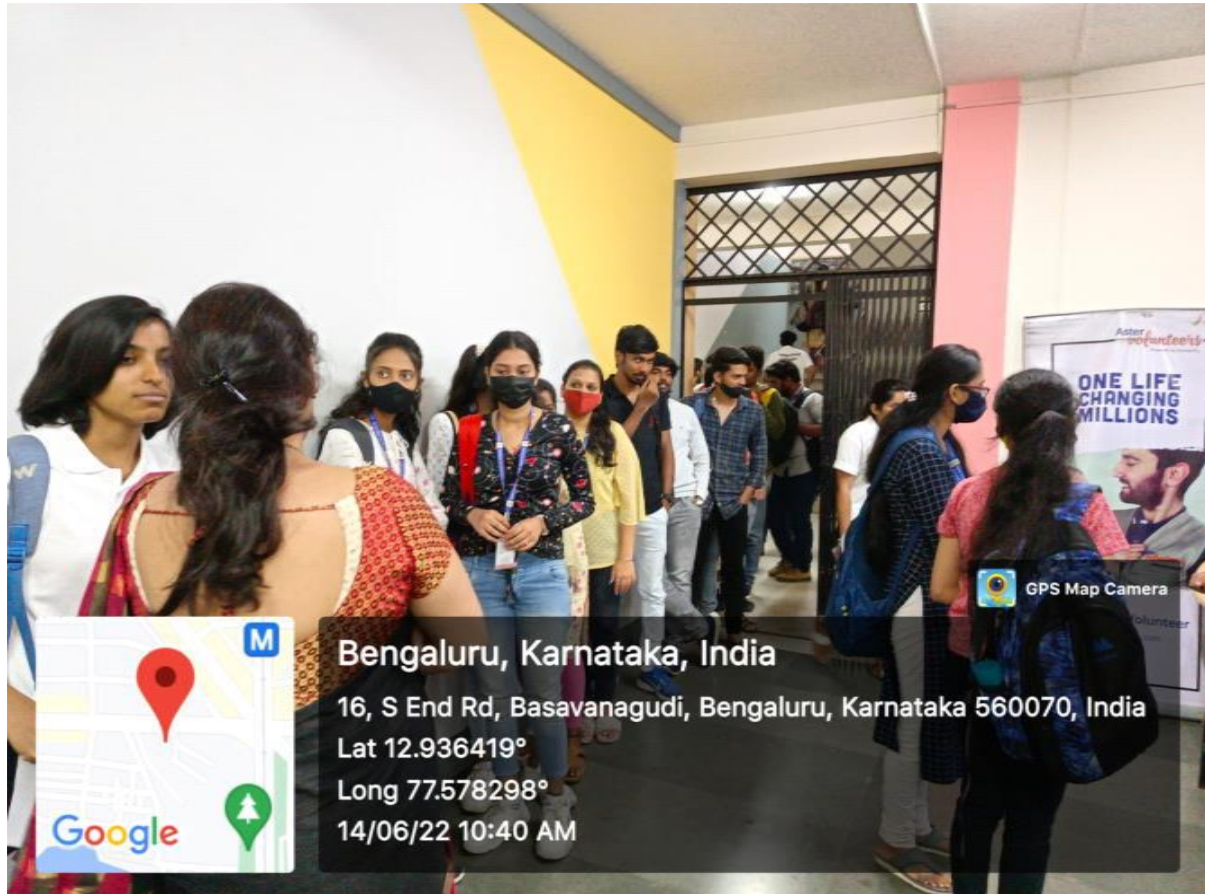


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In this event student volunteers and doctors served selflessly and efficiently this enabled for the success of this huge event where nearly 400 members took part.



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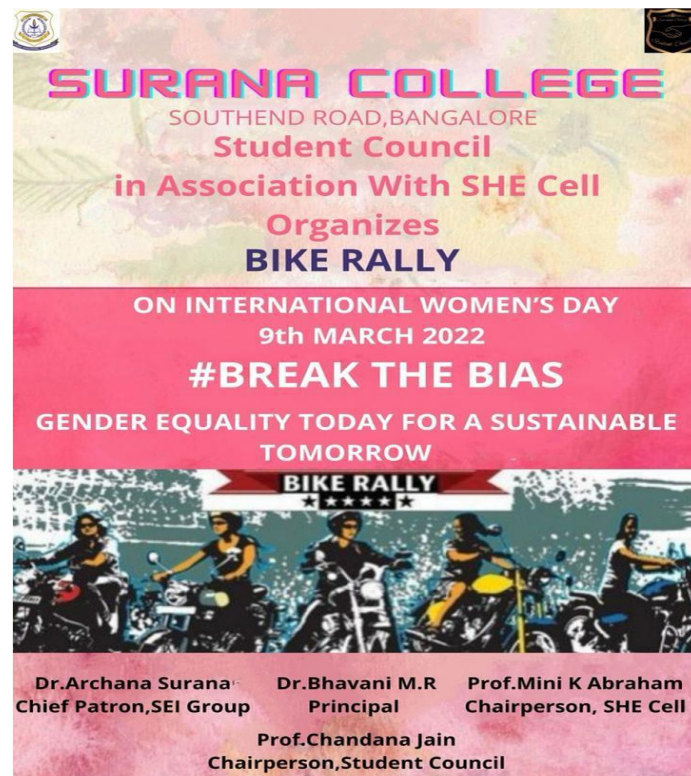
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## International Women's Day Bike Rally

On 9th March 2022, a bike rally was conducted by Student Council in association with 'SHE Cell' on the account of "International women's day" starting from Surana College to Vidhana Soudha. A huge strength of students participation was shown in this event in order to commemorate the cultural, political, and socioeconomic achievements of women, and one such student of Surana College was the Chief Guest of this event Ms. Aishwarya Pissay.

- **Aishwarya Pissay**

Aishwarya Pissay is an Indian circuit and off-road motorcycle racer. She has become the first-ever Indian motorsports athlete to win a world title. The TVS talent participated at the FIM Bajas World Cup and secured the 1st place in the women's category and 2nd in the junior's category. She is the first Indian woman to win 5 FMSCI National Rally titles. She also became the first Indian woman to compete in the Baja Aragon World Rally in Spain held in 2018.







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On this day, after the rally breakfast was arranged by managing trustee in her place to all the students and the event was concluded by group photo-shoot. It was a very successful event.



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## Nightingale Of Bangalore 2022

### SEASON 3

On July 29th 2022, Student Council as per it's legacy conducted Nightingale of Bangalore season 3, 2022. Nightingale of Bangalore is one of biggest singing fest conducted by Council every year.

- **Nightingale Of Bangalore**

It is a solo singing competition for all the singers as challenge to prove themselves best and to showcase their talent and voice. The posters of the competition was circulated throughout Bangalore to all the colleges which created platform for all the PU, UG and PG students to take part. This is a platform for the singers through which they get external opportunities to sing according to their talent.

As biggest singing fest worth cash prizes of :

1st prize - 25,000/-

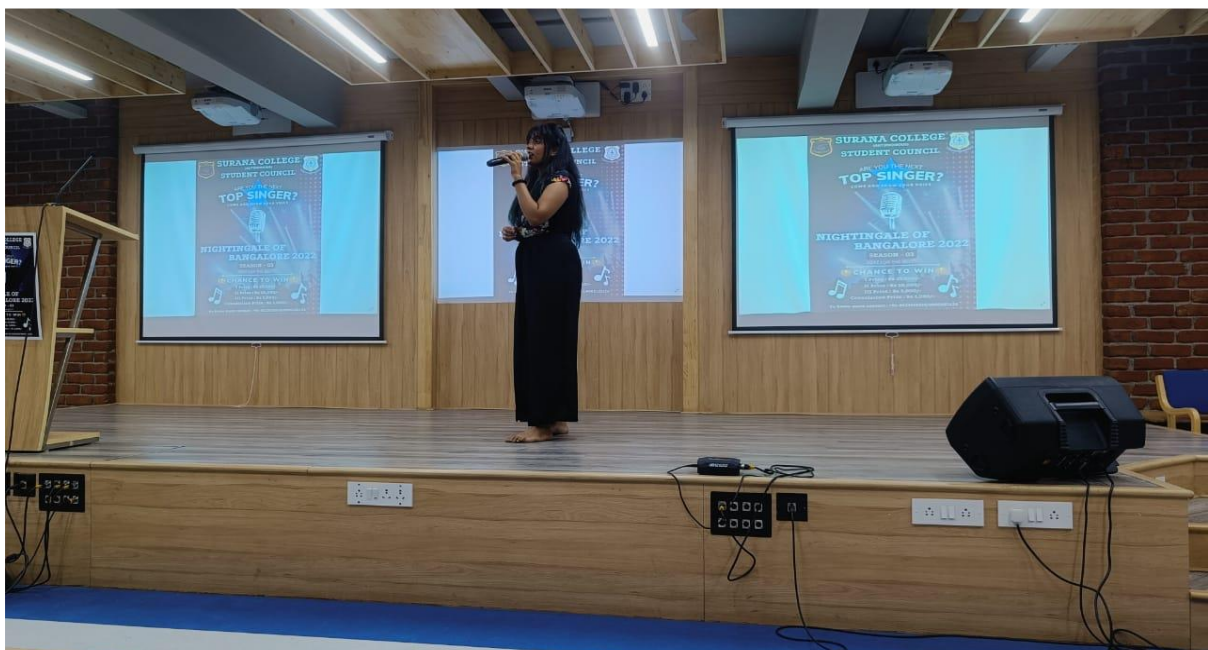
2nd prize – 10,000/-

3rd prize – 5,000/-

Consolation prize – 1,000/-

### ROUND 1

In the first round nearly 70 contestants participated from 40 colleges, giving their best as tough contestants through which top 12 were selected as finalists.







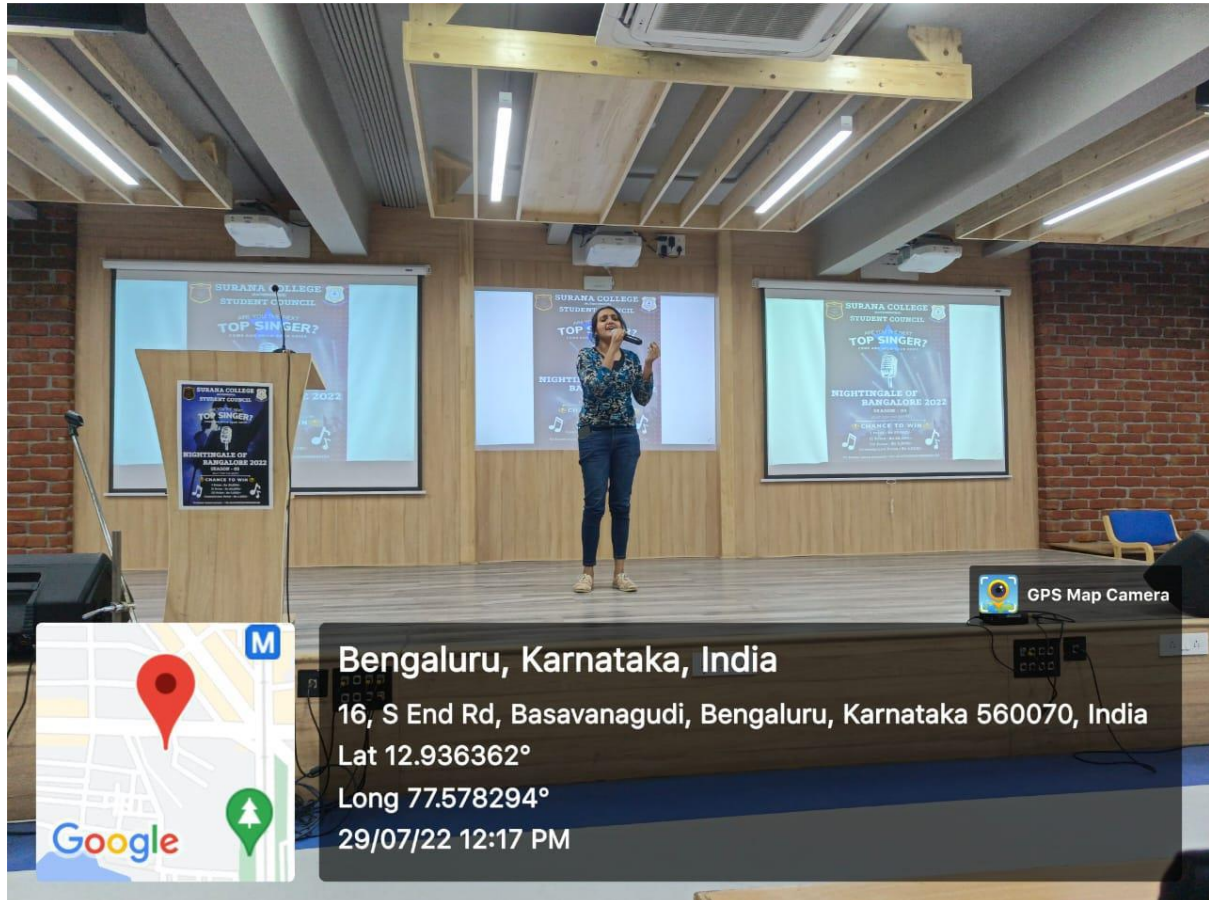


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## GRAND FINALE

On 29 July 2022, the most awaited grand finale of Nightingale of Bangalore 2022, Season 3 was held with top 12 finalists and distinguished judges. The judges of the event were:

- **Harry D Cruz**

A professional beatboxer. Ex – cultural Secretary of Indian academy degree college ( 2017 – 2018 ). Asia book of record holder. Indian book of record holder for Thai flute beatboxing. He performed along Indian celebrity like Vasu Dixit , MJ5 , Andrea Jermai , Sanjith hedge , Akul Balaji , Rahul Dito and has performed for Tedx 7 times.



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- **Rohith Gowda**

A renowned play back singer in Kannada film industry. Sung in many movies (KGF-2, click and have sung many tracks for up coming movies as well). He has completed his hindusthani music juniors and seniors from a renowned classical guru Prabha V ganachari. He is a multi instrumentalist. He is a lead singer in folk youth empowerment club iskcon Bangalore and also a lead singer in art of living international centre.

- **Nachiketa Sharma Miganakallu**

A drummer, musician, composer and Konnakkol artist hails from a family of artists rooted from Shringeri. He holds pride of being awarded first in 'Margazhi Utsav 2020 by The Hindu' in konnakkol and also being awarded as top 5 artists in a contest by Shaale being drummer. His work in the latest kannada feature film "RUGNA" as a composer holds good talk amongst the critics at the BIFFES2021 and will be releasing nearly.

The event went on with three rounds in which judges eliminated contestants in each round and tested them various forms of singing until the last round with 5 top finalists in which contestants were tough fight for each other to hold the title winner.





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- 1st place – Shreeraksha S (SSMRV College)
- 2nd place – Raghotham R (Dayanand Sagar College)
- 3rd place – Rachana N M ( NMKRV College)
- Consolation – Joshika L R ( Surana College)



Over all the event was a huge success with a great feedback.





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## Pep-Talk With The Chief Guest

On 7th February 2022, a Pep-talk with the Chief Guest Vasishta N. Simha was conducted on the day Inauguration of Student Council 2022. A leading Indian film actor, singer and dubbing artist known for his work on [K.G.F: Chapter 1](#) (2018), [Godhi Banna Sadharana Mykattu](#) (2016) and [Dayavittu Gamanisi](#) (2017). He has won Filmfare Award for Best Supporting Actor and a SIIMA Award for Best Actor in a Negative Role.







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Throughout this talk it was all about his life, path to his career and success, Interest towards his passion and to take up singing but not just acting to the Kannada film Industry, his proud and memorable moments till date of his career and life with all the hurdles that he faced to reach up to the position that he is in today as one of Inspiring, encouraging and approachable pioneer.





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## PUBG Charity Fundraising Event

Extension Activity. Under this activity, funds were collected from the **PUBG event** organized by the Student Council and free food, water and blankets were provided for homeless people around **KR market**.

### ➤ Why PUBG?

PUBG: Battlegrounds (or PUBG, previously known as Player Unknown's Battlegrounds) is an online multiplayer battle royale game. Up to one hundred players parachute onto an island and scavenge for weapons and equipment to kill others while avoiding getting killed themselves. The available safe area of the game's map decreases in size over time, directing surviving players into tighter areas to force encounters. The last player or team standing wins the round.

- Advantages:
  1. Multi-tasking.
  2. Focusing power.
  3. Team building.
  4. Better eye-hand coordination.
  5. Planning and strategy.

### ➤ The problem of homeless people in KR market:-

Another winter is around the corner and the city's homeless still have no where to go. Police find bodies of at least three unidentified persons in and around KR market every month, most of who die due to lung failure. Lack of shelters, no proper food and water accommodations are the main reasons for many of these problems. They are prone to infections as they sleep on pavements, under flyovers and on top of drains, none of which are safe places.

### ➤ How the Student Council helped?

The funds collected from the PUBG event organized by the Student Council was put into effort of buying food, water bottles and blankets for the homeless people of KR market. On **13th January 2022**, around **6.30AM**, members from the student council board under the guidance of a teacher started at Jayanagar. With the help of 35





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Jayanagar civil police, travelled to KR market and tried to cover up the necessities of the homeless people. We provided 50 food packets, 50 water bottles and 25 blankets and tried to cover up as much as possible.

➤ **Outcome :-**

Donating to the needy is a great way to improve the conditions in your neighbourhood or community. Donating food to the worthy people helps counter poverty, hunger and at the same time it can improve harmony, friendliness and trust among students. Through providing food, students do so much more than feed people- they help all members of a community receive the fuel they need to be at their best. Developing our network of members in the student council is helping build stronger communities inside our council as well as in the society.

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NO. 16, SOUTH END ROAD, BANGALORE - 560004  
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**STUDENT COUNCIL  
EXTENSION ACTIVITY**

**HELPING THE NEEDY**

**PLAYERUNKNOWN'S  
BATTLEGROUNDS  
MOBILE**

DATE: 13TH JANUARY 2022,  
THURSDAY.  
TIMINGS: 6.30 A.M.  
VENUE: KR MARKET

**PUBG CHARITY FUND RAISING EVENT**  
**FREE FOOD AND BLANKET TO HOMELESS PEOPLE**  
**FUNDS HAVE BEEN COLLECTED FROM THE PUBG EVENT  
ORGANIZED BY STUDENT COUNCIL**





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## Student Council Jaunt Skandagiri Hiking



On 1st March 2022, a trek was conducted from Student Council to Skandagiri hills as an extension activity for the members of SC in order to enhance team-building and coordination among them.

➤ Skandagiri Hills

Skandagiri locks one of the most mesmerizing views of the sky and earth that meet at sunrise with clouds at an eye-level height urging you not to leave. A night trek in Bangalore, Skandagiri is a must for adventure and nature lovers, who can spend the night with a camp stay in front of an amazing bonfire. This 10km Skandagiri trek begins two hours before sunrise, where one has to climb up these hills by passing the wilderness until you to reach the absolute top.




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**CLIMB FOR BETTER**  
**STUDENT COUNCIL**  
TREKKING HUB PRESENTS  
**TREK TO SKANDAGIRI**

DATE 01/03/2022



VENUE SKANDAGIRI

WALKING IN NATURE AS A RECREATIONAL ACTIVITY





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Students organized in the college on the night of 28th February 2022. We dispersed from the college at 12AM and reached the destination by 2:30 AM and took off for the trek around 4:30 AM. It was the first adventurous activity of this year in which students participated actively. It was a very successful event.



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## Udaan – Inauguration 2022

On 7th February 2022, Student Council inducted and welcomed all for its Inauguration – Udaan – 'Serve|Lead|Inspire'. In this auspicious event, one of the India's best known Actor and Singer of Kannada film industry Vasishta N. Simha was invited as the Chief Guest, Chairperson – Chanada Jain and Student Advisor – Karuna Malviya of Student Council as Conveners.

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*We invite for the Inauguration of*  
**STUDENT COUNCIL**

*Udaan*

on 7th February 2022, Monday  
@ 12:00 noon  
Venue : Quadrangle, Surana College

*Chief Guest*  
**Vasishta N. Simha**  
Actor & Singer  
Kannada Film Industry

*Chief Patron*  
**Dr. Archana Surana**  
Managing Trustee  
Surana Educational Institutions

*Presidee by*  
**Dr. Bhavani M R**  
Principal  
Surana College South End Road

*Conveners*  
**Asst. Prof. Chandana Jain**  
Chairperson of Student Council  
Surana College, South End Road

**Asst. Prof. Karuna Malviya**  
Student Advisor of Student Council  
Surana College, South End Road



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➤ **Vasishta N. Simha:**

A leading Indian film actor, singer and dubbing artist known for his work on [K.G.F: Chapter 1](#) (2018), [Godhi Banna Sadharana Mykattu](#) (2016) and [Dayavittu Gamanisi](#) (2017). He has won Filmfare Award for Best Supporting Actor and a SIIMA Award for Best Actor in a Negative Role.





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Occasion started with welcome speech, Invocation song and welcoming dance. On this day, President – Nishanth T. M, Vice-President – Sahana D. G, Secretary – Pooja S took oath and signing of in Black-book as elected members of SC 2022 – 23 and badging ceremony was done by the Chief guest and Dignitaries to the office bearers as well as for Joint-secretary – Smruthi B.S and Public-Relation Head – Ritish Kumar of the Student Council.

There was a small moment where Guest shared his experience in film industry and his path to success he has achieved till date and sung few songs for everyone in the gathering. A small pep talk was arranged by one of the Council member for the guest to know more about him as well as to encourage him. A speech was given by President as well as Vice-President. We also congratulated and thanked former Vice-President and Secretary of Student Council for their invaluable contribution and dedication in all aspects of Council by issuing certificate to them.

Event concluded with the DJ conducted by students of Surana College in order to make this event more enthusiastic and by the end of the day to make it more memorable.

Promotion Partner

Venue

TEAM TAB ENTERTAINMENTS

**SURANA COLLEGE**  
#16, South End Road, Bangalore - 560 004

DJ SKATE

CAT

*Monday 7th Feb  
@ 1:30 pm*

College ID Compulsory

\*Terms and Conditions



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## Voice Your Pride

On June 25th 2022, Student council organized a seminar on “Voice your pride” to enthusiastically celebrate the “International Pride Month” in association with Durga, India. It was an exclusive event for all the college students to come together to learn & celebrate the diversity of the LGBTQIA+ community.

➤ What is LGBTQIA+ ?

LGBTQIA+ is a term that collectively represents people who identify as lesbian, gay, bisexual, transgender, intersex, queer and asexual as a whole in the community.

➤ Pride Month

June month is considered as Pride month which is entirely dedicated for the betterment and upliftment of LGBTQIA+ community and help them raise their voice, support them and celebrate their rights and culture.

During this seminar speakers walked us through the aspects of gender, how people perceive the concept of gender, about the LGBTQIA+ community their rights, their personal experiences with this community, how to encourage the community and also to accept who they are as well as how they are supposed to be treated equally with pride in the society.

It was highly successful seminar in which 9+ colleges took part actively.





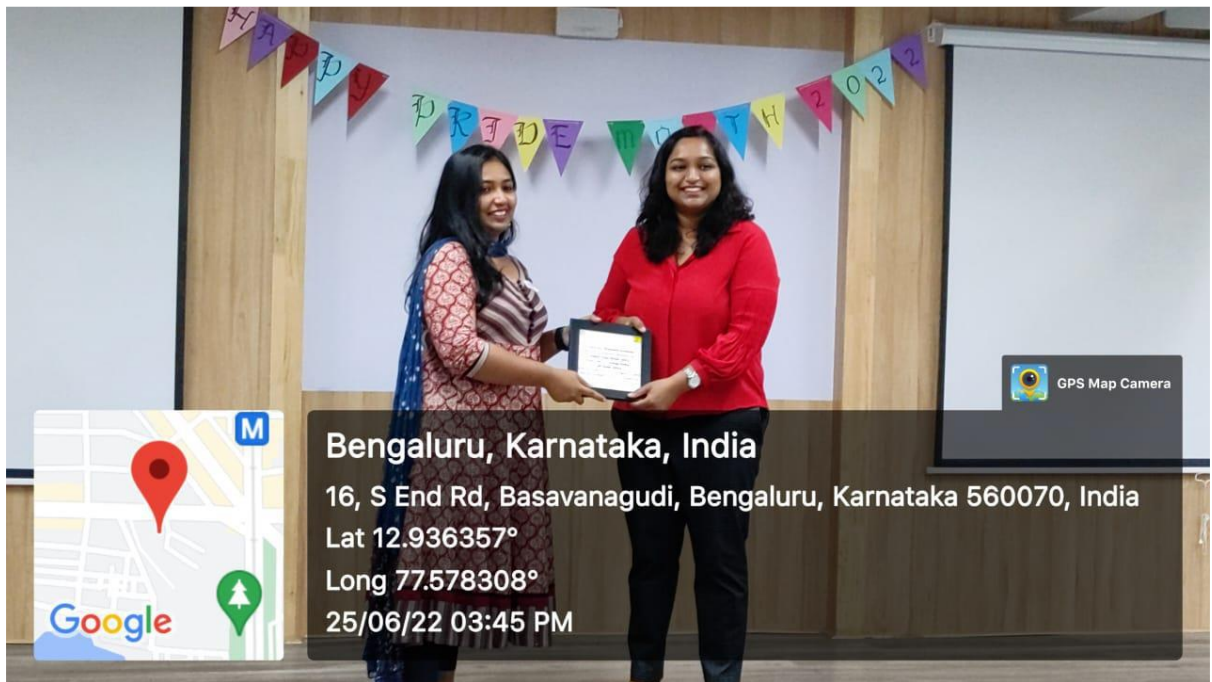


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## “Independence Day”

15th August 2021

### Program Details:

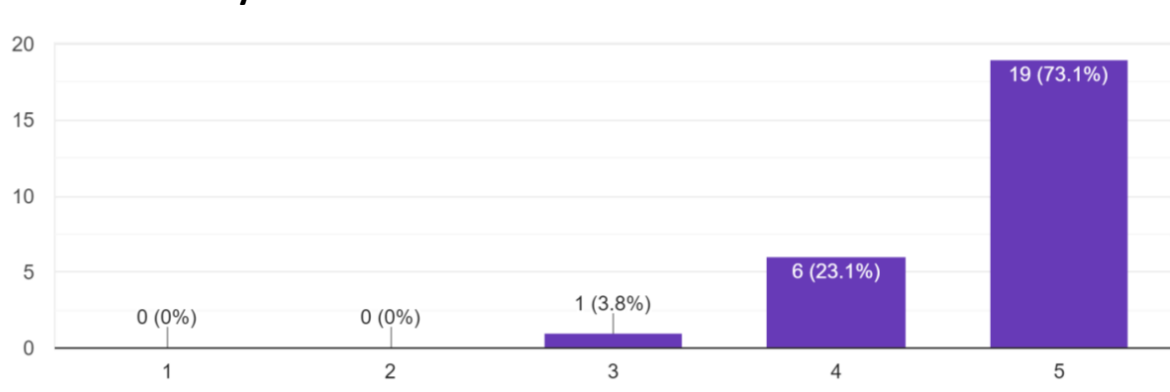
On the 75th Independence Day, hoisted the tricolour flag along with our honorary chief guest- Dr T.S.Sathy35 Cadets from 5/3 COY, Surana college NCC on the occasion. The Independence Day celebration program began with a drill by the NCC cadets showcasing different formations led by SUO Mahi Rastogi. Then the rank piping ceremony for the rank holders was held . The Independence day celebrations were concluded by de-hoisting the national flag and singing the national anthem.

### Participants:

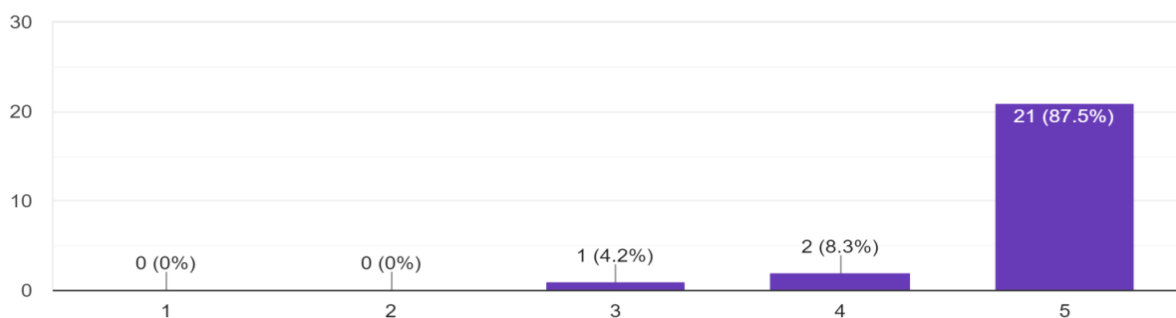
35 cadets along with the Associate NCC Officer, Lt. Kiran Anandan were a part of the event.

### Feedback Of the event:

#### a. How satisfied are you with the event:



#### b. Relevance of the event:







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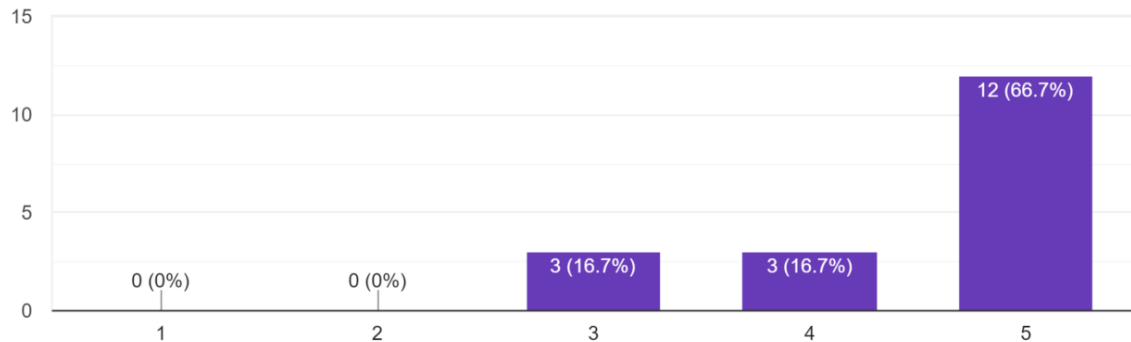
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## c. Key Takeaways:

- Learned drill formation.
- We learnt how to stay united with all our religious diversity
- Hoisting our national flag and taking part in drill performance.
- Host our Indian flag with good unity
- It was a proud movement to salute our national flag.
- 15th August 1947 we got freedom from the British and we fought for our country and finally we won the war .
- About independence day
- I had my first experience in participating in the independence day event

## d. Overall Satisfaction:



## e. Overall feedback:

- Excellent
- Impressive
- Freedom of the nation is a pride
- Nice and best part of my 2nd years journey in NCC
- It was very fun and informative
- Celebrated the event successfully with our prideness
- It was good
- Jai bharat matha
- It was really good, the performance was really awesome and nice



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## f. A walk through of the event:







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## Attendance Sheet

**75TH INDEPENDENCE DAY**

Sl No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	
2	JUO	IAHNAVI B R	
3	SGT	VINAYASHREE	
4	SGT	VARSHA A	
5	CPL	SWAASA S R	
6	LCPL	KIRANA	
7	CDT	MONISHA	
8	CDT	PRITYANKA	
9	CDT	KRISHNAPRIYA E R	
10	JUO	LIKITH C S	
11	CSM	SANDESH S NAIR	
12	CDT	GIRIDHAR K	
13	CDT	KESHAVA MURTHY	
14	CDT	HASTHICK KUMAR	
15	CDT	ROSHAN SATHISH	
16	CDT	BHUVANESH	
17	LCPL	LUCKY SHARMA	
18	CDT	AMRITHA	
19	CDT	ANUSHA N D	
20	CDT	BHAVHNA	
21	CDT	CHANDHANA	
22	CDT	DEEPA	
23	CDT	NIKITHA	
24	CDT	POOJITHA	
25	CDT	RAJINI B K	
26	CDT	SHIRISHA	
27	CDT	SHREEYA	
28	CDT	SPOORTHI	
29	LCPL	CHEZHAN L	

30	CDT	AMAN KUMAR	
31	CDT	ANKITH S	
32	CDT	CHIRAG A RAJU	
33	CDT	HARSHITH N	
34	CDT	JAYANTH	
35	CDT	NAVEEN KUMAR R	
36	CDT	PANKAJ JAIN	
37	CDT	PARAS KUMAR B	
38	CDT	PUNITH KUMAR	
39	CDT	RAKESH G R	
40	CDT	SAGAR KOTTI	
41	CDT	SANGAM R GARG	
42	CDT	SARVANA C	
43	CDT	SHIVRE ADITHYA	
44	CDT	SUBUSH YADAV	
45	CDT	SUMUKHA M H	
46	CDT	THARUN KUMAR	
47	CDT	VENKATESH A	
48	CDT	YAKSHITH V	
49	CDT	YOGESH SARAF	



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## “National Unity Day”

9th November 2021

### Program Details

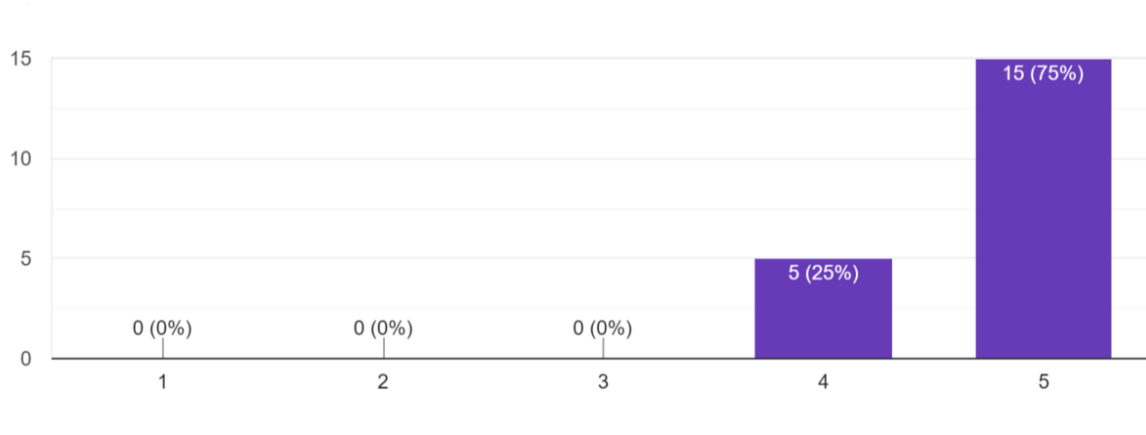
Cadets from 5/3 COY, Surana college NCC on the occasion of Rastriya Ekta Diwas in collaboration with NSS formed a human chain and presented a PPT presentation. The event was conducted on 9th November 2021.

### Participants

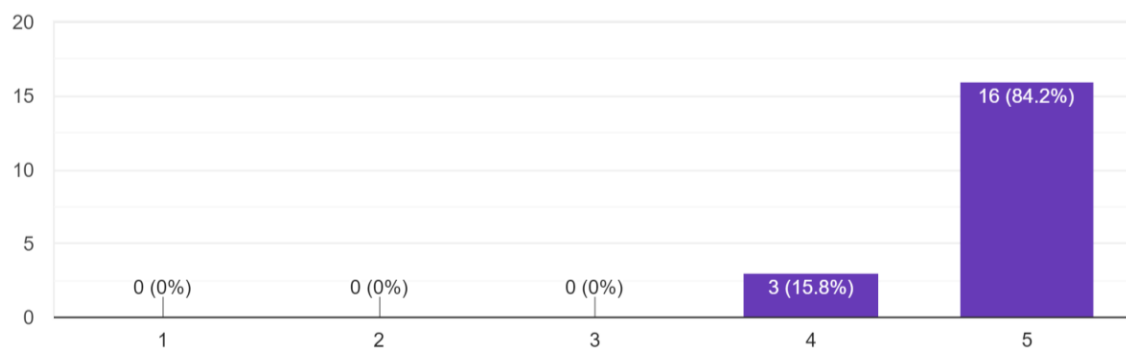
12SD and 8 SW cadets from 5/3 COY were a part of the event.

### Feedback of the event

#### a. How satisfied are you with the event



#### b. Relevance of the event



#### c. Key takeaways



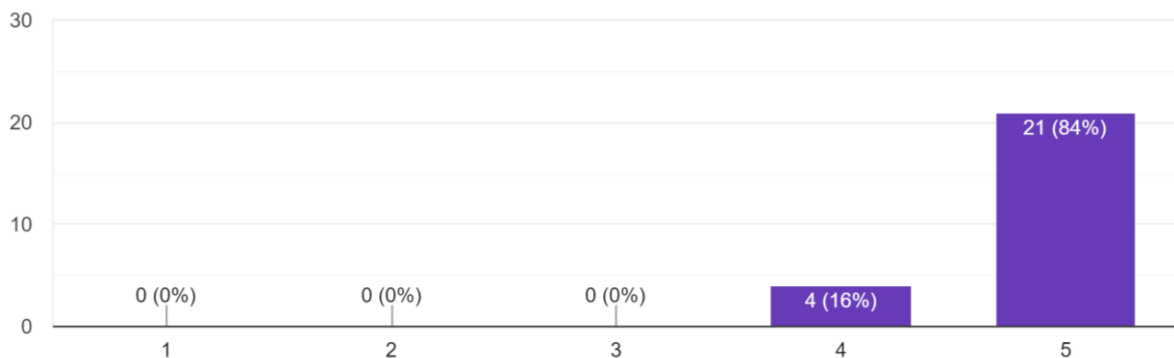
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- I have learnt that we should stand together for anything.
- About Statue of Unity and when the Unity Day Started in India
- Strength lies in unity
- I learnt how Sardar Vallabhbhai Patel made his contribution in dividing the country after the British left and even before the independence how he fought and the features of the statue of unity
- About Sardar Vallabhbhai Patel, Statue of Unity and Unity
- United we stand divided we fall
- Contribution of sardar vallabhai patel to our nation.
- I learnt a mistake which we should not do when presenting
- Learnt more information about unity day

## d. Overall satisfaction



## e. Overall feedback

- It was a good event.
- Human chain concept was very good and PPT presentation was very informative
- Very organized Event
- Having a human chain to indicate the unity among us was successful with friends and .
- Excellent

## f. A walk through of the event





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## Attendance Sheet

NATIONAL UNITY DAY			
Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	<i>(Mahi)</i>
2	JUO	JAHNAVI B R	<i>Jahnavi</i>
3	JUO	LIKITH C S	<i>Likith</i>
4	CSM	SANDESH S NAIR	<i>Sandesh</i>
5	SGT	VINAYASHREE	<i>Vinayashree</i>
6	SGT	VARSHA A	<i>Varsha</i>
7	CPL	SWAASA S R	<i>Swasa</i>
8	LCPL	KIRANA	<i>Kirana</i>
9	LCPL	CHETAN L	<i>Chetan</i>
10	LCPL	LUCKY SHARMA	<i>Lucky</i>
11	CDT	MONISHA	<i>Monisha</i>
12	CDT	KESHAVA MURTHY	<i>Keshava</i>
13	CDT	HASTHICK KUMAR	<i>Hasthick</i>
14	CDT	ROSHAN SATHISH	<i>Roshan</i>
15	CDT	BHUVANESH	<i>Bhuvanesh</i>
16	CDT	YOGESH SARAF	<i>Yogesh</i>
17	CDT	PANKAJ JAIN	<i>Pankaj</i>
18	CDT	PARAS KUMAR B	<i>Paras</i>
19	CDT	JAYANTH	<i>Jayanth</i>
20	CDT	RAKESH G R	<i>Rakesh</i>





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**“Homage to all Bravehearts”**

**10TH DECEMBER 2021**

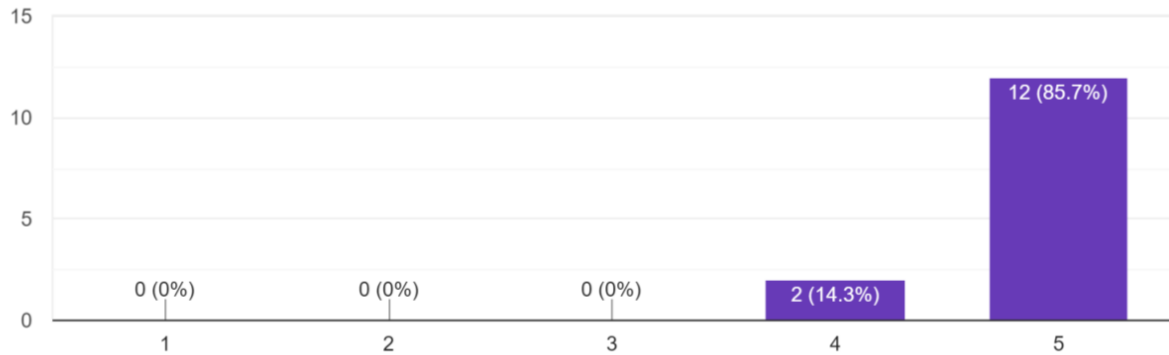
All Cadets from 5/3 COY, Surana college NCC lit candles at their home's to pay tribute to the bravehearts who lost their life in the helicopter crash on 8th December. The event was conducted on 10th December 2021.

## Participants

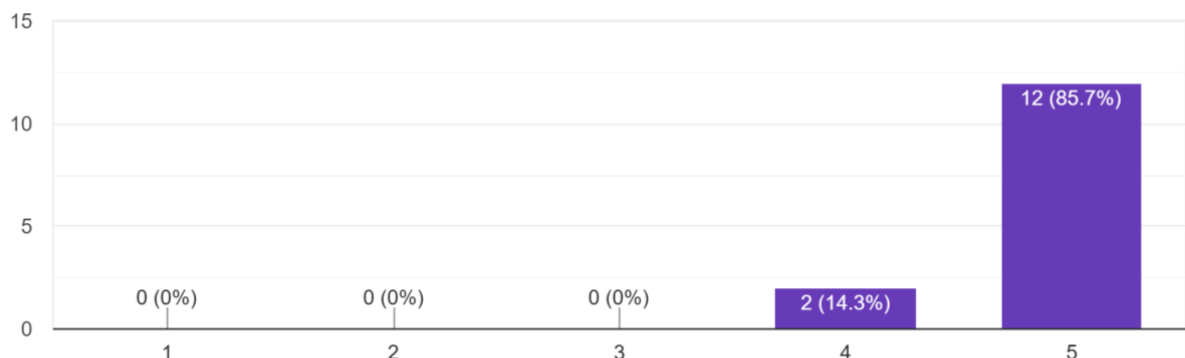
All cadets from 5/3 COY were a part of the event.

## Feedback of the event

### a. How satisfied are you with the event



### b. Relevance of the event



### c. Key takeaways

- We salute the Brave Hearts of our Country
- The Bravehearts of India are the real heroes
- We give our deepest condolences to there family



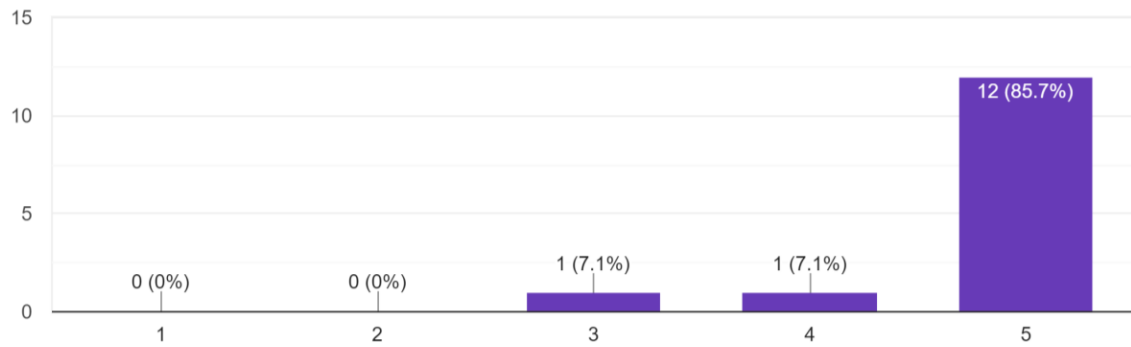
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## d. Overall satisfaction



## e. overall feedback

- Very good
- Excellent
- Had a nice event
- Good program



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## f. A walk through of the event



ATTENDANCE SHEET





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## HOMAGE TO ALL BRAVEHEARTS

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	
2	JUO	JAHNAVI B R	
3	SGT	VINAYASHREE	
4	SGT	VARSHA A	
5	CPL	SWAASA S R	
6	LCPL	KIRANA	
7	CDT	MONISHA	
8	CDT	PRIYANKA	
9	CDT	KRISHNAPRIYA E R	
10	JUO	LIKITH C S	
11	CSM	SANDESH S NAIR	
12	CDT	GIRIDHAR K	
13	CDT	KESHAVA MURTHY	
14	CDT	HASTHICK KUMAR	
15	CDT	ROSHAN SATHISH	
16	CDT	BHUVANESH	
17	LCPL	LUCKY SHARMA	
18	CDT	AMRITHA	
19	CDT	ANUSHA N D	
20	CDT	BHAVHNA	
21	CDT	CHANDHANA	
22	CDT	DEEPA	
23	CDT	NIKITHA	
24	CDT	POOJITHA	
25	CDT	RAJINI B K	
26	CDT	SHIRISHA	
27	CDT	SHREEYA	
28	CDT	SPOORTHI	
29	LCPL	CHEZHAN L	
30	CDT	AMAN KUMAR	
31	CDT	ANKITH S	
32	CDT	CHIRAG A RAJU	



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33	CDT	HARSHITH N	<i>Harshith N</i>
34	CDT	JAYANTH	<i>Jayanth</i>
35	CDT	NAVEEN KUMAR R	<i>Naveen R</i>
36	CDT	PANKAJ JAIN	<i>Pankaj J</i>
37	CDT	PARAS KUMAR B	<i>Paras B</i>
38	CDT	PUNITH KUMAR	<i>Punith K</i>
39	CDT	RAKESH G R	<i>Rakesh G R</i>
40	CDT	SAGAR KOTTI	<i>Sagar K</i>
41	CDT	SANGAM R GARG	<i>Sangam R G</i>
42	CDT	SARVANA C	<i>Sarvana C</i>
43	CDT	SHIVRE ADITHYA	<i>Shivre A</i>
44	CDT	SUBUSH YADAV	<i>Subush Y</i>
45	CDT	SUMUKHA M H	<i>Sumukha M H</i>
46	CDT	THARUN KUMAR	<i>Tharun K</i>
47	CDT	VENKATESH A	<i>Venkatesh A</i>
48	CDT	YAKSHITH V	<i>Yakshith V</i>
49	CDT	YOGESH SARAF	<i>Yogesh S</i>



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## “Tribute to the Braveheart’s of India”

on

**13TH DECEMBER 2021**

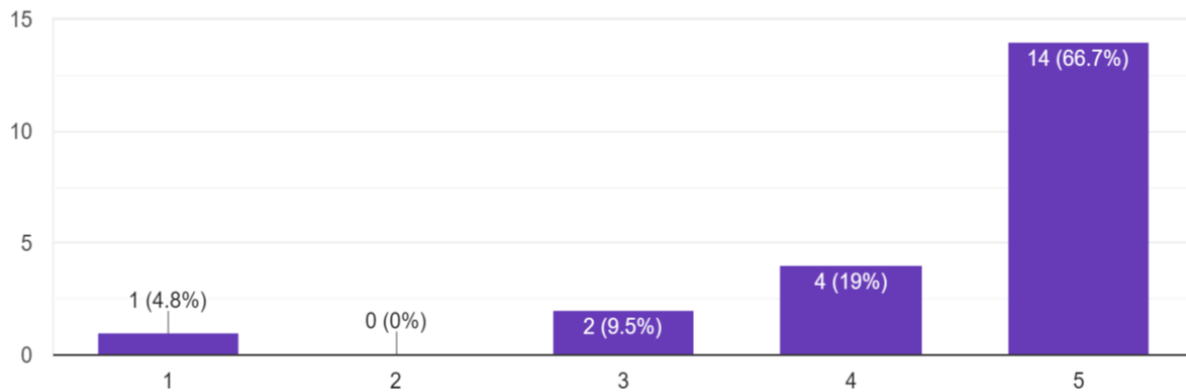
Cadets from 5/3 COY, Surana college NCC along with the ANO and staff of Surana college, lit candles and planted a sapling in the memory of each officer who lost their life in the tragedy on 8th December. The event was conducted on 13th December 2021.

### Participants:

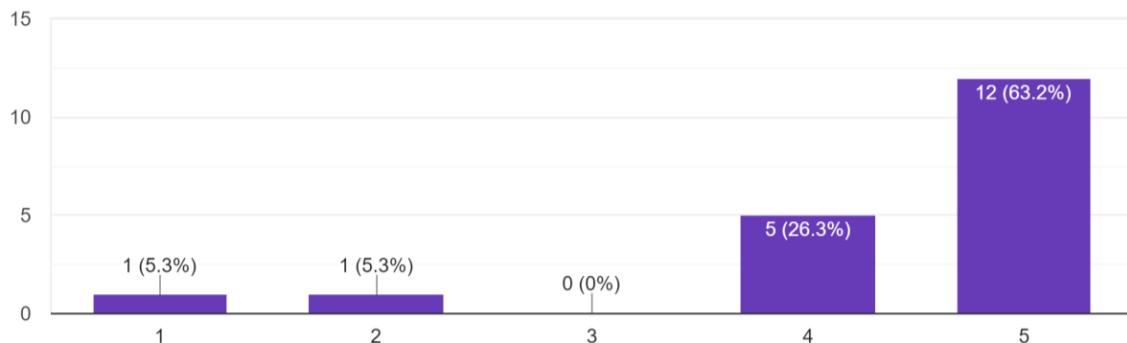
27 SD and 25 SW Cadets from 5/3 COY were a part of the event.

### Feedback Of the event:

#### a. How satisfied are you with the event :



#### b. Relevance of the event



#### c. Key takeaways :

- The bravehearts of India will always be remembered
- Because of them we are living happily in the country
- They are the true heroes who don't take the credit for doing the job





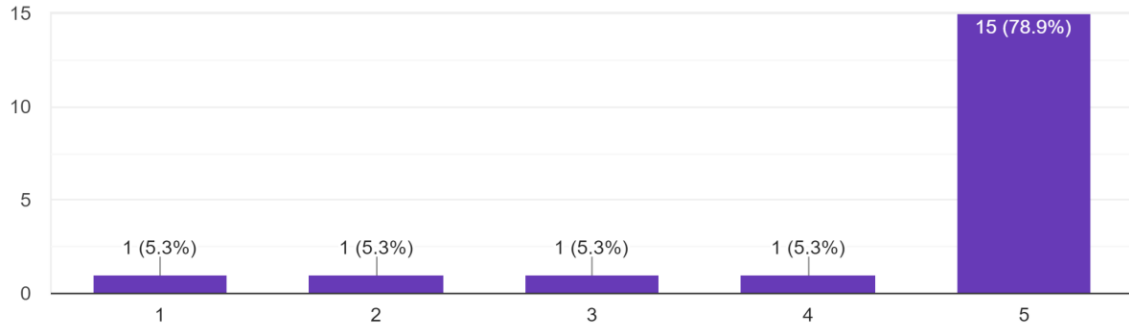
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- We salute them
- They are the inspiration for the many soldiers

## d. Overall satisfaction of the event



## e. Overall feedback

- Good and educating program
- Great
- Amazing
- Had a nice day and should respect our nation
- A very heart-warming experience
- Good programme
- Very informative
- Patriotic

## f. A walk through of the event





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## Attendance Sheet

### TRIBUTE TO THE BRAVE HEARTS OF INDIA

Sl No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	(Mahi)
2	JUO	JAHNAVI B R	Jahnavi
3	SGT	VINAYASHREE	Vinayashree
4	SGT	VARSHA A	Varsha
5	CPL	SWAASA S R	Swasa
6	LCPL	KIRANA	Kirana
7	CDT	MONISHA	Monisha
8	CDT	PRIYANKA	Priyanka
9	CDT	KRISHNAPRIYA E R	Krishnapriya
10	JUO	LIKITH C S	Likith
11	CSM	SANDESH S NAIR	Sandesh
12	CDT	GIRIDHAR K	Giridhar
13	CDT	KESHAVA MURTHY	Keshava
14	CDT	HASTHICK KUMAR	Hasthick
15	CDT	ROSHAN SATHISH	Roshan
16	CDT	BHUVANESH	Bhuvanesh
17	LCPL	LUCKY SHARMA	Lucky Sharma
18	CDT	AMRITHA	Amritha
19	CDT	ANUSHAN D	Anushan
20	CDT	BHAVHNA	Bhavhna
21	CDT	CHANDHANA	Chandhana
22	CDT	DEEPA	Deepa
23	CDT	NIKITHA	Nikitha
24	CDT	POOJITHA	Poojitha
25	CDT	RAJINI B K	Rajini
26	CDT	SHIRISHA	Shirisha
27	CDT	SHREEYA	Shreeya
28	CDT	SPOORTHI	(Sp)
29	LCPL	CHEETHAN L	Chethan
30	CDT	AMAN KUMAR	Aman
31	CDT	ANKITH S	Ankith
32	CDT	CHIRAG A RAJU	Raju

33	CDT	HARSHITH N	Harshith
34	CDT	JAYANTH	Jayanth
35	CDT	NAVEEN KUMAR R	Naveen
36	CDT	PANKAJ JAIN	Pankaj
37	CDT	PARAS KUMAR B	Paras
38	CDT	PUNITH KUMAR	Punith
39	CDT	RAKESH G R	Rakesh
40	CDT	SAGAR KOTTI	Sagar
41	CDT	SANGAM R GARG	Sangam
42	CDT	SARVANA C	Sarvana
43	CDT	SHIVRE ADITHYA	Shivre
44	CDT	SUBUSH YADAV	Subush
45	CDT	SUMUKHA M H	Sumukha
46	CDT	THARUN KUMAR	Tharun
47	CDT	VENKATESH A	Venkatesh
48	CDT	YAKSHITH V	Yakshith
49	CDT	YOGESH SARAF	Yogesh





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## “Republic Day” On 26th January 2022

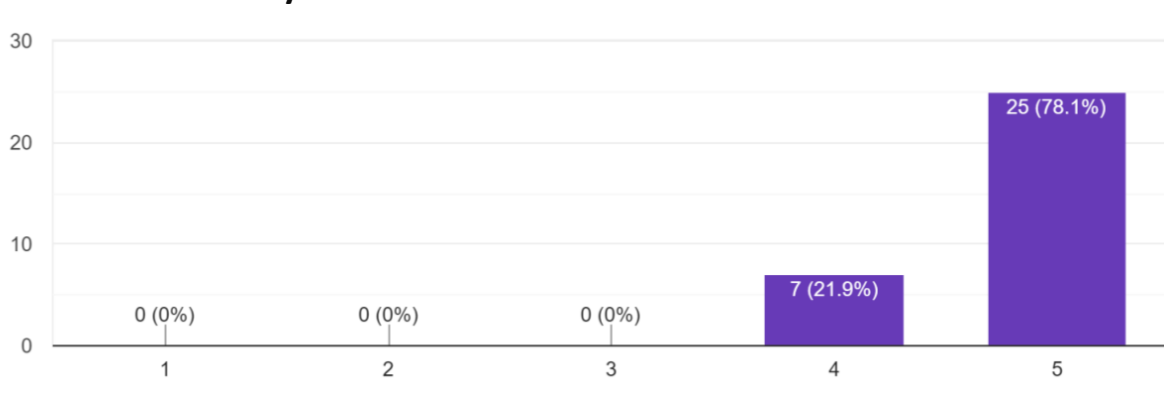
Cadets from 5/3 COY Surana College NCC ,on the occasion of the 72nd Republic Day, hoisted the tricolour flag .The Republic Day celebration program began with a drill by the NCC cadets showcasing different formations led by SUO Mahi Rastogi. The Republic day celebrations were concluded by de-hoisting the national flag.

### Participants:

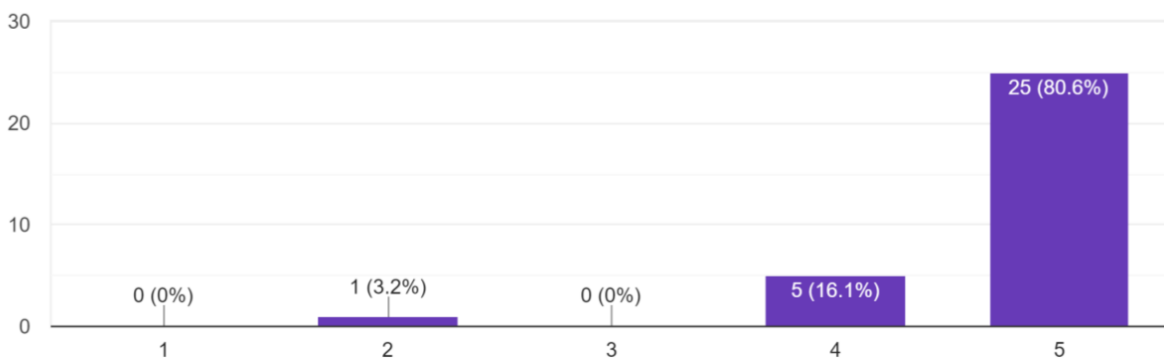
14 cadets were a part of Republic Day celebrations and the drill display.

### Feedback Of the event:

#### a. How satisfied are you with the event :



#### b. Relevance of the event :





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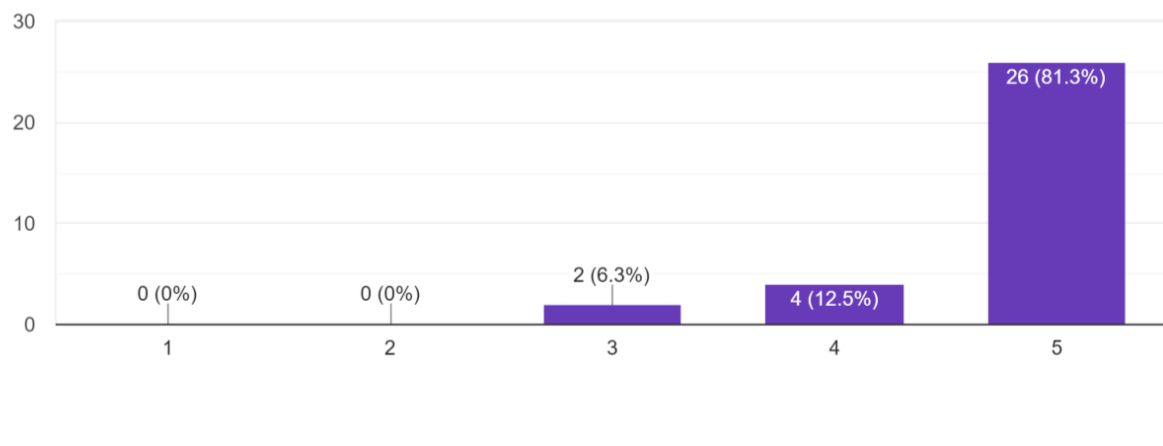
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## c. Key takeaways :

- There was drill and all which I miss a lot I wish I could be there be still doing drill
- We learnt the importance of republic day
- Patriotic songs and dances
- Never let go of patriotism
- We all had given our best and made the drill show . We cadets of 5/3 COY can't forget those days.
- Cultural events and speech.
- Learned about the Indian constitution.

## d. Overall satisfaction :



## e. Overall feedback of the event:

- Excellent
- It was the best
- Very good
- Awesome
- Great
- Very good
- Had a nice event celebrating the national festival



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## f. A walk through of the event







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## Attendance Sheet

### REPUBLIC DAY

Sn NO	Rank	Name	Signature
1	SUO	MAHI RASTOGI	<i>MaHi</i>
2	JUO	LIKITH CS	<i>Likith</i>
3	SGT	VARSHA	<i>Varsha</i>
4	SGT	VINYASHREE	<i>Vinaya</i>
5	LCPL	KIRANA	<i>Kirana</i>
6	LCPL	CHEZHAN L	<i>Chezhana</i>
7	LCPL	LUCKY	<i>Lucky</i>
8	CDT	AMRITA	<i>Amrita</i>
9	CDT	SHRREYA	<i>Shrreya</i>
10	CDT	RAKESH	<i>Rakesh</i>
11	CDT	POOJITHA	<i>Poojitha</i>
12	CDT	PANKAJ	<i>Pankaj</i>
13	CDT	PARAS	<i>Paras</i>
14	CDT	JAYANTH	<i>Jayanth</i>



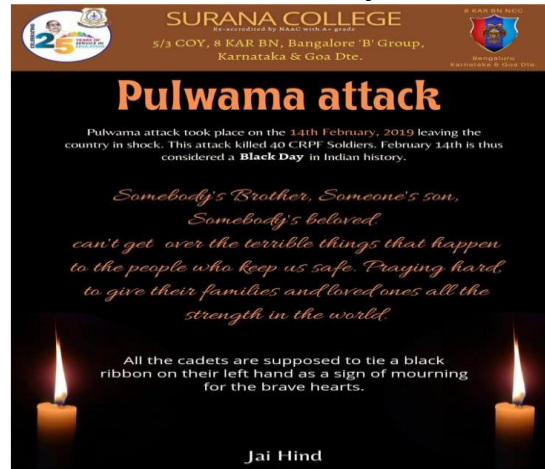
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## “Black Day” On 14th February 2022



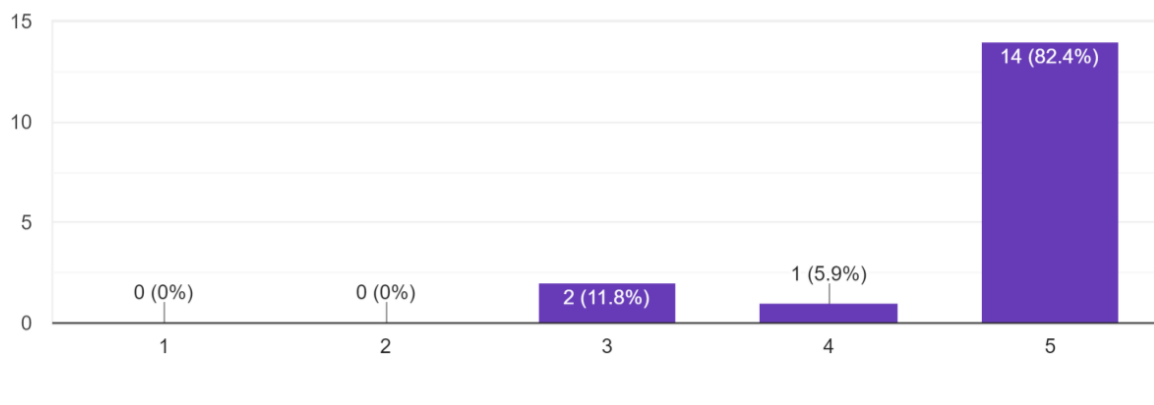
Cadets of 5/3 COY, Surana College NCC, tied a black ribbon on their left arm to symbolize the remembrance and mourning for the 40 CRPF Jawans who were killed during the Pulwama attack on 14th February 2019. **Participants:**

### Participants

All Cadets from 5/3 COY Surana college NCC had conducted an online memorial.

### Feedback Of the event:

#### a. How satisfied are you with the event :





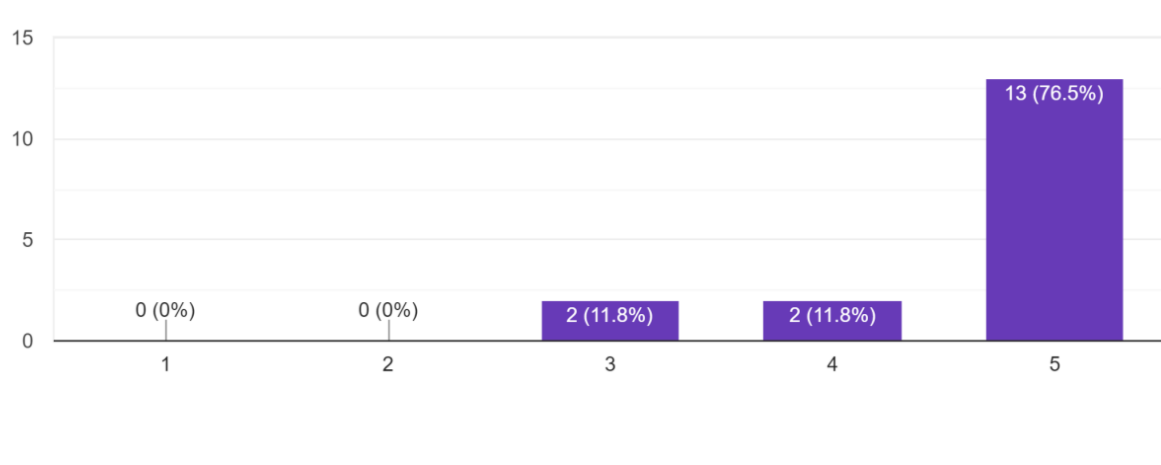
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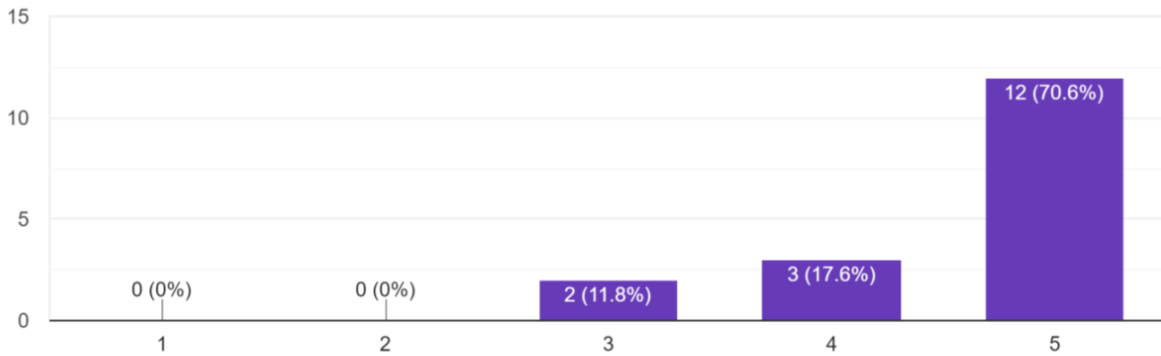
## b. Relevance of the event :



## c. Key takeaways :

- The event was memorable
- The event was meaningful
- Emotional
- It was a very sad experience
- The deceased soldiers will always be remembered

## d. Overall satisfaction :



## e. Overall feedback :

- Nice
- Memorable
- Wonderful





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## f. A walk through of the event





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## Attendance Sheet

### BLACK DAY

Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	
2	JUO	LIKITH C S	
3	CSM	SANDESH S NAIR	
4	SGT	VINAYASHREE	
5	SGT	VARSHA A	
6	CPL	SWAASA S R	
7	LCPL	KIRANA	
8	CDT	MONISHA	
9	CDT	PRIYANKA	
10	CDT	KRISHNAPRIYA E R	
11	CDT	GIRIDHAR K	
12	CDT	KESHAVA MURTHY	
13	CDT	HASTHICK KUMAR	
14	CDT	ROSHAN SATHISH	
15	CDT	BHUVANESH	
16	LCPL	LUCKY SHARMA	
17	CDT	AMRITHA	
18	CDT	ANUSHA N D	
19	CDT	BHAVHNA	
20	CDT	CHANDHANA	
21	CDT	DEEPA	
22	CDT	NIKITHA	
23	CDT	POOJITHA	
24	CDT	RAJINI B K	
25	CDT	SHIRISHA	
26	CDT	SHREEYA	
27	CDT	SPOORTHI	
28	LCPL	CHETHAN L	
29	CDT	AMAN KUMAR	
30	CDT	ANKITH S	
31	CDT	CHIRAG A RAJU	
32	CDT	HARSHITH N	



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33	CDT	JAYANTH	Jayanth
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
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46	CDT	VENKATESH A	Venkatesh
47	CDT	YAKSHITH V	Yakshith
48	CDT	YOGESH SARAF	Yogesh
49	CDT	ABHIJEET	Abhijeet
50	CDT	ABHISHEK	Abhishek
51	CDT	GIRISH	Girish
52	CDT	GOUTHAM V	Goutham
53	CDT	HARISH GOWDA B R	Harish
54	CDT	HARSHITH N	Harshith
55	CDT	HEMANTH RATHOD	Hemant
56	CDT	DHYAN P	Dhyanshu
57	CDT	MADAN N S	Madan
58	CDT	MARTIN	Martin
59	CDT	MD SAUD	MD Saud
60	CDT	NITHIN	Nithin
61	CDT	PRAJWAL	Prajwal
62	CDT	PRAMOD V	Pramod
63	CDT	RAHUL YADAV	Rahul
64	CDT	N SAI KRISHNA	N Sai Krishna
65	CDT	SAMPATH SINGH	Sampath
66	CDT	SHIVA PRASAD	Shiva
67	CDT	SHREYAS	Shreyas
68	CDT	VIGNESHWAR S	Vignesh
69	CDT	MOHAMMAD HAMEED	Mohammad





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70	CDT	DIVYANSH	<i>[Signature]</i>
71	CDT	J GAURAV VARMA	<i>[Signature]</i>
72	CDT	SRINIVAS T S	<i>[Signature]</i>
73	CDT	SHAMANTH J	<i>[Signature]</i>
74	CDT	MOHITH CY	<i>[Signature]</i>
75	CDT	RANGANATH G P	<i>[Signature]</i>
76	CDT	GOUTHAMA	<i>[Signature]</i>
77	CDT	SHASHANKA HOLLA	<i>[Signature]</i>
78	CDT	CHANDRIKA U	<i>[Signature]</i>
79	CDT	GNANASHRIYA H JETTY	<i>[Signature]</i>
80	CDT	KRUPA C A	<i>[Signature]</i>
81	CDT	LALITHA A	<i>[Signature]</i>
82	CDT	MANUSHREE V	<i>[Signature]</i>
83	CDT	NITISHA KANWAR	<i>[Signature]</i>
84	CDT	SAKSHI RAMESH	<i>[Signature]</i>
85	CDT	SANIYA SINGH	<i>[Signature]</i>
86	CDT	SHIRISHA V	<i>[Signature]</i>
87	CDT	SPOORTHI K	<i>[Signature]</i>
88	CDT	SUNIANA	<i>[Signature]</i>

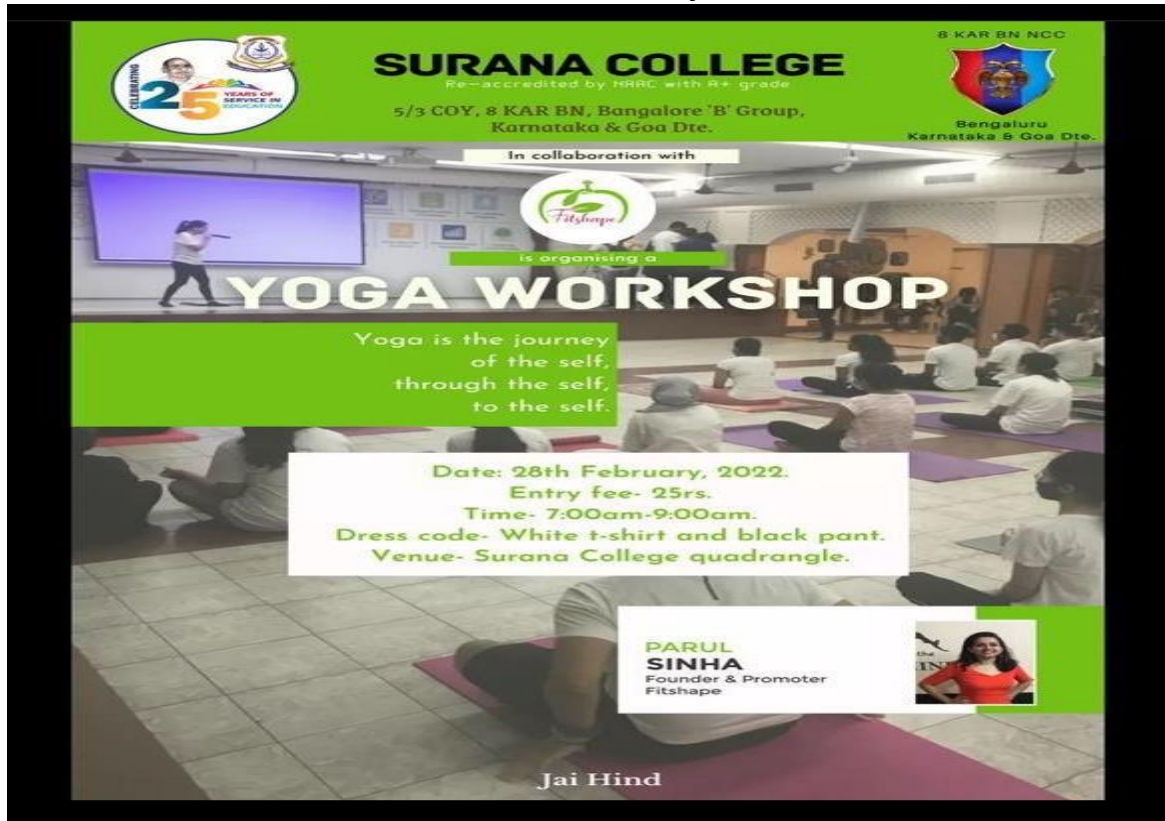


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## "Yoga Workshop" On 28th February 2022



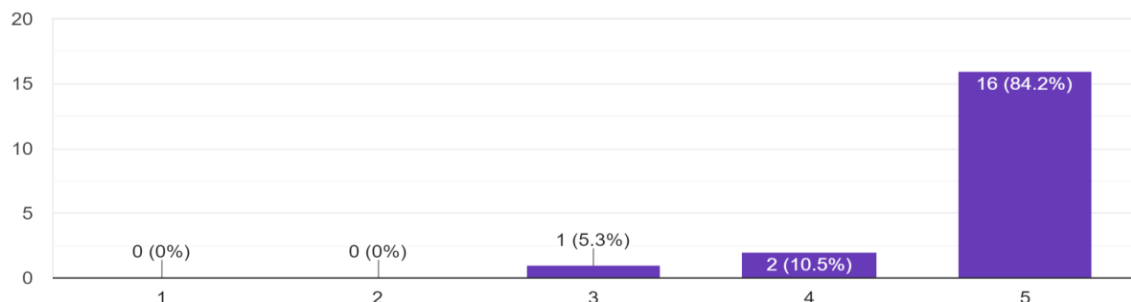
Cadets of 5/3 COY organized a Yoga workshop in collaboration with fitshape led by Parul Sinha, the founder and promoter of fitshape.

### Participants:

50 Cadets from Surana College NCC participated in a yoga workshop.

### Feedback Of the event:

#### a. How satisfied were you with the event :





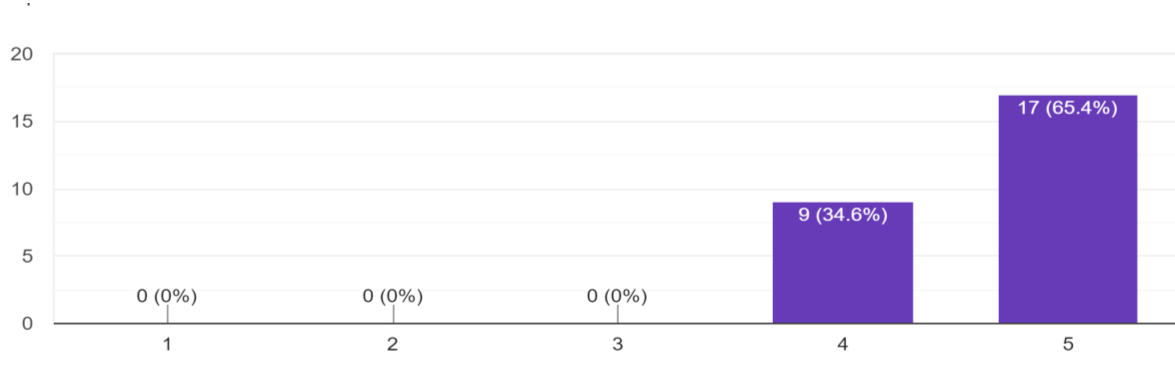
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## b. Relevance of the event :



## c. Key takeaways

- Importance of yoga
- Realize the importance of yoga and encourage others to practice yoga
- I learnt how various Asanas are performed
- I learnt new asanas
- Learnt different asanas
- Practicing yoga will make us fit mentally and physically
- Pranayam
- Learnt the proper way to do yoga
- Creativity
- Learnt something
- I learnt new asanas which very useful
- I learnt many yoga poses and how to do them
- Doing Asanas for our better health and uses of Asanas .
- Health tips
- Meditations with chill mind





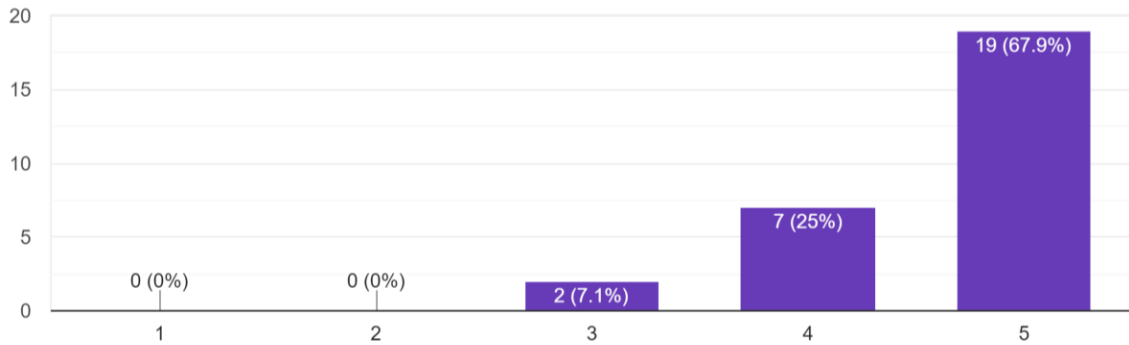
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## d. overall satisfaction :



## e. Overall feedback :

- It was good
- Very good
- A Fantastic event
- It was a healthy event... Which happened to me during lockdown
- We practiced yoga to make a video and submit it which was good
- Do yoga everyday
- Good
- It was amazing
- It was fun
- Got to know about my body and mind flexibility
- It was good and nice
- Had a nice event with all the cadets doing different Asanas and enjoyed it
- A creative event



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f. A walk through of the event :





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## Attendance Sheet

YOGA WORKSHOP			
Sn No	Rank	Name	Signature
1	CSUO	MAHI RASTOGI	MaHi
2	JUO	LIKITH C S	Likith
3	CSM	SANDESH S NAIR	Sandesh
4	SGT	VINAYASHREE	Vinayashree
5	SGT	VARSHA A	Varsha
6	CPL	SWAASA S R	Swasa
7	LCPL	KIRANA	Kirana
8	CDT	MONISHA	Monisha
9	CDT	PRIYANKA	Priyanka
10	CDT	KRISHNAPRIYA E R	Krishnapriya
11	CDT	GIRIDHAR K	Giridhar
12	CDT	KESHAVA MURTHY	Keshava
13	CDT	HASTHICK KUMAR	Hasthick
14	CDT	ROSHAN SATHISH	Roshan
15	CDT	BHUVANESH	Bhuvanesh
16	LCPL	LUCKY SHARMA	Lucky Sharma
17	CDT	AMRITHA	Amritha
18	CDT	ANUSHA N D	Anusha
19	CDT	BHAVHNA	Bhavhna
20	CDT	CHANDHANA	Chandhana
21	CDT	DEEPA	Deepa
22	CDT	NIKITHA	Nikitha
23	CDT	POOJITHA	Poojitha
24	CDT	RAJINI B K	Rajini
25	CDT	SHIRISHA	Shirisha
26	CDT	SHREEYA	Shreeya
27	CDT	SPOORTHI	Spoorthi
28	LCPL	CHETHAN L	Chethan
29	CDT	AMAN KUMAR	Aman
30	CDT	ANKITH S	Ankith
31	CDT	CHIRAG A RAJU	Chirag





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32	CDT	HARSHITH N	Harshith
33	CDT	JAYANTHI	Jayanthi
34	CDT	NAVEEN KUMAR R	Naveen
35	CDT	PANKAJ JAIN	Pankaj
36	CDT	PARAS KUMAR B	Paras
37	CDT	PUNITH KUMAR	Punith
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46	CDT	VENKATESH A	Venkatesh
47	CDT	YAKSHITH V	Yakshith
48	CDT	YOGESH SARAF	Yogesh
49	CDT	SHASHANKA HOLLA	Shashanka
50	CDT	GOWTHAM V	Gowtham

*Bhavana*  
Principal  
Surana College  
(AUTONOMOUS)  
No. 16, South End Road,  
Bangalore - 560 004.